

Assessment of Terrestrial Gamma Radiation and Associated Dose Rates from the Naturally Occurring Radionuclides; ^{232}Th , ^{226}Ra and ^{40}K in Nassarawa West, Nigeria

Abstract:

This study assessed the level of terrestrial gamma radiation and associated dose rates from the naturally occurring radionuclides; ^{232}Th , ^{226}Ra and ^{40}K . Twelve soil samples collected from the respective parts of the Nassarawa West were analyzed using the gamma-ray spectrometry NaI (TI) detector system. The mean activity concentration for soil was found to be 483.97 Bq/kg for ^{40}K , 28.43 Bq/kg for ^{226}Ra and 66.84 Bq/kg for ^{232}Th . Absorbed Dose Rates in air outdoors were calculated to be between the range of 44.85 nGy/h and 90.71 nGy/h with a mean of 73.68 nGy/h for soil. This value is greater than the world-average of 89 nGy/h. Inhabitants of the study areas are subjected to Equivalent Radiation Exposure (Effective Dose Rate) ranging between 0.055 and 0.111 mSv/yr with a mean of 0.090 mSv/y, the results indicated that the observed radiation dose of the terrestrial soil from Nassarawa is minimal and seem to have low exposure for the inhabitants in and around the areas. It is therefore recommended that regular radiation monitoring exercise should be conducted on the processing sites to safeguard the public from high radiation exposure due to direct inhalation of the above mentioned radionuclides.

Keywords: *Soil, Mining, Columbite, Radionuclide, Health Absorbed Dose, Effective Dose, Radium Equivalent Activity, External and Internal Hazard Index and γ -ray Spectrometry.*

1. Introduction

The natural terrestrial γ -radiation dose rate is important to the average dose rate received by the world's population (Tso & Leung, 2000; UNSCEAR, 1993).

Estimation of radiation dose distribution is important in assessing the health risk to a population and serve as the reference in documenting changes to environmental radioactivity in soil due to anthropogenic activities (Obed *et al.*, 2005).

Human being is exposed outdoors to the natural terrestrial radiation that originates predominantly from the upper 50cm of the soil (Chikasawa *et al.*, 2001).

Only radioactivity with half-lives comparable with the age of the earth or their corresponding decay products existing in terrestrial material such as ^{232}Th , ^{226}Ra and ^{40}K are of great interest. Since these radionuclides are not uniformly distributed, the knowledge of their distribution in soil and sediments play an important role in radiation protection and measurement (Rani & Singh, 2005).

Gamma radiation from these represents the main external source of irradiation to the human body and the concentrations of these radionuclides in soil are determined by the radioactivity of the rock and nature of the process of the formation of the soils (Orabi *et al.*, 2006; Al-Jundia, 2003).

Therefore, radionuclides in soil generate a significant component of the background radiation exposure to the population (Goddard, 2002).

44 **2. Materials and Methods**

45 **2.1 Materials**

46 In the course of the radiometric study, the following items or materials were used as shown in
47 Table 1.

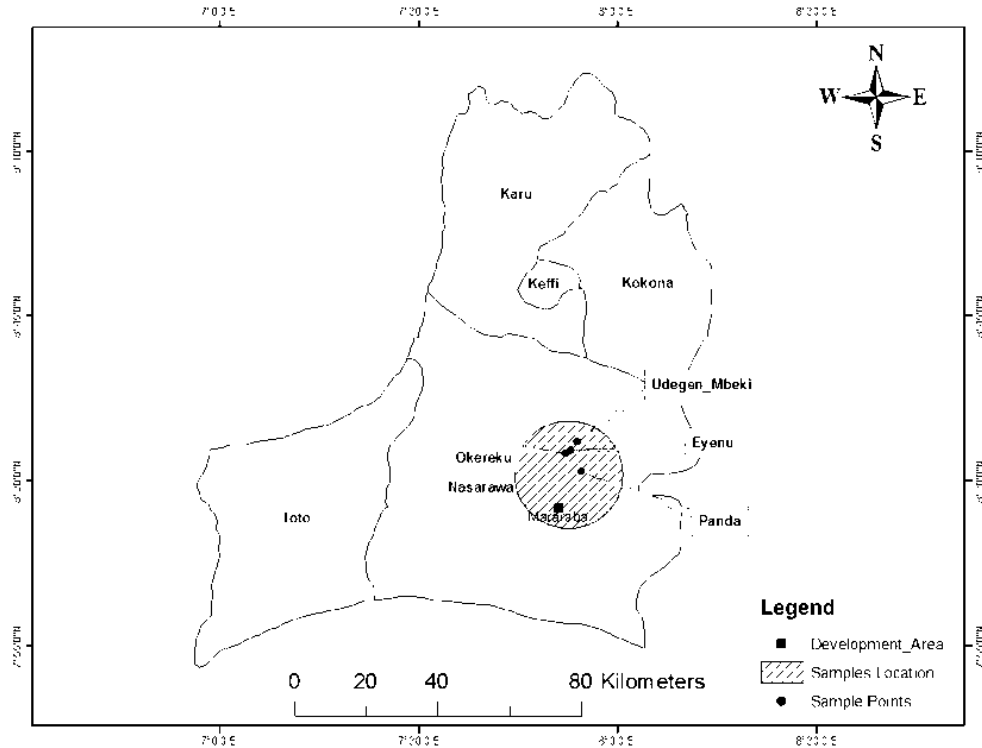
48 **Table 1. Materials and their Specifications**

Materials	Specifications
Global Positioning System (G.P.S)	This is a space-based satellite navigation system that provides location and time information in all weather, anywhere or near the earth. This was used to locate the mining sites.
Disposable Hand Glove	This is a shielding material used to protect the hands and fingers from contacting any radioactive source.
Measuring Tape	This was used to measure the depth of the pit and also to measure the distance between two points.
Masking Adhesive Tape	This was used to label the samples for easier identification.
Marker pen	This was used to mark the masking tape attached to the polythene bag for easy identification of the soil samples.
Polythene Bags	To avoid mixing up of the samples, each of the collected samples were parked into a labeled polythene bag.
Sacks	The labeled polythene bags containing the collected samples were parked together into a single sack for easy transportation.
Mortar and Pestle	This was used to ground the collected samples after being dried at 60°C to 80°C for 24 hours in order to maintain the radioactive equilibrium.
5mm-Mesh Sieve	This was used to sieve the grounded samples in order to remove any larger particles in it and make it a powder.
Cylindrical Plastic Container	The sieved powder was packed into a cylindrical plastic container and the cover will be sealed with a masking tape to prevent it from any external radiation.
Electronic Analytical Balance	The sealed containers were placed on the electronic analytical balance to measure its weight in grams.
Cutlass	This was used for clearing of the mining sites also for shallow digging.
Sealer	This was used to seal the sieved and labeled samples in their respective container in order to avoid leakage also to prevent the escape of gaseous ²²² Rn from the sample.
Sodium Iodide-Thalium Gamma Spectroscopic System	This is an instrument set in the laboratory, which was used to analyze the soil samples.

49 **2.2 Study Area**

50 Four villages were chosen in Mararraba-Udege Area. The villages are Eyenu, OPanda, Okereku
51 and Udegen-Mbeki abbreviated as M1, M2, M3 and M4 respectively. The villages M1, M2, M3
52 and M4 are located at 08°24'38.2"N and 007°52'59.2"E, 08°21'24.9"N and 007°54'29.6"E,
53 08°24'04.1"N and 007°52'10.6"E and 08°25'56.3"N and 007°53'49.3"E respectively. Columbite was
54 mined in all the four villages as represented in Figure 1 below:

Figure 3.1 Map Showing Samples Locations in Nasarawa West



55

56 **Fig. 1. Map of Study Area**

57 **2.3 Sampling and Analysis**

58 **2.3.1 Samples Collection**

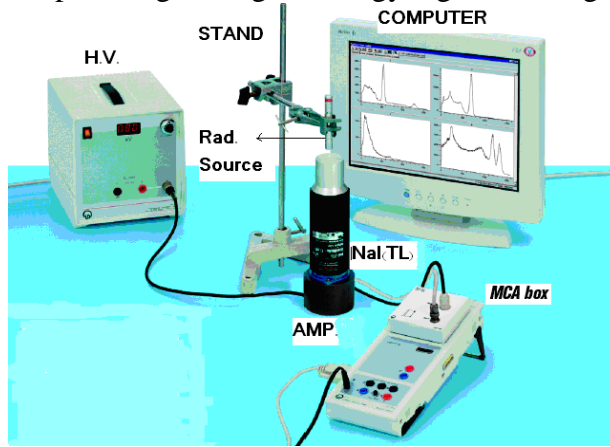
59 Four sample locations were visited from all over Nasarawa West, Nigeria, to conduct the
60 radiometry study. Three samples will be collected from each sample area to make twelve
61 samples of soil. The samples were collected at 0.5m depth level from the surface of the soil.
62 From each area, as stated earlier, three samples were collected as follows. Firstly from the
63 mining spot, secondly from a distance of 100m away from the mining spot, and thirdly, from the
64 river area within the mining spot. The collected samples were sealed in a labeled polythene bags
65 and enclosed into one sack for easiest transportation from the mining or sample point to the house.
66 Meanwhile, when collecting the sample from the mining spot, Global Positioning System (GPS)
67 was used to take the elevation and altitude of the area, and thermometer to measure the
68 atmospheric temperature of the mining spot.

69 **2.3.2 Sample Preparation Techniques**

70 The collected samples (soil or sediment) was brought into the laboratory to be left open (if wet)
71 for a minimum of 24 hours to dry under ambient temperature. They will be grounded using
72 mortar and pestle and allowed to pass through 5mm-mesh sieve to remove larger object and
73 make it fine powder. The samples will be packed to fill a cylindrical plastic container of height
74 7cm by 6cm diameter. This satisfied the selected optimal sample container height. Each
75 container will accommodate approximately 300g of sample. They will be carefully sealed (using
76 Vaseline, candle wax and masking tape) to prevent radon escape and then stored for a minimum
77 of 24 days. This is to allow radium attain equilibrium with the daughters.

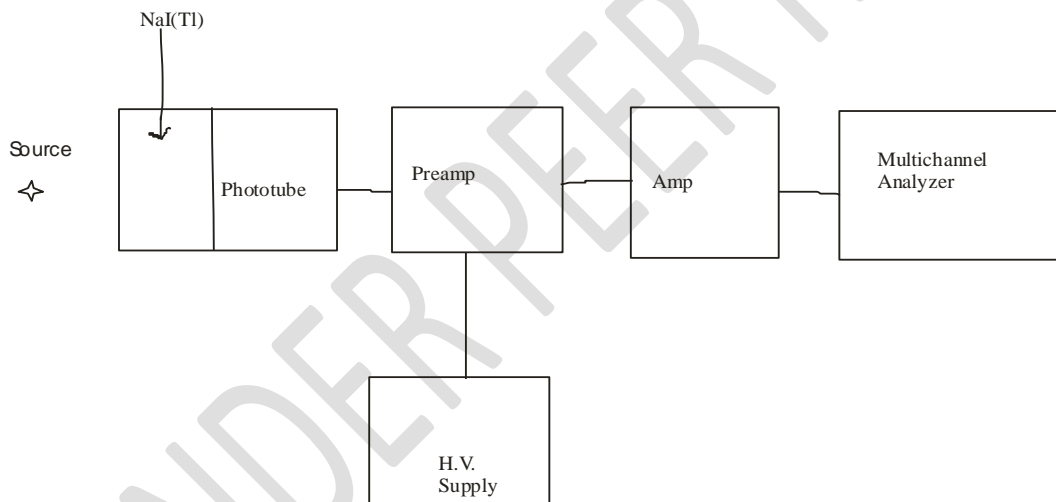
78 **2.3.3 Sample Analysis**

79 Gamma-ray spectrometry technique was employed in the spectral collection of the prepared
80 sample using the higher energy region of the gamma-lines as shown below;



81
82 (Yong *et al.*, 2002).

83 **Figure 2. A typical Gamma Spectrometry Laboratory**



84
85 **Figure 3. A block diagram of Gamma Spectrometry.**

86 **2.4 Radiation Hazard Indices**

87 The principal primordial radionuclides that would be discuss for all the radiological parameters
88 (Radium Equivalent Activity Ra_{eq} , Absorbed Dose Rate, Effective Dose Rate, External Hazard
89 Index $H_{(ex)}$ and Internal Hazard Index $H_{(in)}$) in this case are ^{226}Ra , ^{232}Th and ^{40}K .

90 **2.4.1 Radium Equivalent Activity (Ra_{eq})**

91 The radioactivity of soil samples is determined from ^{226}Ra , ^{232}Th and ^{40}K contents. As Radium
92 and its daughter products produce 98.5% of the radiological effects of the uranium series. The
93 contribution from the ^{238}U has been replaced with the decay product ^{226}Ra . Radium Equivalent
94 Activity is an index that has been introduced to represent the specific activities of ^{226}Ra , ^{232}Th
95 and ^{40}K by a single quantity. This takes into account the radiation hazards associated with them.
96 This first index, according to AZU (1995), can be calculated using the relation:

97 $Ra_{eq} = A_{Ra} + 1.43A_{Th} + 0.077A_K$ (1)
 98 where A_{Ra} , A_{Th} and A_K are the specific activities of ^{226}Ra , ^{232}Th and ^{40}K in Bq/kg, respectively.
 99 The Ra_{eq} is related to the external Γ -dose and internal dose due to radon and its daughters. The
 100 values must be less than 370Bq/kg, for the area to be acceptable to the public.

101 2.4.2 Absorbed Dose Rate

102 Conversion Factors to transform specific activities A_{Ra} , A_{Th} and A_K of ^{226}Ra , ^{232}Th and ^{40}K ,
 103 respectively, in absorbed dose rate at 1meter above the ground (in nGy/hr by Bq/kg) are
 104 calculated UNSCEAR (1988) by Monte Caro method as:

$$105 D(\text{nGy/hr}) = 0.0417A_K + 0.462A_{Ra} + 0.604A_{Th} \quad (2)$$

106 where A_{Ra} , A_{Th} and A_K are the activities of ^{226}Ra , ^{232}Th and ^{40}K in Bq/kg, respectively The world
 107 average value for the Absorbed Dose Rate is 89nGy/hr for public.

108 2.4.3 Annual Effective Dose Equivalent (AEDE)

109 The annual effective dose equivalent received outdoor by a person is calculated from the
 110 absorbed dose rate by applying dose conversion factor of 0.7 Sv/Gy. Taking into consideration
 111 that people on average, spent 20% of their time outdoors, occupancy factor for outdoor and
 112 indoor is 0.2 (5/24) and 0.8 (19/24) respectively and according to UNSCEAR (2000) and Veiga
 113 *et al.* (2006), AEDE is determined by the equations below.

$$114 \text{AEDE (Outdoor) (mSv/y)} = D (\text{nGy/h}) \times 8760\text{h} \times 0.7 \text{ Sv/Gy} \times 0.2 \times 10^{-6} \quad (3)$$

115 And

$$116 \text{AEDE (Indoor) (mSv/y)} = D (\text{nGy/h}) \times 8760\text{h} \times 0.7 \text{ Sv/Gy} \times 0.8 \times 10^{-6} \quad (4)$$

117 The AEDE (indoor) occurs within a house whereby the radiation risks due to building
 118 materials only are taken into consideration while AEDE (outdoor) involves a consideration of
 119 the absorbed dose emitted from radionuclides in the environment such as ^{226}Ra , ^{232}Th and
 120 ^{40}K . The standard AEDE (Outdoor) value is 0.07 mSvyr^{-1} and that for AEDE (Indoor) is 0.45
 121 mSvyr^{-1} . These indices measure the risk of stochastic and deterministic effects in the irradiated
 122 individuals.

123 2.4.4 External Hazard Index

124 Many radionuclides occur naturally in terrestrial soils and rock and upon decay, these
 125 radionuclides produces an external radiation field to which human being are exposed in term of
 126 dose, the principal primordial radionuclides are ^{226}Ra , ^{232}Th and ^{40}K . This hazard denoted in
 127 terms of External Hazard Index or outdoor radiation hazard index and denoted by H_{ex} according
 128 to Arena (1971), can be calculated using the equation:

$$129 H_{ex} = \frac{A_{ra}}{370} + \frac{A_{th}}{259} + \frac{A_k}{4810} \leq 1 \quad (5)$$

130 Where A_{ra} , A_{th} and A_k are activity concentrations of ^{226}Ra , ^{232}Th and ^{40}K in Bq/kg respectively.
 131 The value of the internal hazard index must be less or equal to unity in order for the radiation
 132 hazard to be negligibly hazardous to the respiratory organs of the public.

133 2.4.5 Internal Hazard Index

134 According to Arena (1971), the Internal hazard Index (H_{in}) gives the internal exposure to
 135 carcinogenic radon and is given by the formula

$$136 H_{in} = \frac{A_{ra}}{185} + \frac{A_{th}}{259} + \frac{A_k}{4810} \leq 1 \quad (6)$$

137 Where A_{ra} , A_{th} and A_k are activity concentrations of ^{226}Ra , ^{232}Th and ^{40}K in Bq/kg respectively.
 138 The value of the internal hazard index must be less or equal to unity in order for the radiation
 139 hazard to be negligibly hazardous to the respiratory organs of the public.

140

141

142 **3. Data Presentation, Result Analysis and Discussion**

143 **3.1 Data Presentation**

144 This shows the experimental results obtained from the spectra of twelve soil samples under
 145 investigation. For the effective computation of the experimental data from Count Dose Rate
 146 (cpm) to Exposure Dose Rate (μSvhr^{-1}), Absorbed Dose Rate (nGyhr^{-1}), Annual Effective Dose
 147 Rate (mSvyr^{-1}), External Hazard Index (Bq/Kg) and Internal Hazard Index (Bq/Kg); Equation 1
 148 to 6 was used and the results are presented in the table below.

149 **Table 2. Evaluated results for the radiological hazard parameters**

Sample Codes	k-40 (Bq/kg)	Ra-226 (Bq/kg)	Th-232 (Bq/kg)	Radium Equivalent Activity Ra_{eq} (Bq/kg)	Gamma Absorbed Dose Rate (nGy/h)	Effective Dose Rate (mSv/yr)	External Hazard Index $H_{(ex)}$ (Bq/kg)	Internal Hazard Index $H_{(ex)}$ (Bq/kg)
M1 A	0569.98±9.95	19.35±2.32	79.93±1.03	177.54	80.99	0.099	0.479	0.532
M1 B	0536.39±8.55	24.91±0.12	67.50±0.11	162.74	74.65	0.091	0.439	0.507
M1 C	0530.48±9.49	33.60±7.18	63.06±1.37	164.62	75.73	0.093	0.445	0.535
M2 A	0239.04±5.60	06.49±1.28	52.79±1.77	100.39	44.85	0.055	0.271	0.289
M2 B	0268.27±4.51	20.63±5.33	42.65±5.25	102.27	46.47	0.057	0.276	0.332
M2 C	0646.19±5.91	35.46±10.78	78.45±4.11	197.40	90.71	0.111	0.533	0.629
M3 A	0048.52±3.58	44.96±3.71	73.32±0.46	153.54	67.08	0.082	0.415	0.536
M3 B	0570.30±6.53	33.60±6.61	65.34±4.79	170.95	78.70	0.097	0.462	0.552
M3 C	1026.13±7.62	18.31±0.48	62.71±1.61	189.00	89.13	0.109	0.505	0.554
M4 A	0537.48±11.2	37.89±7.88	71.38±2.28	181.35	83.03	0.102	0.489	0.592
M4 B	283.83±8.40	54.58±8.23	83.12±0.46	195.30	87.27	0.107	0.527	0.675
M4 C	551.01±6.53	11.36±9.62	61.80±1.03	142.16	65.55	0.080	0.384	0.415
Range	48.52±3.58-1026.13±7.62	6.49±1.28-54.58±8.23	42.65±5.25-83.12±0.46	100.39-197.40	44.85-90.71	0.055-0.111	0.271-0.533	0.289-0.675
Mean	483.97±7.32	28.43±5.30	66.84±2.02	161.44	73.68	0.090	0.435	0.512

150 Where M1 represent Eyenu, M2 represent Opanda, M3 represent Okereku and M4 represent
 151 Udegen-Mbeki. The letters A, B and C represents mining spot, 100 meter away from the mining
 152 spot and river area within the mining spot, respectively.

153 **3.2 Result Analysis**

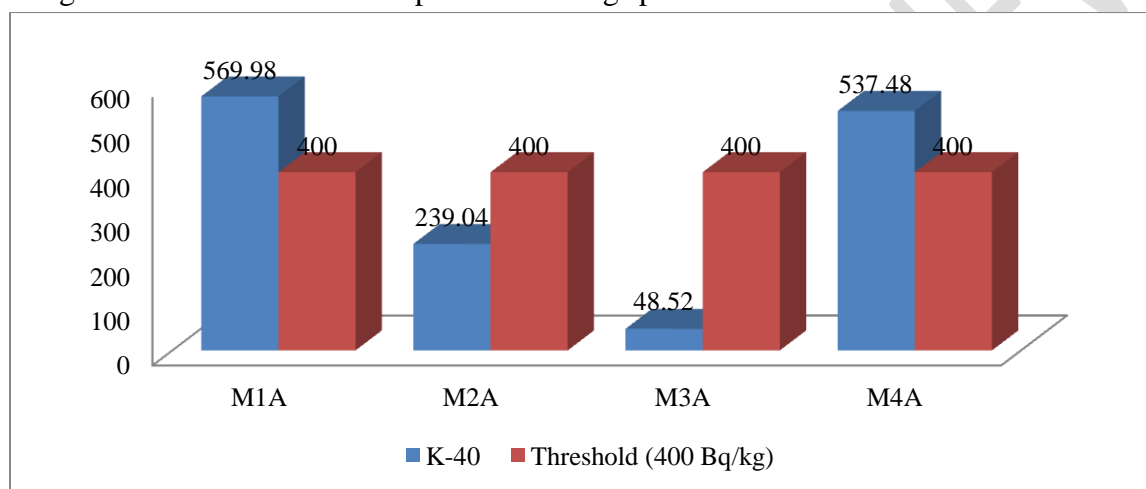
154 Table 2 has been split into three (A, B and C, which means mining spot, a hundred metre away
 155 from the mining spot and water ways within the mining spot respectively). Three charts has been
 156 plotted to analyze the activity concentrations of ^{40}K , ^{226}R and ^{232}Th for each table. Finally, the
 157 results were compared with the regulatory bodies.

158
 159
 160
 161
 162
 163
 164

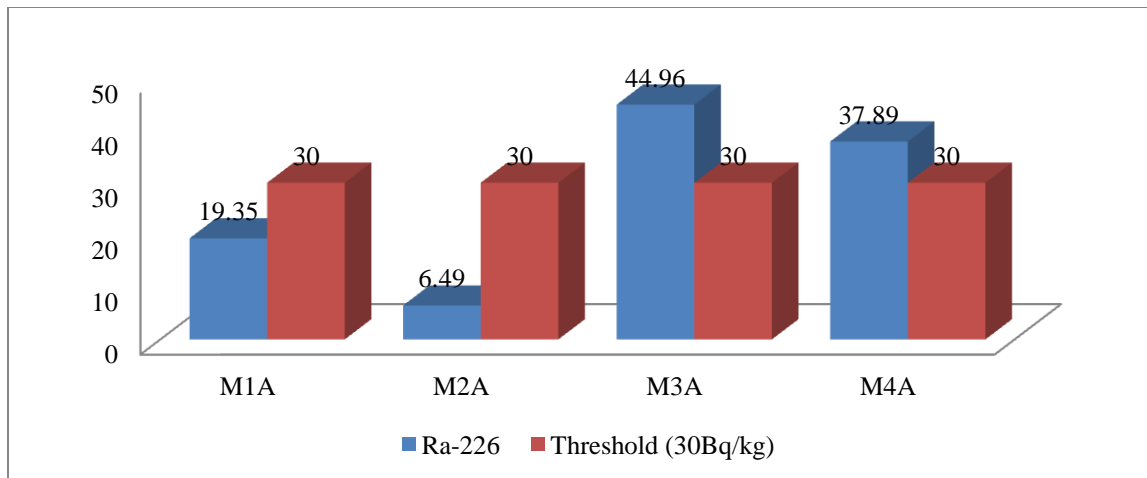
165 **Table 3. Analysis of Result for Mining Sport**

Sample Codes	k-40 (Bq/kg)	Ra-226 (Bq/kg)	Th-232 (Bq/kg)	Radium Equivalent Activity Ra_{eq} (Bq/kg)	Gamma Absorbed Dose Rate (nGy/h)	Effective Dose Rate (mSv/yr)	External Hazard Index $H_{(ex)}$ (Bq/kg)	Internal Hazard Index $H_{(ex)}$ (Bq/kg)
M1 A	0569.98±9.95	19.35±2.32	79.93±1.03	177.54	80.99	0.099	0.479	0.532
M2 A	0239.04±5.60	06.49±1.28	52.79±1.77	100.39	44.85	0.055	0.271	0.289
M3 A	0048.52±3.58	44.96±3.71	73.32±0.46	153.54	67.08	0.082	0.415	0.536
M4 A	0537.48±11.2	37.89±7.88	71.38±2.28	181.35	83.03	0.102	0.489	0.592

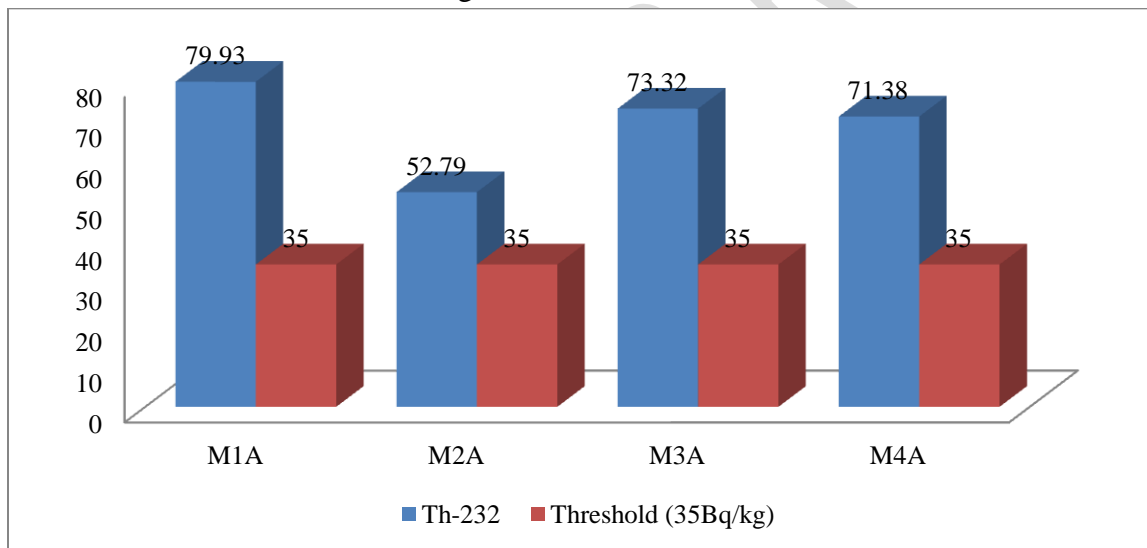
166 Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent
 167 Udegen-Mbeki. The letters A represents mining spot.



168
 169 **Figure 4 Comparison of the Spot's Activity Concentration for ^{40}K with Threshold**
 170 Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent
 171 Udegen-Mbeki. The letters A represents mining spot.
 172 From Figure 4, it is possible to see that, the activity concentration of ^{40}K in M2 A and M3 A are
 173 lower than the average standard, which 400Bq/kg is recommended by regulatory bodies. While
 174 that of M1 A and M4 A is higher.



175
 176 **Figure 5 Comparison of the Spot's Activity Concentration for ^{226}Ra with Threshold**
 177 Where M1 represent Eyenu, M2 represent Opanda, M3 represent Okereku and M4 represent
 178 Udegen-Mbeki. The letters A represents mining spot.
 179 From Figure 5, it is possible to see that, the activity concentration of ^{226}Ra for M1 A and M2 A
 180 are lower than the average standard, which 30Bq/kg is recommended by regulatory bodies.
 181 While that of M3A and M4A are higher.



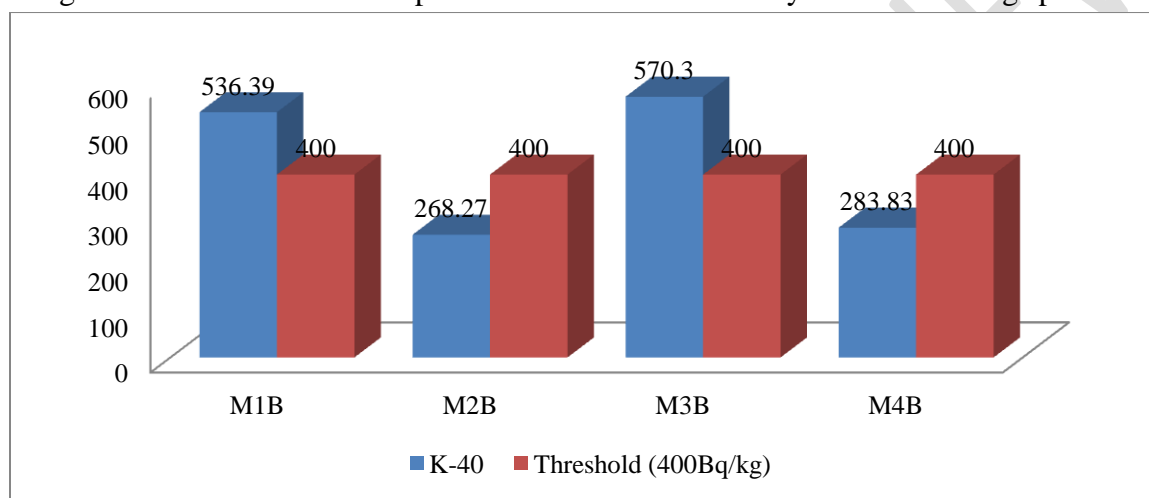
182
 183 **Figure 6 Comparison of the Spot's Activity Concentration for ^{232}Th with Threshold**
 184 Where M1 represent Eyenu, M2 represent Opanda, M3 represent Okereku and M4 represent
 185 Udegen-Mbeki. The letters A represents mining spot.
 186 From Figure 6, it is possible to see that, the activity concentrations of ^{232}Th for all the locations
 187 plotted in Figure 6 are higher than the average standard, which 35Bq/kg is recommended by
 188 regulatory bodies.

189
 190
 191

192 **Table 4. Analysis of Result for Hundred Meters Away**

Sample Codes	k-40 (Bq/kg)	Ra-226 (Bq/kg)	Th-232 (Bq/kg)	Radium Equivalent Activity Ra_{eq} (Bq/kg)	Gamma Absorbed Dose Rate (nGy/h)	Effective Dose Rate (mSv/yr)	External Hazard Index $H_{(ex)}$ (Bq/kg)	Internal Hazard Index $H_{(ex)}$ (Bq/kg)
M1 B	0536.39±8.55	24.91±0.12	67.50±0.11	162.74	74.65	0.091	0.439	0.507
M2 B	0268.27±4.51	20.63±5.33	42.65±5.25	102.27	46.47	0.057	0.276	0.332
M3 B	0570.30±6.53	33.60±6.61	65.34±4.79	170.95	78.70	0.097	0.462	0.552
M4 B	283.83±8.40	54.58±8.23	83.12±0.46	195.30	87.27	0.107	0.527	0.675

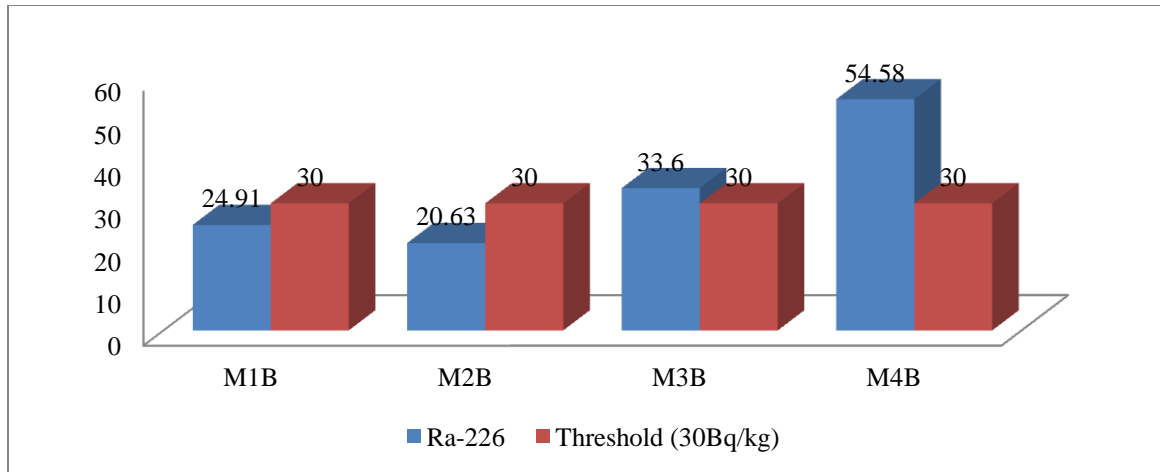
193 Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent
 194 Udegen-Mbeki. The letters A represents hundred meters away from the mining spot.



195
 196 **Figure 7 Comparison of the Hundred Metre's Activity Concentration for ⁴⁰K with**
 197 **Threshold**

198 Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent
 199 Udegen-Mbeki. The letters B represents 100 meter away from the mining spot.

200 From Figure 7, it is possible to see that, the activity concentration of ⁴⁰K in M2 B and M4 B are
 201 lower than the average standard, which 400Bq/kg is recommended by regulatory bodies. While
 202 that of M1 B and M3 B is higher.



203

204 **Figure 8 Comparison of the Hundred Metre’s Activity Concentration for ²²⁶Ra with**
 205 **Threshold**

206 Where M1 represent Eyenu, M2 represent Opanda, M3 represent Okereku and M4 represent
 207 Udegen-Mbeki. The letters B represents 100 meter away from the mining spot.

208 From Figure 8, it is possible to see that, the activity concentration of ²²⁶Ra for M1 B and M2 B
 209 are lower than the average standard, which 30Bq/kg is recommended by regulatory bodies.
 210 While that of M3 B and M4 B is higher.



211

212 **Figure 9 Comparison of the Hundred Metre’s Activity Concentration for ²³²Th with**
 213 **Threshold**

214 Where M1 represent Eyenu, M2 represent Opanda, M3 represent Okereku and M4 represent
 215 Udegen-Mbeki. The letters A represents hundred meters away from the mining spot.

216 From Figure 9, it is possible to see that, the activity concentration of ²³²Th for all the locations
 217 plotted in Figure 9 are higher than the average standard, which is 35Bq/kg recommended by the
 218 regulatory bodies.

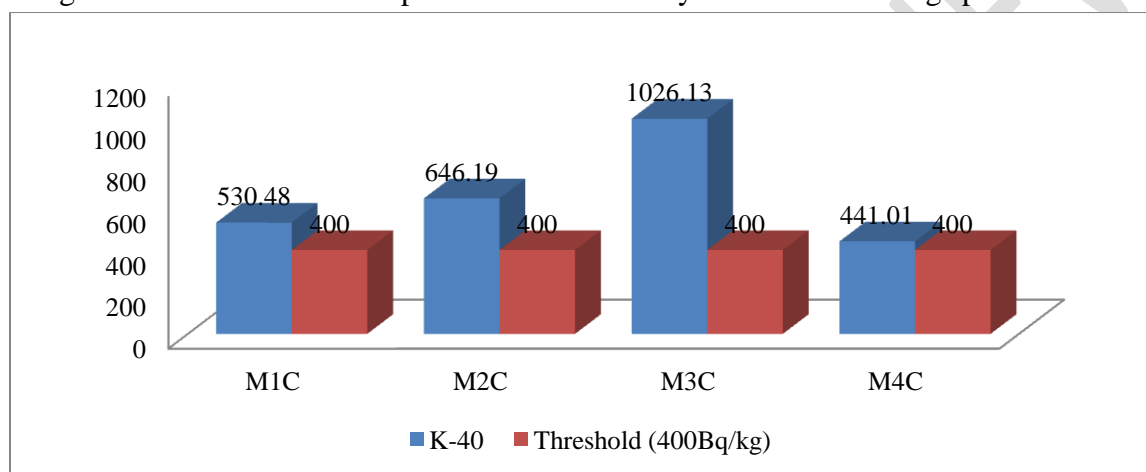
219

220

221 **Table 5. Analysis of Result for Water Ways**

Sample Codes	k-40 (Bq/kg)	Ra-226 (Bq/kg)	Th-232 (Bq/kg)	Radium Equivalent Activity Ra_{eq} (Bq/kg)	Gamma Absorbed Dose Rate (nGy/h)	Effective Dose Rate (mSv/yr)	External Hazard Index $H_{(ex)}$ (Bq/kg)	Internal Hazard Index $H_{(ex)}$ (Bq/kg)
M1 C	0530.48±9.49	33.60±7.18	63.06±1.37	164.62	75.73	0.093	0.445	0.535
M2 C	0646.19±5.91	35.46±10.78	78.45±4.11	197.40	90.71	0.111	0.533	0.629
M3 C	1026.13±7.62	18.31±0.48	62.71±1.61	189.00	89.13	0.109	0.505	0.554
M4 C	551.01±6.53	11.36±9.62	61.80±1.03	142.16	65.55	0.080	0.384	0.415

222 Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent
 223 Udegen-Mbeki. The letter C represents the water ways within the mining spot.

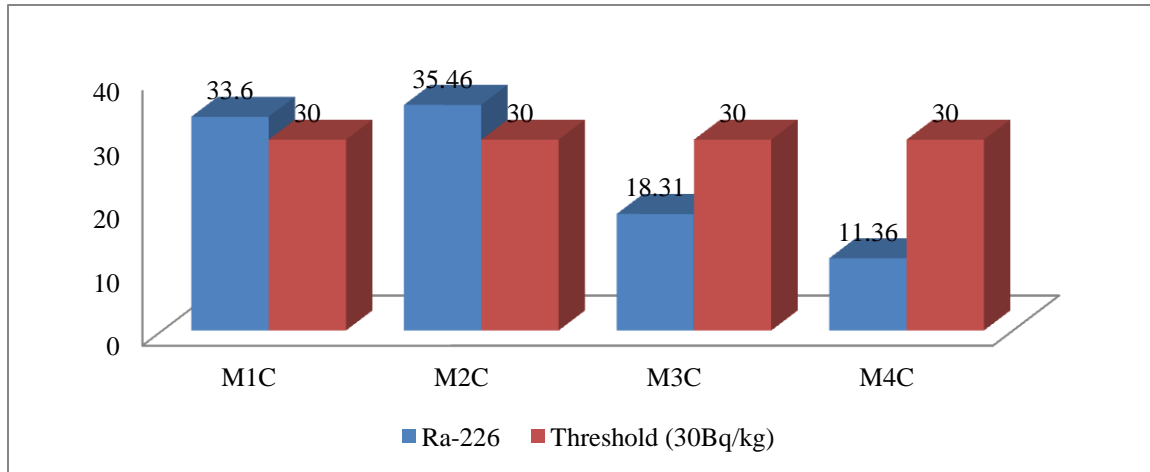


224
 225 **Figure 10 Comparison of the Water Way's Activity Concentration for ⁴⁰K with**
 226 **Threshold**

227 Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent
 228 Udegen-Mbeki. The letter C represents the water ways within the mining spot.

229 From Figure 10, it is possible to see that, the activity concentrations of ⁴⁰K for all the locations
 230 plotted in Figure 10 are higher than the average standard, which 400Bq/kg is recommended by
 231 regulatory bodies.

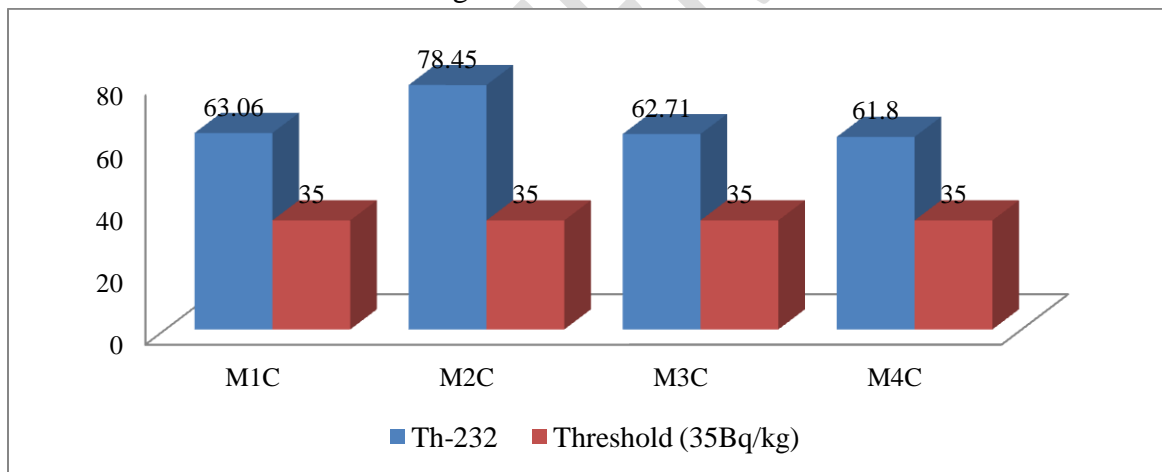
232
 233
 234
 235
 236
 237
 238
 239
 240
 241



243
244
245
246
247
248
249
250
251

Figure 11 Comparison of the Water Way's Activity Concentration for ²²⁶Ra with Threshold

Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent Udegen-Mbeki. The letter C represents the water ways within the mining spot. From Figure 11, it is possible to see that, the activity concentration of ²²⁶Ra for M3 C and M4 C are lower than the average standard, which 30Bq/kg is recommended by regulatory bodies. While that of M1 C and M2 C is higher.



252
253
254
255
256
257
258
259
260
261

Figure 12 Comparison of the Water Way's Activity Concentration for ²³²Th with Threshold

Where M1 represent Eyenu, M2 represent Opana, M3 represent Okereku and M4 represent Udegen-Mbeki. The letter C represents the water ways within the mining spot. From Figure 12, it is possible to see that, the activity concentrations of ²³²Th for all the locations plotted in Figure 12 are higher than the average standard, which 35Bq/kg is recommended by regulatory bodies.

262 3.3 Discussion

263 The spectra of twelve surface soil samples surrounding the Culombite mine have been analyzed.
264 The specific activity of ^{40}K , ^{226}Ra , ^{232}Th , and Radium equivalent activity (Ra_{eq}), Absorbed Dose
265 Rate, Effective Dose Rate, External Hazard Index and Internal Hazard Index are shown in Table 2.
266 The calculated Ra_{eq} values for all samples were also presented in Table 2. It is clearly seen from
267 Table 2 that Ra_{eq} oscillates between 100.39 and 197.40Bq/kg with the mean of 161.438Bq/kg. It
268 is observed that the values of Ra_{eq} in twelve samples were less than the acceptable safe limit of
269 370Bq/kg recommended by regulatory bodies.

270 The calculated absorbed dose rate of samples is listed in Table 2. The values are in the range
271 44.85 to 90.71 with the mean value of 73.68nG/h. With the exception of two samples, all of the
272 remaining values for the gamma absorbed dose rate are higher than the world average of 89nG/h
273 recommended by regulatory bodies.

274 The values of the effective dose rate in Table 2 for all the samples under investigation ranged
275 from 0.055 to 0.111mSvyr⁻¹ with the mean value of 0.090mSvyr⁻¹, the values are found to be
276 lower than the average standard of 1mSvyr⁻¹ as recommended by regulatory bodies.

277 Similarly, the External and Internal Hazard Index of the soil samples under investigation ranged
278 from 0.271 to 0.533Bq/kg with the mean of 0.435Bq/kg and 0.2289 to 0.675Bq/kg with the mean
279 of 0.512Bq/kg respectively. These values are found to be lower than the world standard of
280 1mSvyr⁻¹ as recommended by regulatory bodies.

281 4. Summary, Conclusion and Recommendation

282 4.1 Summary

283 In summary, during the course of my radiometric study, I was opportune to visit four villages of
284 Mararaba-Udege Development Area, Nasarawa West, Nigeria.

285 Four-sample locations were chosen and for each sample location, three sample points were
286 chosen. These sample points are, the mining spot, 100 meter away from the mining spot and the
287 nearby river area, and are coded A, B and C respectively. These make twelve samples collected
288 from all the selected mining areas during the radiometric study.

289 The principal primordial radionuclides in the samples are ^{226}Ra , ^{232}Th and ^{40}K . The activity
290 concentration of the above-mentioned radionuclides was analyzed.

291 Further calculation was carried out and the results were compared with the worldwide limits for
292 all the radiological parameters.

293 4.2 Conclusion

294 A Sodium Iodide-Thalium Gamma Spectroscopy System has been used to assess the terrestrial
295 gamma radiation and associated dose rates from the naturally occurring radionuclides; ^{232}Th ,
296 ^{226}Ra and ^{40}K in NassarawaWest, Nigeria.

297 The activity profile of the radionuclides has clearly showed the existence of low-level activity
298 in some of the places and high-level activity in some other places of the studied area. For the
299 radiological hazard parameters, it was found that, the gamma absorbed dose rate is higher in
300 some places while in some of the places it is found to be lower. Meanwhile, other radiological

301 hazard parameters like Radium equivalent activity, effective dose rate, and external and internal
302 hazard index are found to be lower for all the samples under investigation.

303 **4.3 Recommendation**

304 In the course of this radiometric study, it was discovered that some places are subjected to high
305 activity concentration and gamma absorbed dose rate. These areas with high level of radiation
306 need regulatory control. The level of radiation in those areas is sufficiently high and can cause
307 radiological hazard to the public of the area. Further investigation is needed to safeguard the
308 areas with low-level radiation.

309 **5. References**

- 310 Arena, V. (1971). *Radiation does and radiation exposure of the human population*. In Ionizing
311 radiation and like. St. Louis, The C.V. mostly C.O publishers, 123-156.
- 312 AZU, D.S. (1995). *Measuring of radiation levels in mining processing plants in Jos metropolis*.
313 Chemical Analysis by Nuclear methods Edited by Z.B Atfassi (1994): John Wiley and
314 Son Ltd.
- 315 Barcelos, C.C., Amaral, E., & Rochido, E. (1990). Radionuclide transportation by de Caldas
316 Plateau Rivers Brazil. *Journal of Environmental Technology*, 11(6), 533.
- 317 NCNE (2005). *Basic Guidelines for Radiological Protection*. Rio de Janeiro Brazil. National
318 Commission of Nuclear Energy. NN-3.01
- 319 IAEA (1989). *Measurement of Radiation includes in food and the environment*. International
320 Atomic Energy Agency. Tech. Report. Series 295.
- 321 Innocent, A.J. (2012). Evaluation of Naturally Occurring Radionuclide Materials from Solid
322 Minerals processing in Zamfara State, Nigeria. *Journal of Environmental Physics*, 82(1),
323 47.
- 324 Merrill, C., & Tom, G. (1997). *Environmental Radioactivity*. Nuclear Engineering Laboratory,
325 103 South Godwin Aven, Urban, 1161801, USA.
- 326 Osoro, K. (2011). Assessment of Natural Radioactivity in Surface Soils around Titanium Mines
327 in Kenya. *Journal of Radiation Measurement*, 41(1), 189-196.
- 328 Semat, H., & Aibright, J.R. (1993). *Introduction to Atomic and Nuclear Physics* (5th Ed.).
329 Chapman Hall Ltd. London. PP 176.
- 330 Umar (2013). Assessment of Exposure due to Naturally Occurring Radionuclide in granite quarry
331 mining site in Nasarawa State, Nigeria. *Journal of Health Physics*, 21(1), 22.
- 332 UNSCEAR (1988). *Exposure of Public and Workers from Various Sources of Radiation*. United
333 Nation Scientific Committee on Effect of Atomic Radiation UNSCEAR Report. 1 (1), 12.
- 334 UNCEAR (2000). *Radiological Protection Bulletin*. United Nations Scientific Committee on the
335 effect of Atomic Radiation No. 224, New York.
- 336 Veiga, R.G., Sanches, N., Anjos, R.M., Macario, K., Bastos, J., Iguatemy, M., Auiar, J.G.,
337 Santos, A.M., Mosquera, B., Carvalho, C., BaptistaFilho, M., Umisedo, N.K. (2006).
338 Measurement of natural radioactivity in Brazillian beach sands. *Journal of Radiation*
339 *Measurement*, 41 (1), 189.