

## **Blood Cellular Changes Associated with Bacteremia and Malaria Co-morbidity Among Children in Western, Kenya.**

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### **ABSTRACT**

**Background:** Malaria and bacteremia co-morbidity in children cause changes in blood cellular components. Complete blood count from children whose haemoglobin genotypes and bacteremia tests are not known, greatly influence clinical management and interpretation of the haematology results in resource limited healthcare facilities.

**Objectives:** We investigated cellular components from children with bacteremia and malaria co-morbidity. We also analysed the haemoglobin genotypes and bacteria isolates from children with haemoglobin AA, SS and AS in western Kenya.

**Methods:** A total number of 384 children were recruited and complete blood counts done with an automated cell counter. Microscopy was used to determine malaria infections, while bacteremia was determined by blood culture. The haemoglobin genotypes was analysed using the electrophoresis technique.

**Results:** Children with haemoglobin AA and AS had elevated granulocyte counts. Most of the bacteria isolates were from children with malaria and haemoglobin AS. The bacteria isolated from blood culture included non-typhi *salmonella*, *Escherichia coli*, *Enterobacter cloacae*, *Staphylococcus aureus*, *Listeria monocytogenes*, *Streptococcus pyogenes* and *Viridans*.

*Salmonella species* and *staphylococcus aureus* were the most prevalent bacteria isolates associated with bacteremia in children with haemoglobin AS and malaria positive.

**Conclusion:** Children with Hb AS have higher chances of malaria and bacterial co-infection which leads to lymphocytopenia, erythrocytopenia and thrombocytopenia. Bacteria responsible for most of malaria co-infections in this region are *Salmonella species* and *Staphylococcus aureus*. The malaria and bacterial co-infection in pre-school children initiate differential cellular changes which should be investigated further.

**Keywords:** *Bacteremia, Haemoglobin AA, AS, Malaria*

## 1. INTRODUCTION

In Africa malaria and bacterial diseases are the most prevalent cause of death and morbidity in children less than five years old [1]. Non-Typhi *Salmonella* (NTS) is the common cause bacteremia in adults and children in sub-Saharan Africa [2]. Adults infected with human immunodeficiency virus (HIV) and children under 3 years old carry the burden of invasive disease [3]. Malaria and bacteremia co-morbidity is common in African children and present with fever of temperature above 37°C.

*Streptococcus pneumoniae* and *Salmonella* species have been consistently reported as causes of bacteremia in children [4]. More than half of all pediatric admissions in hospitals in Africa are due to malaria and bacteremia [5]. About 81% of malaria sickness happens in the African region with highest mortality and grave illness, particularly in youngsters and expectant women [6]. In Kenya, complicated malaria and bacteremia co-infection in children have been shown to pose a bigger challenge to clinicians [7]. Clinical malaria in endemic areas may be asymptomatic in some children or severe disease which can be fatal and life-threatening due to the destruction of the host red blood cells and eventual reduction in the haemoglobin levels that lead to severe anaemia [8].

Occasionally, invasive bacteria have been reported to cause most of the bacteremia cases in young children who present with symptoms like malaria infection [9]. A study in Kilifi county referral hospital in Kenya showed that bacterial diseases in children and infants are the principal cause of hospital admissions in the area and most of the death is linked to malaria and bacteremia [3]. Clinically, children diagnosed with malaria and bacterial co-infection have signs of splenomegaly [10]. Severe malaria anemia is the foremost cause of sickness and death in children in areas where *P. falciparum* malaria is holoendemic [11].

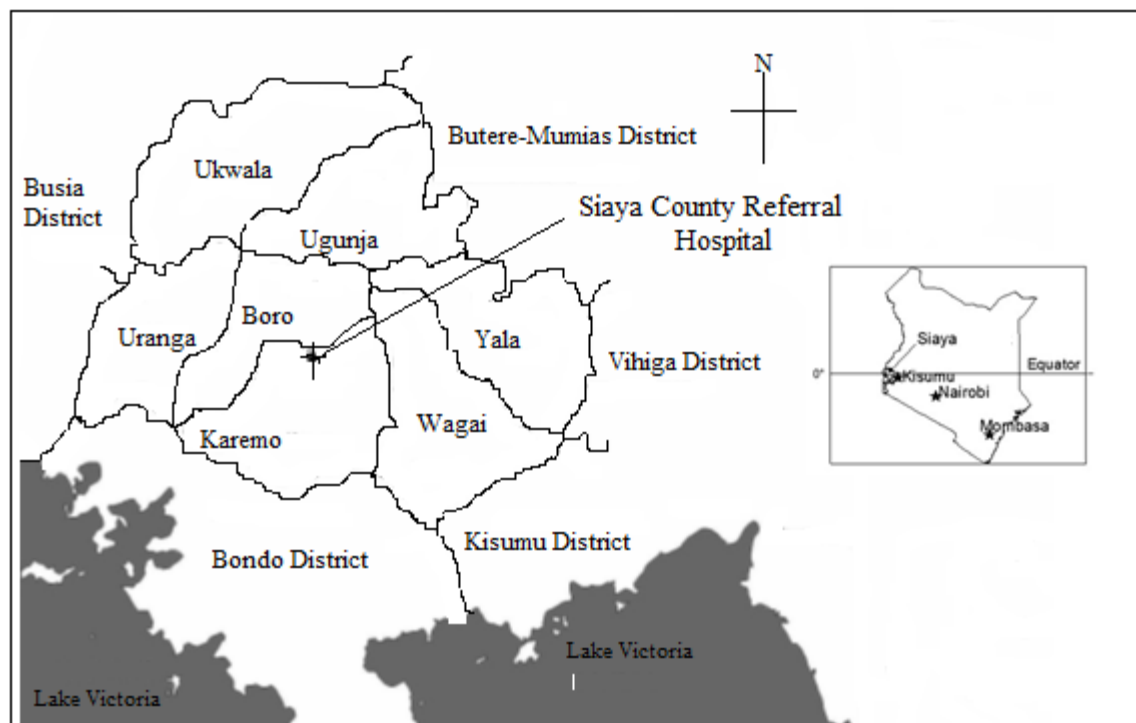
People who suffer from sickle cell disease have abnormal diminished spleen function that makes them more susceptible to infections [12]. Haemoglobin S (Hb S), have been linked to protection from malaria parasite infection or the clinical manifestation of malaria [13]. Studies on haemoglobinopathy concluded that Hb S plays a big role in the way the parasite infect and survive in the infected red blood cells [14]. The high frequency of the haemoglobin variant gene especially *Hb S* in malaria-endemic regions is thought to give a selective advantage due to its effects on the malaria parasites once they enter the red blood cells [15].

Malaria and bacterial co-infections are quite challenging because both diseases cause similar severe illnesses and life-threatening conditions in children. Due to undeveloped immune responses in infants and young children they respond with high body temperatures to different diseases [4]. Most bacterial infection occurs during high malaria transmission seasons in the pediatrics population hence complicating the management of malaria infections [16]. In areas where haemoglobinopathies are common, especially in parts of western Kenya, haematological parameters in children with malaria and bacteremia co-infections remain unknown.

## **2. MATERIAL AND METHODS**

### **2.1 Study Area**

The study was carried in the Siaya County referral hospital in western Kenya. The patient catchment area for this hospital is largely rural population within Siaya County and the neighboring counties (Figure 1). Siaya County experiences an equatorial climate at an altitude between 1145m - 1420m above the sea level, it borders the eastern shores of Lake Victoria. The lowest temperatures vary between 18.0°C in July and 21.0°C in December, while the highest temperature may reach 30°C in August. This climatic condition offers a favorable environment for *Anopheles gambiae* and *Anopheles funestus* the vector for the protozoan *Plasmodium falciparum*.



**Figure 1: Siaya county map showing the location of Siaya County Referral Hospital.**

## **2.2 Study design and Participants**

Children under the age of 3 years presenting with fever were enrolled in a cross-sectional study. The study recruited 384 children after their guardians gave written consent during the hospital visit. Only children who had malaria parasitemia and Hb <11.0g/dl, aged between 3 to 36 months were enrolled in the study. Children were examined for any illness by a trained clinical officer and all severe cases reported to the hospital for treatments.

### *Exclusion criteria*

Children with complicated malaria associated with hypoglycemia, history of any AIDS-related illness and evidence of acute respiratory infections we're not allowed to participate in the study.

## **2.3 Blood Collection**

About 5ml of venous blood was collected in a syringe for culture, a complete blood count, blood smear malaria parasites test, HIV rapid test, and Hb genotype determination. Blood for bacteremia test was first put into bacteria growth media (BACTEC Peds Plus, Becton Dickinson) and later transferred to an automated system (BACTEC 9050, Becton Dickinson) for screening.

## **2.4 Hematological measurements**

Complete blood count (CBC) was performed using Beckman Coulter AcT diff. 2 analyser (Beckman-Coulter Corporation, Miami, USA). The blood parameters analysed included white blood cells count (Wbcc), red blood cells count (Rbcc), haemoglobin (Hb), packed cell volume (PCV), lymphocytes (Lymph), Monocytes (Mono) Granulocytes (Gran), platelets count (Plts), and red blood cells indices.

## **2.5 Haemoglobin phenotype determination**

Alkaline cellulose acetate electrophoresis with Titan III plates was used for haemoglobin electrophoresis. (Helena Biosciences, Oxford, UK). Hemolysates prepared from blood samples or Hemo controls were dispensed onto the acetate paper, and haemoglobin variants were separated by electrophoresis with an alkaline buffer at pH 8.6. The plates were then stained using Ponceau S stain, and haemoglobin types scored using the Hemo control run on test Titan 111 plate.

## **2.6 Bacteriology methods**

About 3ml of blood was inoculated in BD bacteria inoculation bottle (BD Bactec peds plus/f) for blood culture. The inoculated bottle was incubated in a BD automated bacteria growth system (Bactec 9050; Becton Dickson) for a minimum of five days. The positive blood samples were plated on sheep blood agar, chocolate agar and MacConkey agar and incubated at 37<sup>0</sup>C aerobically. If no growth was detected after 18–24 hrs incubation, an additional incubation period of 4 days was employed with daily inspection for growth. Suspected bacteria colonies were identified with Grams stain, colonial characteristics and API biochemical panels (Bio Mérieux, USA).

## **2.7 Malaria diagnosis**

Giemsa stained blood smears were examined for the presence or absence of malaria parasites. The prepared smears were dried, and thin blood smears fixed with methanol 10 seconds. The smears were examined by a trained medical laboratory technologist. If no malaria parasite or hemozoin found after examining thick smears, the participants were categorized as malaria negative. A thin blood film was examined to confirm *plasmodium* species.

## 2.8 Data Analysis

Data was analysed using SPSS software (SPSS Inc). Kruskal-Wallis tests was applied to compare group differences. Haematological measurement across study groups was compared using Mann-Whitney U tests. Tabulation of data was done using Graph Pad Prism version 5.0 (GraphPad Software, Inc), Statistical significance was considered for probability values (P) less than 0 .05

## 3. RESULTS

### 3.1 General characteristics participants

The average age of all participants was 2 years old. Three hundred and eighty-one participants were mono-infected with malaria parasites while the rest were not infected as confirmed by microscopy. The participants were stratified into four study groups (Table 1). Group 1 comprised of children with haemoglobin genotype AA (Hb AA) and Malaria infection (80.2%); group 2 comprised of children with haemoglobin genotype AS (Hb AS) and Malaria infection (11%); group 3 children had haemoglobin genotype AS (Hb AS), malaria infection and bacteremia (8%); group 4 comprised children with haemoglobin genotype SS (Hb SS) with no malaria infection and bacteremia (0.8%)

**Table 1: General characteristics of participants.**

	<b>Haemoglobin genotype</b>	<b>Parasitemia</b>	<b>Bacteremia</b>	<b>Participants</b>
<b>Group 1</b>	Hb AA	Positive	Negative	308 (80.2)
<b>Group 2</b>	Hb AS	Positive	Negative	42 (11)
<b>Group 3</b>	Hb AS	Positive	Positive	31 (8)
<b>Group 4</b>	Hb SS	Negative	Negative	3 (0.8)

Figures n (%)

### 3.2 Blood cellular changes

To identify the blood cellular components blood was analysed immediately after collection (Table 2). There was intergroup difference in Lymphocytes count (Lymph,  $P = 0.02$ ) and granulocytes count (Gran,  $P = 0.05$ ), however the most significant different was in red blood cells count (Rbcc,  $P = 0.001$ ) and platelets count (Plts,  $P = 0.002$ ). There was no significant difference in total white blood cell count (WBC,  $P = 0.16$ ) and Monocytes (Mon,  $P = 0.86$ ). Lymphocytopenia, erythrocytopenia and thrombocytopenia

were observed in group 3 children with malaria and bacteremia co-morbidity when compared to other study groups.

**Table 2: Cellular parameters of children with malaria and non-malaria infected.**

Study groups	Group 1 (n = 308)	Group 2 (n =42)	Group 3 (n = 31)	Group 4 (n=3)	Normal Reference	P- Value
WBC( $\times 10^3/\mu\text{l}$ )	12.9	11.7	12.7	8.8	9.8	0.16
Lymph ( $\times 10^3/\mu\text{l}$ )	42.3	37.6	37.8	60	56.8	0.02
Mon ( $\times 10^3/\mu\text{l}$ )	7.28	7.0	6.8	7.9	7.7	0.86
Gran ( $\times 10^3/\mu\text{l}$ )	50.4	55.4	55.3	31.7	35.2	0.05
Plts ( $\times 10^3/\mu\text{l}$ )	176.6	204	155	430	301	0.002
Rbcc ( $\times 10^6/\mu\text{l}$ )	2.3	3.0	3.9	3.2	4.02	0.001

Note: WBC- white blood cells, Lymph=Lymphocytes, Mon=Monocytes, Gran=Granulocytes, Plts=Platelets, Rbcc= Red blood cells.

P-Value generated by Chi-square analyses

### 3.3 Bacteria isolates from blood samples

To investigate the bacterial infections, we carried out a series of blood cultures. The predominant bacteria were *Staphylococcus aureus* (38.7%) isolates. Among gram-negative bacterial isolates, *Salmonella spp* was the prevalent (32.2%) isolates. Other gram-positive bacteria isolated included; *S. pyogenes* 3.2% isolates, *streptococci* 6.5% isolates (Table 3). The table shows the number of bacteria isolated from each group after blood culture at 37<sup>0</sup>C aerobically. Plates with no growth at 24hours were incubated for 2 more days. Only group 3 children with haemoglobin genotype AS had a bacterial infection.

**Table 3: Bacteria distribution in participants.**

	Group 1 (n=308)	Group 2 (n=42)	Group 3 (n=31)	Group 4 (n=3)	percentage of isolates
<b>Gram-negative isolates</b>					
<i>E. cloacae</i>	0	0	2	0	6.5
<i>E. coli</i>	0	0	1	0	3.2
<i>Salmonella spp.</i>	0	0	10	0	32.3
<b>Gram positive isolates</b>					
<i>S. aureus</i>	0	0	12	0	38.7
<i>L. monocytogenes</i>	0	0	3	0	9.7
<i>S. pyogenes</i>	0	0	1	0	3.2
<i>V. streptococcus</i>	0	0	2	0	6.5
<b>Total isolates</b>	0	0	31	0	100

#### 4. DISCUSSION

This study describes cellular alterations in children with malaria and bacteria co-infection in a region where malaria is a burden throughout the year. Children with Hb AA and Hb AS were associated with malaria and bacteremia co-morbidity (Table 2). A study in another region in Kenya investigating immune responses to bacteremia in children with Hb AS indicated that bacteremia occurred with malaria infection, but sickle cell traits was more protective [17]. Here we describe malaria and bacteremia in children with Hb AS, as a common finding in the study area (Table 1). The prevalence of bacteremia was high in children with Hb AS infected with malaria parasites compared to children with Hb AA and Hb SS (Table 3). Similarly, malaria and bacteremia co-infection have previously been reported in African children [3].

We characterized bacteria isolates according to Gram reactions and the results showed many of the isolates were Gram-positive bacteria (Table 3). This indicated the possible cause of upper respiratory tract infections (URTI) among young pre-school children in Siaya County. In this area, URTI is not given much attention due to malaria infection dominance. The previous study reported an increased occurrence of bronchial and throat infections in children infected with malaria parasites [18]. The data also indicate that most notable isolates are children pathogens such as *E. coli* and *Salmonella spp*, which may be explained to non-susceptibility to self-prescription first-line antibiotics sold over the counter. The current study shows a higher rate of *S. aureus* isolates which is consistent with other studies done elsewhere in African children [19].

There were elevated granulocytes and total white blood count in children with bacteremia and malaria co-infection (Table 2). This is an important immune response in children under the age of 5 years due to their immature cellular immune responses [12]. Therefore, it is important to analyse haemoglobin genotypes in children with bacteria and malaria co-infections, to rule out sickle cell disease as well.

Granulocyte cells which include neutrophils, eosinophils and basophils are important immune cells that can indicate parasitic or bacterial infections. In a situation where individual granulocyte parameters are not enumerated on hematology machines counters; it is important to perform peripheral blood film examination to get a picture of cell distribution. A previous study in Malawi and Kenya have shown that bacteremia and malaria parasitemia is associated with increased granulocytes counts [20]. Group



comparison in children with Hb AS, malaria and bacteremia co-morbidity showed statistically significant thrombocytopenia (Table 2) which is attributed to the destruction of circulating platelets during malaria infections.

There was erythrocytopenia in children with Hb AA and AS respectively (Table 2). Malaria and bacteremia co-morbidity in children with Hb AS could be the cause of erythrocytopenia. Increased monocytes count was a prominent in children with Hb AS, malaria and bacteria co-infection (Table 2). The genesis of elevated monocytes counts could not be explained, although it could be linked to increased levels of *plasmodium* pigments that aggravate monocytes adhesions with infected red blood cells.

Following characterization of malaria mono-infection and bacteria co-infection, the results showed both gram-positive and gram-negative bacteremia is a common occurrence in pre-school going children in this region (Table 3). *Staphylococcus aureus* was the most common gram-positive isolates from blood culture, which is similar to a previous study on pediatrics subjects [21]. All bacterial isolates were from children with Hb AS (Table 3), which confirms children with Hb AS and malaria infection are predisposed to invasive bacterial infections [22]. Non-typhi *Salmonella spp* was the most common gram-negative isolates in children with Hb AS (Table 3). These findings support a similar study done in Kilifi district hospital in Kenya, where they highlighted that Hb AS correlated with improved protection from both gram-positive and gram-negative bacterial infections [23]. All cases of invasive bacteremia infection were in Hb AS genotype that is normally thought to correlate with lower carriage of malaria parasites. *Streptococcus pneumonia* has been the most prevalent gram-positive isolates from previous studies of malaria and bacteremia [24] but in our current study, there was no isolate of the same in blood culture (Table 3). The difference is likely due to the increased uptake of *streptococcal* pneumonia vaccine among the children in Kenya.

Though previous studies observed increased protection of malaria infection in children with Hb AS our results showed increased cases of bacteremia and malaria infection. This could be partly because malaria infection causes increased red cell haemolysis resulting in a mechanism believed to potentiate the vulnerability to salmonellosis.

## 5. CONCLUSION

This study highlights lymphocytopenia, erythrocytopenia and thrombocytopenia in children with Hb AS in malaria and bacteremia holoendemic area. The isolated bacteria, *Salmonella spp* and *Staphylococcus aureus* were the most prevalent isolates in children with Hb AS genotype. These bacteria co-infection is believed to contribute to severe illness in malaria-infected children.

## 6. RECOMMENDATION

The link between cellular dysfunction, malaria and bacteria co-infection should be investigated further because malaria increases erythrophagocytosis by immune cells.

## CONSENT

Participation in the study was voluntary and informed consent was obtained from parents/guardians before conducting any study-related activity.

## ETHICAL APPROVAL

Ethical approval was granted by Kenyatta University Ethics Review Committee (KUERC No. KU/R/COMM/51/624). Administrative authorization was obtained from the hospital medical superintendent and the paediatrics ward head nurse.

## COMPETING INTERESTS DISCLAIMER:

Authors have declared that no competing interests exist. The products used for this research are commonly and predominantly use products in our area of research and country. There is absolutely no conflict of interest between the authors and producers of the products because we do not intend to use these products as an avenue for any litigation but for the advancement of knowledge. Also, the research was not funded by the producing company rather it was funded by personal efforts of the authors.

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