

The response of Fordhook giant / Swisschard (*Beta vulgaris var Cicla*) and Mustard (*Brassica Juncea*) spinach vegetables to irrigation with saline water.

### ABSTRACT

Saline irrigation water is becoming an important water source as fresh water is fast becoming a scarce resource in many areas of the world, including Eswatini, especially in arid and semi-arid regions. A study to test the response of two varieties of spinach (fordhook giant and mustard) to salinity was conducted in a field pot experiment at the Faculty of Agriculture at the Luyengo Campus of the University of Eswatini. The treatments were laid in a randomized block design (RCBD). The experiment consisted of four treatments, each replicated twelve times. The treatments were salinity levels of 0.0 dS/m, 1.5 dS/m, 2.0 dS/m and 3.5 dS/m. All the treatments were subjected to similar agronomic practices. Spinach was grown and observed for a period of five weeks. Plant height was measured and the number of leaves counted weekly throughout the experiment. Significant differences ( $P < 0.05$ ) between salinity treatments were obtained for plant height beginning in week 2 but were more pronounced in week 3, 4 and week 5. No significant differences were obtained for the number of leaves. There were however, clear significant differences between none saline irrigation water compared to saline irrigation water. It was concluded that irrigating spinach with saline water of more than 2.0 dS/m drastically reduce plant growth but not the number of leaves under the conditions of the experiment.

Comment [U1]: Treatments were salinity levels of 0.0 dS/m

Comment [U2]: .

Comment [U3]: Format text.

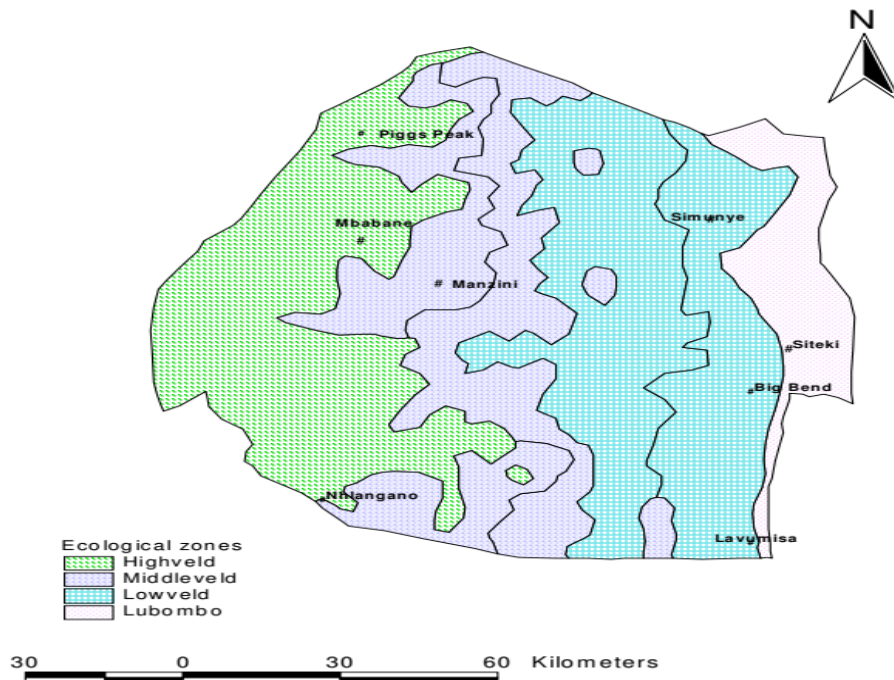
**Key Words:** Salinity, spinach, growth, irrigation

### Introduction

Crops in Eswatini are mainly grown in the Lowveld region (figure 1) which receives the lowest rainfall in the country averaging about 480 mm per year. The region lacks surface river water and therefore most crops are irrigated using ground water supplies. High quality fresh water is in increasing demand throughout the world especially in arid and semiarid regions where agriculture depends on irrigation and fresh water use exceeds sustainable supply (Ors and Suarez, 2016, 2017). Under drought conditions, high quality surface water supplies may not be available in sufficient quantities to meet crop needs and may be

Comment [U4]: Replace Ors and Suarez, 2016, 2017 by [1,2]

supplemented with poorer quality ground water (Grattan, 2016).



**Figure 1.** Ecological zones of the Kingdom of Eswatini.

Where groundwater is extracted and used for irrigation, it is saline making the production of many crops a challenge (Ibrahim et al., 2019, Ferreira et al., 2018). It is reported that photosynthesis, together with cell growth, is among the primary processes affected by salinity (Munns et al., 2006). Spinach is a vegetable grown by many people in the rural Lowveld of the country. It is susceptible to drought conditions, and, because of climate change, it is necessary to optimize water application to crops.

**Comment [U6]:** Replace Ibrahim et al., 2019, Ferreira et al., 2018 by [3,4]

**Comment [U7]:** [5]

High-salinity conditions in agricultural soil and in irrigation water is one of the most serious challenges faced by agricultural crops in the world (Chenping Xu and Beiquan Mou, 2016). The response of plants to salinity is complex and involves changes in morphology, physiology, and metabolism. Salinity effects on plants could include cellular water deficit, ion toxicity, nutrient deficiencies, and oxidative stress, leading to growth inhibition, molecular damage, and even plant death (Orcutt and Nilsen, 2000).

Spinach is an important leafy green vegetable that contains large quantities of bioactive compounds and nutrients that are not common to most other vegetables, such as p-coumaric acid derivatives that exhibit strong antioxidant activity and glucuronic acid derivatives of flavonoids (Bergman et al., 2001; Edenharder et al., 2001; Pandjaitan et al., 2005). These nutrients make it one of the most commonly grown vegetable in the rural areas.

Spinach was identified by Shannon and Grieve (1999) as a moderately salt-sensitive vegetable. Researchers have found that salt stress in spinach reduced germination, root

**Comment [U8]:** Correct: Shannon and Grieve [11]

elongation, seedling growth, chlorophyll content and photosynthesis, and increased membrane permeability (Delfine et al., 1998; Downton et al., 1985; Kaya et al., 2002). According to Langdale et al. (1971), they reported that the tolerance threshold for spinach is 2.0 dS/m, but Pasternak and De Malach (1994) found that irrigating with saline water of 4.0 dS/m on sandy soils did not result in yield reduction.

**Comment [U9]:** Correct: Langdale et al. {15}

Ors and Suarez (2016) observed that irrigation water salinity of up to 9 dS/m did not cause any yield loss in spinach during the first set of experiments, indicating that this cultivar is considerably more salt tolerant than spinach varieties reported in the literature. Severe salinity caused yield loss and decreased all gas exchange and vegetative parameters. They found that spinach was considerably more salt tolerant under cool season late winter conditions than under warmer climatic conditions. The increase in temperature between two of their experiments was 12.5°C while the relative yields decreased by 31% at the same salinity treatment of 9 dS/m.

**Comment [U10]:** Ors and Suarez [1]

A widely practiced approach for predicting the reduction in crop yield due to salinity has been described in the FAO Irrigation and Drainage Paper N°29 (Ayers and Westcot, 1994). In equation form, it is stated as;

$$\frac{Y_a}{Y_m} = 1 - (EC_e - EC_{e\text{threshold}}) \frac{b}{100} \quad (1)$$

for conditions where  $EC_e > EC_{e\text{threshold}}$  where:

$Y_a$  - actual crop yield

$Y_m$  - maximum expected crop yield when  $EC_e < EC_{e\text{threshold}}$

$EC_e$  - mean electrical conductivity of the saturation extract for the root zone [dS/ m]

$EC_{e\text{threshold}}$  - electrical conductivity of the saturation extract at the threshold of  $EC_e$  when crop yield first reduces below  $Y_m$  [dS/ m]

$b$  - reduction in yield per increase in  $EC_e$  [%/(dS/ m)]

The equation presumes that, under optimum management conditions, crop yields remain at potential levels until a specific, threshold electrical conductivity of the soil water solution is reached. When salinity increases beyond this threshold, crop yields are presumed to decrease linearly in proportion to the increase in salinity. The threshold salinity value proposed for spinach being 3.2 dS/m respectively.

The current study aims to assess the effects of different salinity levels on spinach (Fordhook giant and Mustard) growth, physiology, and nutritional value. Plant height and number of leaves were measured and counted weekly after transplanting throughout the experiment as determinants for the crop response to salinity.

## Materials and Methods

### Plant materials and treatments

Two spinach varieties; Fordhook giant and Mustard spinach were planted in 4L pots each filled with potting mixture (40% sand and 60% compost). The pots were laid out in a completely randomized block design (CRBD) arrangement in a greenhouse located in the Agricultural and Biosystems Engineering farm of the University of Eswatini at Luyengo

campus. The farm is located in the Middleveld of Eswatini at 21°34'S and 31°12'E at an altitude of about 730 m above sea level (Murdoch, 1970).

The experiment consisted of three salinity treatment; 1.5 dS/m, 2.0 dS/m, and 3.5 dS/m. The control had 0.0 dS/m salinity. There were twelve replicates for each treatment.

### **Growth and physiology measurements**

Plant measurements taken during and at the end of the experiment to determine the salinity effects on the crops included plant height (cm) and the number of leaves on a random sample of five plants in each replication. The survival percentage of the crop was also monitored. Shoot and fresh mass measurements were not taken and hence no dry matter analysis was done.

### **Statistical analysis**

A complete randomized block design was used for this experiment. Each biological replicate contained one pot and each treatment (CRBD) contained twelve replicate pots. Treatment means were separated by the Student's t test at the 0.05 level of probability using the ANOVA. The least significant difference between means was assessed using the Duncan's LSD test.

### **Results and discussion**

#### **Growth and physiological responses**

The results revealed that there are significant differences among the three salinity levels (1.5 dS/m, 2.0 dS/m, and 3.5 dS/m) when compared to the control which had no salinity on growth (plant height) as shown in table 1. However, when compared among themselves the differences were not significant in the first week of measurement. It is only in the second week whereby the highest salinity level showed significantly lower growth compared to the other two levels. The results collaborated with those found by Turhan et al. (2014) using sea water as a medium of salinity and those reported by Ünlükara et al. (2017).

Comment [U11]: Ünlükara et al. [ ]

From the third week onwards, differences between the salinity treatments were clearly noticeable with growth being severely reduced with increases in salinity. However, there was no clear pattern among the three salinity levels. These findings were similar to those reported by Bar-Yosef et al., (2005) in a study with lettuce.

Comment [U12]: Bar-Yosef et al., [ ]

There were no noticeable variety differences among the treatments. The growth of mustard spinach was slightly better than that of Fordhook giant at low salinity levels.

Table 1. Weekly means of plant height (cm) measurements for both varieties at the three different salinity levels tested

Week	Variety	SALINITY LEVEL			
		0.0 dS/m	1.5 dS/m	2.0 dS/m	3.5 dS/m
Week 1	FDHK	6.9a	4.3b	4.5b	4.6b
	MSTD	6.8a	4.6b	4.5b	3.7b
	Mean	6.8	4.5	4.5	4.1
Week 2	FDHK	9.2a	7.7b	6.9b	4.9c
	MSTD	10.3a	7.6b	6.2b	4.5c
	Mean	9.7	7.6	6.5	4.7
Week 3	FDHK	11.2a	11.2a	9.7b	5.5c
	MSTD	12.8a	11.8a	8.1b	5.8c
	Mean	12.0	11.5	8.9	5.7
Week 4	FDHK	15.3a	13.1b	11.1c	6.3d
	MSTD	16.3a	15.6a	12.2b	6.0c
	Mean	15.8	14.3	11.7	6.1
Week 5	FDHK	21.2a	14.3c	17.7	6.5d
	MSTD	19.7a	18.8a	16.0b	6.1c
	Mean	20.5	16.5	16.8	6.3

Comment [U13]: Table suggestion.  
Final text

Numbers followed by the same letter in the same row are not significantly different at ( $P < 0.05$ ). Mean separation by the LSD method.

Visual observation showed that levels of salinity beyond 2.0 dS/m affected the leaf colour of both varieties of spinach. Fordhook giant leaves were yellowish in colour with the mustard spinach leaves having purple streaks along the margins. Both varieties had some leaf burns at the tips and edges of affected leaves. The change in leaf colour could as a result of a reduction in chlorophyll in the plant a phenomenon observed in a study by Anjali and Aruna (2013). The main noticeable effects of salinity in the spinach are reduced growth rate that resulted in smaller leaves, shorter stature, and sometimes fewer leaves.

Comment [U14]: by Anjali and Aruna [ ]

The number of leaves for each variety of spinach is shown in Table 2. During the first week of measurement both varieties had the similar number of leaves. Even though there was a noticeable decline in the number of leaves with increased in salinity levels. Fordhook giant was mostly affected compared to mustard which seemed to be tolerant.

Table 2. Weekly means of the measurements for the number of leaves for both varieties at the three different salinity levels tested.

Comment [U15]: Table suggestion.  
Final text

Week	Variety	SALINITY LEVEL			
		0.0 dS/m	1.5 dS/m	2.0 dS/m	3.5 dS/m
Week 1	FDHK	2.5	2.0	2.2	2.3
	MSTD	2.5	2.9	2.2	2.1
	Mean	2.5	2.5	2.2	2.2
Week 2	FDHK	4.0a	2.1b	1.7b	1.7b
	MSTD	3.2a	3.9a	2.7a	3.0a
	Mean	3.6	3.0	2.2	2.3
Week 3	FDHK	4.0a	3.1b	2.1b	2.1b
	MSTD	3.4a	3.6a	2.7a	3.1a
	Mean	3.7	3.3	2.4	2.6

Numbers followed by the same letter in the same row are not significantly different at ( $P < 0.05$ ). Mean separation by the LSD method.

These data are similar to those found by other researchers who found that the adverse impact of salinity on spinach yield was associated with smaller leaves rather than a lesser number of leaves. Previous studies have found that spinach chlorophyll content was reduced by sodium chloride (NaCl) solution (John et al., 1985) with high concentration of 200 or 172 mM (Delfine et al., 1998; Downton et al., 1985; Robinson et al., 1983), while chlorophyll fluorescence was unaffected (Delfine et al., 1998; Robinson et al., 1983).

In this study it is important to note that the researcher did not determine specifically whether the reduction in growth of the spinach due to salinity was as a result of osmotic effects or specific ion effects (the accumulation of chloride, sodium and or boron in the plant causing damage).

#### The survival percentage of spinach to salinity levels

The effect of salinity on spinach survival is shown in Table 3. The variety Fordhook giant spinach was found to be highly susceptible to salinity compared to mustard spinach as its survival was greatly reduced above salinity levels of 2.0 dS/m. It was also naturally affected by the environment. Delfine et al., (1990) showed that salt accumulating in spinach leaves reduced chlorophyll content and hence photosynthesis, first by decreasing stomatal and mesophyll conductance's to CO<sub>2</sub> diffusion and then impairs ribulose-1, 5-biphosphate carboxylase / oxygenase. An increase in salt concentration in the irrigation water may result in an increased salt accumulation in the growing media which limits the plant's ability to absorb water and nutrients.

Table 3 The effect of salinity on spinach survival percentage

	Fordhook Giant Spinach (FDHK)				
	Week 1	Week 2	Week 3	Week 4	Week 5
0.0 dS/m	100	75	75	75	75
1.5 dS/m	100	92	83	83	83
2.0 dS/m	100	75	42	42	17
3.5 dS/m	100	83	42	42	42

	Mustard Spinach (MSTD)				
	Week 1	Week 2	Week 3	Week 4	Week 5
0.0 dS/m	100	100	100	92	92
1.5 dS/m	100	100	100	100	100
2.0 dS/m	100	100	83	58	50
3.5 dS/m	100	92	58	58	58

### Conclusions

It was concluded that the growth and number of leaves of spinach were affected by the salinity level of the irrigation water. Increasing the salinity level beyond 2.0 dS/m had significant effects for both Fordhook giant and mustard spinach. Significant differences in plant response to salinity levels were only observed from week three and beyond. The growth of mustard spinach was better than that of fordhook giant at low salinity levels indicating a slight tolerance. It may be recommended that farmers grow Mustard spinach as the first choice followed by Fordhook giant under similar conditions.

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Comment [U16]: Table suggestion. Final text

Comment [U17]: Format references.

Comment [U18]: Correct form: Anjali R, Aruna R. Alleviation of the effects of NaCl salinity in spinach (*Spinacia Oleracia* L var All Green) using plant growth regulators. *Journal of Stress Physiology and Biochemistry*. 2013;. 9(3): 122 – 128

Comment [U19]: Ayers RS, Westcot DW. Water quality for agriculture. FAO Irrigation and drainage paper 29 Rev 1. Food and Agriculture organization of the United Nations. Rome. 1994.

Comment [U20]: Correct forme: Bar-Yosef B, Markovich T, Levkovich. I. Lettuce response to leachate recycling in an arid zone greenhouse. *Acta Hort.*, 2005;697:243 – 250



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**Comment [U21]:** Correct all references.

Table 1

WEEK	VARIETY	SALINITY NIVEL			
		0.0 dS/m	1.5 dS/m	2.0 dS/m	2.5 dS/m
1	FDHK	6.9a	4.3b	4.5b	4.6b
	MSTS	6.8a	4.6b	4.5b	3.7b
	Mean	6.8	4.5	4.5	4.1

Table 3. The effect of salinity on spinach survival percentage

Fordhook Giant Spinach (FDHK)					
Salinity (dS/m)	Week 1	Week 2	Week 3	Week 4	Week 5
0.0	100	75	75	75	75
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2.0	100	75	42	42	17
3.5	100	83	42	42	42
Mustard Spinach(MSTD)					
0.0	100	100	100	92	92
1.5	100	100	100	100	100
2.0	100	100	83	58	58
3.5	100	92	58	58	58