

# Phytochemical Comparison of stem and leaves of *Cupressus sempervirens* L. from Cuba

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## ABSTRACT

*The *Cupressus sempervirens* Linnaeus (Cypress) species, belonging to the botanical family of the Cupressaceae, is an arboreal species native to the eastern Mediterranean and is of great importance for presenting metabolites with great therapeutic potential. In Cuba, it is uncommon, and this is the reason why this research took place to compare the chemical characterization of the stem and leaves of the "Ciprés" of Cuban origin. The present research is the first one in Cuba for the species which underwent a pharmacognostic study of the crude drug and the extracts of the plant parts. To be carried out, quality parameters of the leaves and stem were evaluated where the results obtained met with the specifications described in the official monographs. The Maceration Method was applied using 95% ethanol for the extraction of its chemical constituents. These were qualitatively determined by the Phytochemical Screening Techniques; expressing with greater incidence essential oils, fats, alkaloids, triterpenoids and steroids, resins, reducing sugars, saponins, flavonoids, phenolic compounds, mucilages, and bitter principles. High-Performance Liquid Chromatography suggests that the compounds that showed retention time on the stem were 15.2 and 15.9 minutes and the retention times on leaves were 15.2 and 16.0 minutes.*

Keywords: *Cupressus sempervirens*, chemical composition, Cypress, Mediterranean.

## 18 1. INTRODUCTION

19 Medicinal plants have several beneficial conditions for humanity, one of them is their  
20 medicinal contribution due to the presence of phytochemicals and antioxidants,  
21 characterized by these bioactive compounds as the main source of nutraceuticals [1].  
22 Furthermore, they are considered a source of vitamins and minerals [2]; therefore, they can  
23 be used in the food industry for the elaboration of functional foods [3] contributing to the  
24 development of new products, with a positive economic and social impact [4].

25 *C. sempervirens* L is a tree of European origin (figure 1) [5] [6]; with medicinal properties and  
26 potential pharmacological interest, it is known in the world as cypress and cypress, its  
27 cultivation is ornamental, it maintains a height between 10 and 20 m in height, it has smooth  
28 bark, grayish color, it has a long and narrow crown, fusiform, with upright branches and  
29 small leaves, empirically the fruits and bark have been used to control stomach problems, it  
30 has also been used in the treatment of parasites, as an anti-abortion and as an insect  
31 repellent, and use these as alternative food and microbial control products preservation  
32 [7]. Additionally, these trees are globally distributed and have massive diversity which may  
33 provide new sources of flavors, perfumes and remedies for aging as well as other medical  
34 and agricultural applications [8]. In Cuba they are grown in addition to the Mediterranean  
35 cypress, other species among which *C. arizonica* Greene, *C. macrocarpa* Martweg, *C.*  
36 *lusitanica* Mill, *C. funebris* Lindl stand out, *C. torulosaa* Don, *C. Benthami* Endl and *C.*  
37 *glabra* Sudwort [5].

38 The aims of this research is to evaluate the chemical characterization of the stem and leaves  
39 of *C. sempervirens* L. (Cypress) of Cuban origin, based on a pharmacognostic study of the  
40 crude drug and the extracts of the plant parts. The results obtained from this research will  
41 determine the potential incorporation of Cypress in the development of nutraceuticals and  
42 natural drugs.

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**Figure 1. *C. sempervirens*L. of Cuban origin.**

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## **2. MATERIAL AND METHODS**

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The experimentation work was carried out in the Synthesis Laboratories of the Pharmacy

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Department at the Institute of Pharmacy and Food (IFAL), University of Havana. The plant

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material of *C. sempervirens*L. (Cypress) used in this research is made up of fresh stems and

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leaves. The material was collected at the Novartis Laboratories Commercial House in

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Vedado, Plaza de la Revolution Municipality in the province of Havana, Cuba, with

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herbarium number HAC43083.

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### **2.1 Washing and disinfection of the drug**

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The washing was carried out with abundant demineralized water, immersed in 1% sodium

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hypochlorite for five minutes, and then washed for ten minutes [9].

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### **2.2 Macroscopic evaluation of the drug**

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The macroscopic evaluation of the plant was performed by determining the quality control

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parameters [8]. For the characterization of the leaves, the following parameters were

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determined: size, color, odor, shape, condition, and surface characteristics.

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## 67 **2.3 Preparation of samples and extracts**

68 Fresh samples were micronized at a particle size between 0.8 to 2 mm in a FUMAR brand  
69 knife mill (Germany). The extracts of the leaves and stems of the species *C. sempervirens*L.  
70 (Cypress) were prepared with samples of 50 g by the method of maceration with 95%  
71 ethanol (Class A) for 7 to 14 days at room **temperature and shaking in a shaker for**  
72 **qualitative characterization in HPLC equipment.** In all cases, reagent grade solvents and the  
73 solutions corresponding to each test were used.

## 74 **2.4 Phytochemical screening**

75 Phytochemical screening was carried out through identification reactions through a color  
76 change, flavor identifier, the formation of precipitates [9], from the evaluation of essential oils  
77 and fats, saponins, polysaccharides, resins, alkaloids, lactones and coumarins, cardiotonic  
78 glycosides, phenols, triterpenes, and steroids, reducing compounds, amino acids and  
79 amines, quinones, flavonoids, and anthocyanidins.

## 80 **2.5 High-Performance Liquid Chromatography (HPLC)**

81 Samples of stem and leaves of the species *C. sempervirens*L. (Cypress) were analyzed by  
82 HPLC using a KNAUER Chromatograph (Germany) with a C-18 column and dilution of the  
83 sample by eight times. The HPLC chromatographic separation, with a 280 nm UV detector,  
84 consisting of an Azura P6.1L low-pressure quaternary gradient pump, an Azura UVD 2.1L  
85 UV-Vis detector, an Azura CT 2.1 Thermostat, and a manual injector. The identification and  
86 integration of peaks were performed using a computer compatible with the HPLC Control  
87 Program for the acquisition and manipulation of chromatographic data, ClarityChrom version  
88 6.1.0.130 (KNAUER, Germany). Chromatographic separation was performed using a  
89 Eurospher C-18 reverse phase column, 60 Å, 5 µm (d.i), 250 x 4 mm, of German  
90 manufacture. HPLC chromatographic analysis was carried out using water as eluent A and

91 acetonitrile and a gradient from 15 to 85% B as eluent B, for forty minutes at 1mLmin<sup>-1</sup>  
92 followed by maintenance of the gradient, increasing A by 50%, for ten sustained minutes,  
93 reverting to 0% B for five minutes, and rebalancing for five minutes at a temperature of 25°C.  
94 In the analyzes carried out, we used extracts made with fresh cypress plants at  
95 concentrations of 95% (v / v) in ethanol.

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### 3. RESULTS AND DISCUSSION

#### 98 3.1 Phytochemical Screening Results

99 The "screening" techniques allow to qualitatively detect the presence of certain groups of  
100 compounds, which rely on microchemistry to show these groups of constituents through the  
101 formation of precipitates, colorations, flavor, among others. The screening was carried out  
102 On two parts of the fresh plant of the same species *C. sempervirens*L.(Cypress), one with  
103 the leaves (Table 1) of intense green color and the other with the stem (Table 2) to observe  
104 if the results of both samples from the same plant were similar in terms of qualitative  
105 chemical composition or differed.

106 The results of the two phytochemical screenings of *C. sempervirens*L. (Cypress) show the  
107 presence of bioactive compounds that make the plant of interest to the pharmaceutical  
108 industry, these results, as well as the tests carried out are shown in Tables 1 and 2.  
109 experimentally found that the most significant results in both screenings were those of  
110 Dragendorff, Libermann-Burchard, Ferric Chloride, and Shinoda. Both phytochemical  
111 screenings arise the presence of fatty compounds, essential oils, alkaloids, triterpenes  
112 and/or steroids, reducing sugars, saponins, phenolic compounds, flavonoids, anthocyanins,  
113 and mucilages. Therefore, both screenings show the presence of some metabolites common  
114 in both parts of the plant and others not, except for saponins that are reported in the leaves  
115 and not in the stem.

116 **Table 1. Results of phytochemical screening in leaves of *C. sempervirens*L**

<i>Tests</i>	<i>Metabolites</i>	<i>Results</i>		
		<i>Etheral</i>	<i>Alcoholic</i>	<i>Aqueous</i>
Sudan	Fatty compounds	+++		
Dragendorff	Alkaloids	+++	-	+++
Baljet	Lactonic grouping	-	-	
Liebermann.B	Triterpenes / steroids	+++	+++	
Catequins	Catechins		-	
Resins	Resins		+++	
Fehling	Reducing sugars		+++	+++
Foam	Saponins		+++	+++
Chloride Fe	Phenolic compounds		+++	-
Ninhydrin	Free amino acids		-	
Borntrager	Benzoquinquinones		-	
Shinoda	Flavonoids		+++	+++
Kedde	Cardiotonic glycosides		-	
Anthocyanidin	Anthocyanins		-	
Mucilages	Mucilages			+++
Beginnings A	Beginnings A			+++
Essentialoils	Essential oils	+++		

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119 **Table 2. Results of the phytochemical screening in stems of *C. sempervirens*L.**

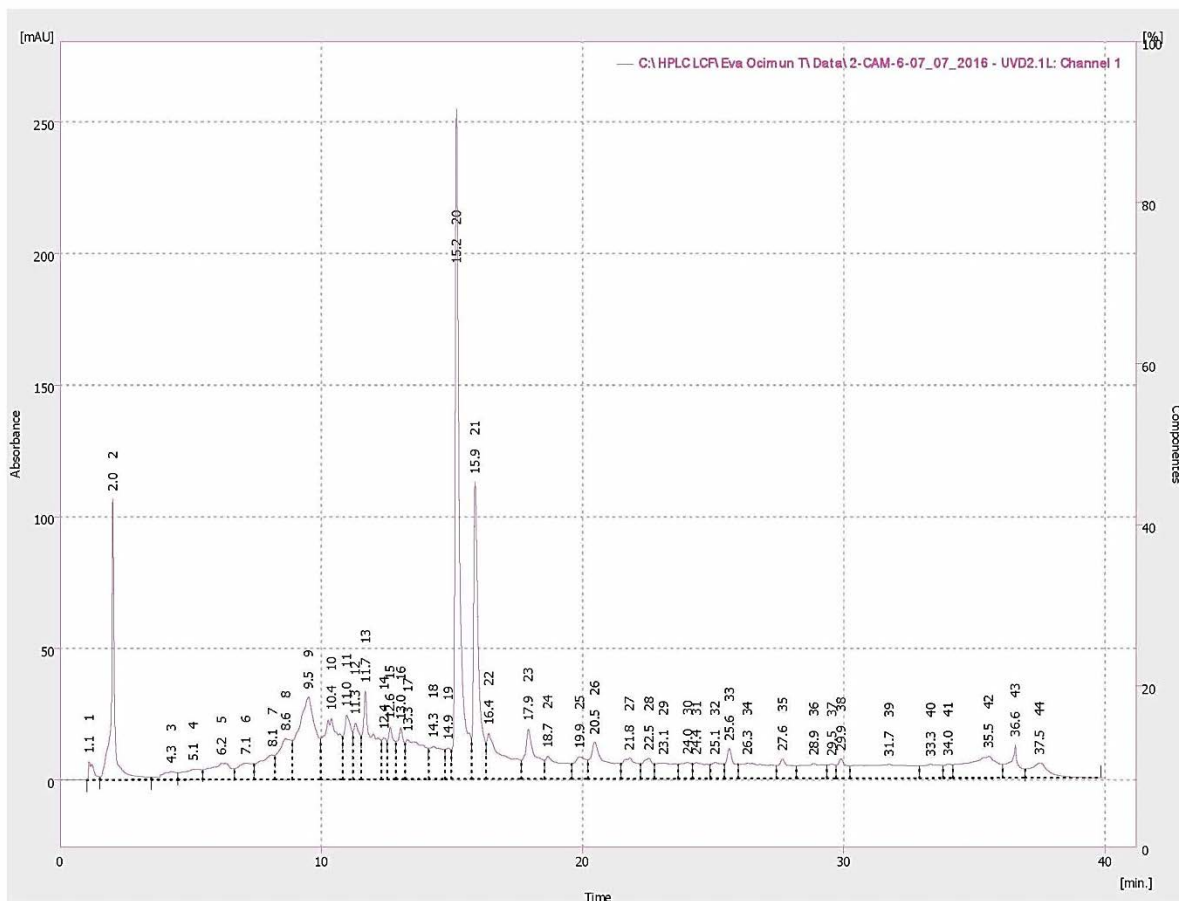
<i>Tests</i>	<i>Metabolites</i>	<i>Results</i>		
		<i>Etheral</i>	<i>Alcoholic</i>	<i>Aqueous</i>
Sudan	Fatty compounds	+++		
Dragendorff	Alkaloids	+++	-	+++
Baljet	Lactonic grouping	-	-	
Liebermann.B	Triterpenes / steroids	+++	+++	
Catequins	Catechins		-	
Resins	Resins		-	
Fehling	Reducing sugars		+++	+++
Foam	Saponins		-	-
Chloride Fe	Phenolic compounds		+++	-
Ninhydrin	Free amino acids		-	
Borntrager	Benzoquinones		-	
Shinoda	Flavonoids		+++	-
Kedde	Cardiotonic glycosides		-	
Anthocyanidin	Anthocyanins		-	
Mucilages	Mucilages			+++
Beginnings A	Beginnings A			+++
Essentialoils	Essential oils	+++		

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122 **3.2 Analysis of the Chromatogram of the Ethanolic Extract of the Stem of**  
123 ***C.sempervirens*L. (Cypress)**

124 Through the analysis of the two extracts by high-performance liquid chromatography  
125 (HPLC), it was observed that in the case of the stem extract, a simple chromatogram was  
126 obtained with the isocratic water / ACN elution system with the C-18 column and 8-fold  
127 dilution of the sample, detecting 44 components, with the presence of two very significant  
128 chromatographic peaks between 15.167 and 15.883 minutes, obtaining the highest  
129 percentage of relative area for the peaks that eluted between 9.500 and 15.883 minutes  
130 (Figure 2). The major compounds, or those that present the greatest interest in the  
131 chromatographic profile of the hydroalcoholic extracts of the stems, are those that elute at  
132 10.4; 11.0; 11.3; 11.7; 12.4; 13.3; 15.2; 15.9; 16.4; 17.9; 20.5; 25.6; 27.6; 29.9 and 36.6  
133 minutes, respectively. The two major compounds showed a retention time of 15.2 and 15.9  
134 minutes, respectively.





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**Figure 2. Chromatograms of the ethanolic extract of the stem of *C. sempervirens* L.**

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**from Cuba**

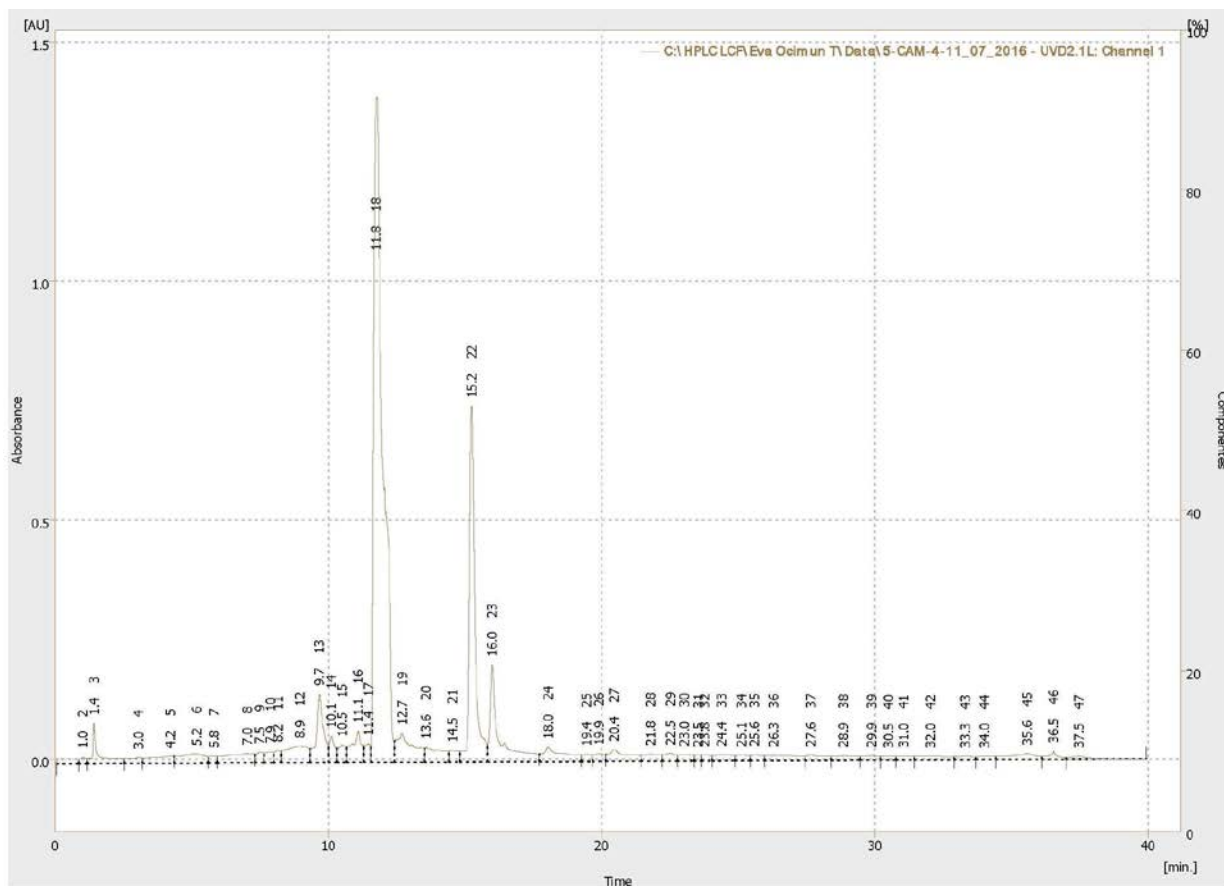
138 **3.3 Analysis of the Chromatogram of the Ethanolic Extract of the Leaves of**  
139 ***C. sempervirens* L. (Cypress)**

140 In the case of the leaves, a simple appearance was also shown, although visualizing the  
141 increase in complexity in them, nine significant chromatographic peaks were shown,  
142 obtaining the highest percentage of the relative area (40.2%) for the peak that eluted at 11.8  
143 minutes. The compounds of greatest interest in the chromatographic profile of the leaves of  
144 the plant are those that eluted at 10.1; 11.1; 11.8; 12.7; 15.2; 16.0; 18.0; 20.4 and 36.6  
145 minutes, respectively. In this case, the majority compounds are those that eluted at 11.8;  
146 15.2 and 16.0 minutes, respectively (figure 3).

147 It is suggested that possibly the compounds that presented a stem retention time of 15.2 and  
148 15.9 minutes and those with a leaf retention time of 15.2 and 16.0 minutes, respectively, are  
149 two compounds that represent the same type of metabolite, in each case, produced by the  
150 plant in each part of the plant that has been analyzed in this study. It also shows compounds  
151 present in leaves that do not appear on stems and vice versa.

152 It is inferred, therefore, that the ethanolic extract of the leaves is the one that contains the  
153 greatest amount of compounds (47 compounds) according to the results achieved under the  
154 test conditions used, compared to the stem that contains (44 compounds).

155 When comparing the two extracts of the two parts of the plant material, leaves and stem,  
156 differences were observed in the High-Performance Liquid Chromatography with the stem  
157 extract being the one with the most complex chromatograms.



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159 **Figure 3. Chromatograms of the ethanolic extract of the leaves of *C. sempervirensL.***  
 160 **from Cuba**

161 **3.4. Discussion of the Pharmacological Importance of some of the metabolites**  
 162 **determined experimentally in *C. sempervirensL.* (Cypress) of Cuban origin**

163 **Alkaloids**

164 The alkaloids expressed in leaves and stem of Cuban *C. sempervirensL.* have  
 165 pharmacological properties depending on the molecular configuration, such as: for  
 166 sympatholytics and antispasmodics, local anesthetics and sources of drug addiction, they  
 167 act as anticholinergics, that is, in gastric motility disorders and Muscle spasm, especially in  
 168 some ulcer patients and as central depressants of motor activity, with an anthelmintic effect,

169 a very positive result for the present evaluation. It has vasoconstrictive effects due to its  
170 action on the sympathetic ganglia and to promote the release of vasopressin and adrenaline.  
171 In high doses, they can become toxic [10, 11, 12]

## 172 **Simple phenols**

173 In the results in leaves and stem of *C. sempervirens* L. of the test with ferric chloride, the  
174 presence of an intense green coloration was observed, for which the possible presence of  
175 condensed tannins can be inferred.

176 The presence of phenols is because these compounds are closely related to the activity of  
177 repellency by plants to insect populations and since leaves are the most common target, it is  
178 logical that they are used in chemical defense. Due to their antioxidant properties, these  
179 compounds have shown beneficial effects on human health as anti-inflammatory, anti-  
180 sclerotic, and antiviral [13].

## 181 **Flavonoids**

182 The flavonoid result was positive in the hydroalcoholic extract of leaves and stem of *C.*  
183 *sempervirens* L. showing a phase separation with a brown color, which is indicative of  
184 flavonoids of flavones and flavonols. These metabolites have been shown to exhibit a wide  
185 range or spectrum of pharmacological and biochemical actions such as antimicrobial,  
186 antithrombotic, antimutagenic, and anti-carcinogenic activities [14, 15]. The activity of  
187 flavonoids as antioxidants depends on the redox properties of their hydroxyphenolic groups  
188 and the structural relationship between the different parts of the chemical structure.  
189 Flavonoids, in particular, exhibit a wide range of biological effects, including antiviral, anti-  
190 inflammatory, antiallergic, antioxidant, and vasodilator activity [12, 16, 17].

191 The *C. sempervirens* L. (cypress), is another species that has great variability in the  
192 chemical composition, reported with indifference but that in summary coincide with the global

193 results described in the present work, which for the first time differentiates two parts (leaves-  
194 stem) of the same variety for the present analysis; both parts (stem-leaves) of the evaluated  
195 plant material have chemically active properties for the pharmaceutical use of the plant  
196 species *Cupressus sempervirens*, L. "ciprés" of Cuban origin [14, 18,19].

#### 197 4. CONCLUSION

198 *C. sempervirens*L. of Cuban origin is an antiseptic, antirheumatic, antispasmodic, astringent,  
199 anti-sudorific, diuretic, neuronal restorer, taking into account the presence of important and  
200 dissimilar chemical constituents of great pharmaceutical value. It could be used in baths,  
201 showers, massages, cosmetics, inhalations, compresses, evaporators, among others, given  
202 by the varied constituent chemical composition; both the leaves and the stem. Besides,  
203 these results serve as a guide and orientation on which secondary metabolites may be  
204 responsible for the biological effects suggested for this species and the extraction method  
205 that should be applied to them where they are expressed. Similarly, it suggests the potential  
206 use of stems and leaves for the development of drugs and nutraceuticals due to the  
207 similarity between of bioactive compounds found.

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