

Impact of Mass Drug Administration on Prevalence of Schistosomiasis in Eight Riverine Communities in the Asuogyaman District of the Eastern Region, Ghana

ABSTRACT

Background: The incidence of schistosomiasis in Ghana and more specifically in the Asuogyaman District had become a noticeable record following the creation of the Akosombo Dam in the early 1960s. This has inevitably since placed an enormous burden on the health service delivery systems in the geographical area. Mass Drug Administration (MDA) of Praziquantel has been used worldwide as a preventive and treatment intervention measure for the disease, and the study area is no exception. The study, therefore, aimed to assess the impact of MDA on the prevalence and associated risk factors of schistosomiasis in eight (8) selected riverine communities within the district.

Methods: A descriptive retrospective cross-sectional study was conducted involving 896 respondents with ages ranging from 2 to 82 years and a mean age of 17 ± 13.78 years. Data were obtained from the Volta River Authority (VRA) Public Health and Environmental Department. Pearson's chi-square tests and logistic regression models were used to assess the association and predict the relationship between variables.

Findings: Out of the 896 respondents, 93 (10.4 %) tested positive for *Schistosoma haematobium*. Proportionally, the Nyameben community had a high prevalence of 25.8% while Mami-Waterkope, and Mangoase both had a low prevalence of 3.2 %. The average uptake of Praziquantel was 41% across the study area. From the bivariate analysis, the respondents' community of residence was noted as the only statistically significant variable contributing to infection. Respondents aged 13-39 were 1.68 times more likely to be infected compared to their younger counterparts after controlling for all other covariates in the predictive model.

Conclusion: Mass Drug Administration had a tremendous effect on reducing the prevalence of urinary schistosomiasis to the present level of 10.4%. However, some "hotspots" like the Nyameben community will require special attention to reduce the high prevalence disease rate. Communities with low uptake of Praziquantel had a relatively high prevalence of schistosomiasis.

Subject Area: Public Health

Keywords: Mass Drug Administration, Schistosomiasis, Asuogyaman District, Ghana

1. INTRODUCTION

Mass Drug Administration (MDA) is the treatment of the entire population in a geographic area with a curative dose without first testing for infection regardless of the presence of disease symptoms [1]. According to the principle of preventive chemotherapy, this essential drug must be safe and inexpensive [2]. The World Health Organization (WHO) regards schistosomiasis alongside some twenty other tropical diseases, namely Helminthiasis, Lymphatic filariasis, Onchocerciasis, Trachoma, Guinea Worm diseases, etc. as Neglected Tropical Diseases (NTD)

45 [3]. According to Adenowo *et al.* (2015), NTDs are a group of diseases that cause substantial
46 illness for more than one billion people globally and usually affecting the world's poorest people
47 [4]. Schistosomiasis is second only to malaria in terms of the number of people infected and
48 those at risk of infection [5]. The prevalence of schistosomiasis, at present, is still high in sub-
49 Saharan Africa. Out of 17.5 million people treated globally for schistosomiasis in 2008, 11.7
50 million are from sub-Saharan Africa [4].

51 Since the discovery of the cause of urinary Schistosomiasis by Theodor Bilharz in 1851 [6]
52 and the entire disease cycle by Brazilian Piraja da Silva in 1908 [7,8], the disease has moved
53 from infectious disease status to a chronic condition due to the difficulty of completing
54 elimination of worm and eggs from an infected person. In 2016 the WHO estimated more than
55 89 million people were treated out of at least 206.4 million people who required preventive
56 treatment. Also, it was determined that at least 91.4% of those requiring treatment live in Africa,
57 and school-age children are the most risk group because they tend to spend time swimming,
58 bathing, or fishing in water [9]. Approximately 120 million individuals in sub-Saharan Africa
59 have schistosomiasis-related symptoms, while about 20 million undergo hardship as a result of
60 chronic presentations of the disease of 17.5 million people [4].

61 Schistosomiasis is a parasitic infection caused by digenetic blood trematode worms of the
62 family Schistosomatidae and belongs to the genus *Schistosoma* [10,11]. The worms are,
63 therefore, commonly known as schistosomes. Sexual reproduction of the schistosomes occurs in
64 the human (definitive host), with many asexual multiplications occurring in intermediate snail
65 host. The eggs of blood fluke leave the human body in urine or faeces, hatch in water and
66 liberate larvae (miracidia) that penetrate freshwater snail hosts. *Schistosoma* species use
67 freshwater snails as an intermediate host [12].

68 After several weeks of growth and multiplication, cercariae emerge from the snails and
69 penetrate human skin during contaminative water contact. These cercariae then transform and
70 subsequently migrate through the lungs to the liver, where they mature into adult worms. These
71 adult worms move to the veins of the abdominal cavity or of the urinary tract. Most of the eggs
72 produced are trapped in the tissues, but a proportion escapes through the bowel or urinary
73 bladder [13,14].

74 The strategy for schistosomiasis control aims to prevent morbidity in later life through regular
75 treatment with Praziquantel, which is currently the only recommended drug for the infection.
76 Mass drug administration is prescribed for the treatment of most of the neglected tropical
77 diseases due to its cost-effectiveness [15]. Praziquantel is the recommended treatment for
78 schistosomiasis at 40 mg/kg body weight [16,17]. The cost of a single 600-mg tablet is about
79 US\$ 0.08, and an average treatment is estimated to be between US\$ 0.20–0.30. The combined
80 cost of integrated NTD MDA has been calculated to be in the order of \$0.50 per person per year
81 [18]. The commencement of MDA in Ghana started in 1999 with the treatment and prevention of
82 Onchocerciasis, but MDA for treatment of schistosomiasis began in 2008 [19]. The study,
83 therefore, aimed at determining the impact of mass drug administration on the prevalence of

84 schistosomiasis in eight riverine communities in the Asuogyaman District in the Eastern Region
85 of Ghana.

86 2. METHODOLOGY

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88 2.1. Study Area

89 The Asuogyaman District Assembly forms part of the twenty-six (26) Municipalities and
90 Districts in the Eastern Region of Ghana. It covers a total estimated surface area of 1,507 km²
91 and constitutes 5.7% of the total area of the Eastern Region. The administrative capital of the
92 District is Atimpoku. The District shares boundaries with the Lower Manya Krobo Municipality
93 and Upper Manya Krobo District to the west, to the east with North Tongu District, to the north
94 with Afram Plains South, and to the south with Dangme West District. The population of the
95 district, according to the 2010 Population and Housing Census, stood at 98,046, with 47,030
96 males and 51,016 females [20]. The main water bodies include the Volta River and Lake, River
97 Adobo, River Opotoku, the Baware, Anyinase River, and the Bubuakan. The main occupation of
98 the people in most of the communities along the river is fishing. This provides an occupational
99 hazard to the people by increasing their risk of contracting schistosomiasis due to the relatively
100 constant exposure to the infected water/ river. This risk is probably further heightened by the
101 dependence on the water for drinking, cooking and recreational activities.

102 The study site constitutes selected riverine communities in the Asuogyaman district. The
103 study unit was the voluntary respondent who was tested for urinal and intestinal schistosomiasis
104 whether he or she had been tested before or not, or treated previously with Praziquantel or not.

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106 2.2 Study Design, Sampled Population and Sample Size

107 The study was conducted retrospectively using secondary data obtained from the VRA
108 Environmental and Public Health Department. Eight riverine communities along the banks of the
109 Volta Lake (Abume, Ghanakpoe, Kokontekpedzi, Mami-Waterkope, Mangoase, Nyameben,
110 Adjena Dornor, and Surveyline) were chosen purposively due to the relatively high prevalence
111 rate of the disease, to ascertain the impact of Praziquantel MDA. The communities were
112 categorized into two (2) zones; the Kpong Headpond and the Upper Volta Zones using their
113 location in relation to the direction of the flow of the river. The study participants of 896 were
114 selected conveniently from the eight communities. Using the estimated total population of
115 Asuogyaman District, a 3.26 % margin of error, and the Confidence level of 95%, the sample
116 size was calculated using Survey Monkey online software [21].

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118 2.3 Data Analysis

119 The obtained data were analyzed using Microsoft Excel and STATA statistical software
120 package (*StataCorp.2007. Stata Statistical Software. Release 14. StataCorp LP, College Station,*
121 *TX, USA*). The prevalence of schistosomiasis in the various communities was deduced from the
122 secondary data obtained. Chi-square tests were used to examine the associations of prevalence
123 with the demographic, socioeconomic, and environmental factors. For each statistically

124 significant factor, an Odds Ratio (OR) and a 95% confidence interval (CI) were computed where
 125 the level of statistical significance was set as $p < 0.05$.

126 2.4. Ethical Considerations

127 Administrative approvals from the Asuogyaman Directorate of Health Service and VRA Public
 128 Health and Environmental Department were respectively sought prior to the gathering of the
 129 needed data. Names of participants were expunged from hospital records for confidentiality.
 130 Ethical approval was also given by the Ethics Review Board of Ensign College of Public Health.
 131 Finally, all documents cited in the text were acknowledged in the references.

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133 3. RESULTS

134 3.1. Demographic Characteristics of Respondents

135 A total of 896 study records were used in this analysis involving eight (8) communities; six (6)
 136 from the lower stream area and two (2) from the upstream area of the Akosombo Dam
 137 categorized as the “Kpong Headpond” and “Upper Volta” zones respectively. The study revealed
 138 that almost 60% of the records were from Surveyline, Adjena Dornor, Ghanakpoe, and Mami-
 139 Waterkope recorded 11.8, 15.5 and 15.3% respectively. The Nyameben community recorded the
 140 lowest (7.56%). The mean age of the subjects was 17 ± 13.78 years, while 50.33% were females.
 141 The majority (79.8%) of the subjects were identified as Ewes. Looking at their occupational
 142 status, more than half (68.4%) were students (Table 1).

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144 **Table 1:** Demographic Characteristics of the Respondents

Variables	Indicator	Frequency (f)	Percentage (%)	
Zone	Kpong Headpond:	Abume	113	12.6
		Ghanakpoe	139	15.5
		Kokontekpedzi	98	10.9
		Mami-Waterkope	137	15.3
		Mangoase	100	11.2
		Nyameben	48	5.4
	Upper Volta:	Adjena Dornor	106	11.8
		Surveyline	155	17.3
		Total	896	100
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Age-group (years)	2 - 12	432	48.2	
	13 -39	387	43.2	
	40 - 82	77	8.6	
	Total	85.6	100	
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Gender	Male	445	49.7	
	Female	451	50.3	
	Total	896	100	
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Ethnicity	Akan	57	6.4	
	Ewe	715	79.8	

	Others	124	13.8
	Total	896	100
Occupation	Students	613	68.4
	Traders	77	8.6
	Farmers	25	2.8
	Fisherman	45	5.0
	Others	136	15.2
	Total	896	100

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146 3.2 Prevalence and Incidence rates of schistosomiasis

147 Table 2 showed that 10.4% of the total subjects tested positive, while the rest tested negative for
148 urinary schistosomiasis. Among the subjects who tested positive in the various communities, the
149 Nyameben community yielded the highest incidence rate of 38 per 1000, while Mami-Waterkope
150 had a low incidence rate of 1.4 per 1000 of the population. The total incidence rate of 75 per
151 1000 population was estimated for the eight communities. Table 3 showed the prevalence
152 recorded in the various communities from 2002 to 2016. This evaluation, however, was not done
153 annually for every community. Hence the prevalence rates were not recorded in some of the
154 communities for some particular years. Abume, Adjena Dornor, Ghanakpoe, and Mami-
155 Waterkope recorded their highest prevalence rate of 52.9%, 72.6%, 20.4%, and 43.5%
156 respectively in the year 2010. Kotontekpedzi and Mangoase recorded their highest prevalence
157 rate in the year 2002 and 2003 respectively, while Surveyline recorded its lowest prevalence rate
158 of 6.5% in the year 2013. Nyameben recorded the highest prevalence rate of 93.5% among the
159 eight communities, and that was in the year 2008.

160 Table 4 represented the bivariate analysis of factors associated with urinary schistosomiasis in
161 the participatory communities within the Asuogyaman District. There was no observed statistical
162 significant association between age groups, gender, occupation, ethnicity and the designated
163 zones with urinary Schistosomiasis ($p = 0.083$), ($p = 0.325$), ($p = 0.079$), ($p = 0.664$) and ($p =$
164 0.718) respectively. However, the analysis revealed there was highly significant associations
165 between urinary schistosomiasis and the community in which they live at ($p < 0.0001$).

166 Table 5 represented the multivariate logistic regression analysis of risk factors for urinary
167 schistosomiasis. Subjects within age-groups 13-39 and 40-82 years were 1.83 times and 2.12
168 times respectively more likely to be infected with schistosomiasis compared to those aged 12
169 years and below, adjusting for all other variables in the model. Regarding gender, females were
170 1.28 times more likely to be infected with schistosomiasis compared to the males (AOR = 1.28,
171 95% CI 0.76-2.15) after controlling for all other covariates. Similarly, subjects living in the
172 Upper Volta zone were 1.46 times more likely to be infected with the disease compared to
173 residents of Kpong Headpond, holding other variables constant (AOR = 1.46, 95% CI 0.60-
174 3.53).

175 Communities such as Adjena Dornor, Kokontekpedzi, and Nyameben were 0.96 times, 0.25
 176 times and 0.89 times respectively less likely to be infected with schistosomiasis compared to
 177 Abume; controlling for all other covariates. Concerning the subjects' religious beliefs, the Ewes
 178 were 3.23 times more likely to be infected with schistosomiasis compared to the Akan (AOR =
 179 3.23, 95% CI: 0.70-14.92). In contrast, those of the "other" ethnic categories were 57.74 times
 180 more likely to be infected. Looking at the subject's occupational status, traders were 0.30 times
 181 less likely to be infected compared to the Students (AOR = 0.70, 95% CI: 0.22–2.25) but farmers
 182 and fishers were 0.63 times and 0.41 times respectively less likely (AOR = 0.37, 95% CI: 0.08–
 183 1.85) (AOR = 0.59, 95% CI: 0.17–2.11). Subjects classified as "Others" were 2.17 times more
 184 likely to be infected, upon adjusting for other variables.

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186 **Table 2:** Frequency and incidence of urogenital schistosomiasis in 8 communities (2015-2016)

		Frequency (f)	Percentage (%)	Incidence rate per1000
Urinalysis	Positive for <i>Schistosoma haematobium</i>	93	10.4	
	Negative for <i>S. haematobium</i>	803	89.6	
	Total	896	100	
Communities positive for <i>S. haematobium</i>				
Year 2015	Abume	15	16.1	10.7
	Adjena Dornor	14	15.1	10.4
	Ghanakpoe	10	10.8	3.4
	Kokontekpedzi	13	14.0	4.0
	Mangoase	3	3.2	2.4
	Nyameben	24	25.8	38.1
	Surveyline	11	11.8	4.4
Year 2016	Mami-Waterkope	3	3.2	1.4
	Total	93	100	

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189 **Table 3:** Prevalence rates of schistosomiasis in eight communities studied from 2002 to 2016

Year	Studied Communities							
	Abume	Adjena Dornor	Ghana- kpoe	Kotonte- kpedzi	Mami- Waterkope	Mangoase	Nyameben	Surveyline
2002	-	-	-	35.9	42.8	54	92.6	-
2003	-	-	-	-	-	57.8	-	-
2004	-	-	-	-	33.3	-	-	-
2005	-	52.3	-	-	-	-	58.6	-
2006	-	45.5	-	-	-	-	-	-
2008	44.5	38.9	-	-	-	51.6	93.5	-
2009	-	15.6	-	-	-	-	-	-
2010	52.9	72.6	20.4	-	43.5	8.8	-	-
2011	-	-	-	-	-	-	-	-
2012	32.4	31.5	10.1	-	40.1	-	44.9	-

2013	-	-	-	13.3	-	-	-	6.5
2014	-	-	-	-	-	-	-	-
2015	13.3	13.2	7.2	-	-	3.0	50.0	7.1
2016	-	-	-	-	2.2	-	-	-

190 **Table 4:** Bivariate analysis of risk factors for urinary schistosomiasis

Variables		Urinalysis for <i>Schistosoma haematobium</i> ova			P-value
		Subjects (No).	Positive No. (%)	Negative No. (%)	
Age-group (years)	2-12	432	55(12.7)	377 (87.3)	0.083
	13-39	387	31(8.0)	356 (92.0)	
	40-82	77	7 (9.1)	70 (90.9)	
	Total	896	93 (10.4)	803 (89.6)	
Gender	Male	445	51 (11.5)	394 (88.5)	0.325
	Female	451	42 (9.3)	409(90.7)	
	Total	896	93 (10.4)	803 (89.6)	
Occupations	Students	613	69 (11.3)	544 (88.7)	0.079
	Traders	77	8 (10.4)	69 (89.6)	
	Farmers	25	3 (12.0)	22 (88.0)	
	Fishermen	45	7 (15.5)	38 (84.5)	
	Others	136	6 (4.4)	130 (95.6)	
	Total	896	93 (10.4)	803 (89.6)	
Ethnicity	Akan	57	5 (8.8)	52 (91.2)	0.664
	Ewe	715	78 (10.9)	637 (89.1)	
	Others	124	10 (8.1)	114 (91.9)	
	Total	896	93 (10.4)	803 (89.6)	
Communities	Abume	113	15 (8.8)	98 (91.2)	<0.0001*
	Adjena Dornor	106	14 (13.2)	92 (86.8)	
	Ghanakpoe	139	10 (7.2)	129 (92.8)	
	Kokontekpedzi	98	13 (13.3)	85 (86.7)	
	Mami-Waterkope	137	3 (2.2)	134 (97.8)	
	Mangoase	100	3 (3.0)	97 (97.0)	
	Nyameben	48	24 (50.0)	24 (50.0)	
	Surveyline	155	11 (7.1)	144 (92.9)	
	Total	896	93 (10.4)	803 (89.6)	
Zone	Kpong Headpond	635	68 (10.7)	567 (89.3)	0.718
	Upper Volta	261	25 (9.6)	236 (90.4)	
	Total	896	93 (10.4)	803 (89.6)	

Note: *indicates the measured association is statistically significant at $\alpha < 0.05$

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Table 5: Multivariate logistic regression analysis of risk factors for urinary schistosomiasis

Variables		P-value	COR (95% CI)	P-value	AOR (95% CI)
Age-group (years)	0-12	Reference	1		
	13-39	0.029*	1.68 (1.05-2.66)	0.064	1.83 (0.97-3.48)
	40-82	0.371	1.46 (0.64-3.34)	0.213	2.12 (0.65-6.98)
Gender	Male	Reference	1		
	Female	0.293	1.26 (0.82-1.94)	0.348	1.28 (0.76-2.15)
Zone	Kpong Headpond	Reference	1		
	Upper Volta	0.614	1.13 (0.70-1.83)	0.406	1.46 (0.60-3.53)
Community	Abume	Reference	1		
	Adjena Dornor	0.988	1.01 (0.46-2.20)	0.001	0.04 (0.01-0.26)
	Ghanakpoe	0.113	1.97 (0.85-4.58)	0.411	1.45 (0.60-3.54)
	Kokontekpedzi	0.998	1.00 (0.45-2.22)	0.605	0.75 (0.26-2.20)
	Mami-Waterkope	0.003*	6.84 (1.92-24.26)	0.007*	6.36 (1.68-4.10)
	Mangoase	0.014*	4.95 (1.39-17.64)	0.024*	7.14 (1.30-9.32)
	Nyameben	0.000*	0.15 (0.07-0.34)	0.000*	0.11 (.046-0.25)
	Surveyline	0.096	2.00 (0.88-4.55)	-	1
Ethnicity	Akan	Reference	1		
	Ewe	0.617	0.79 (0.30 -2.03)	0.133	3.23(0.70-14.92)
	Others	0.873	1.10 (0.36- 3.37)	0.000*	57.74(6.24-534.01)
Occupation	Students	Reference	1		
	Traders	0.23	1.09 (0.50-2.37)	0.552	0.70 (0.22-2.25)
	Farmers	-0.12	0.93 (0.27-3.19)	0.229	0.37 (0.076-1.85)
	Fishermen	-0.87	0.69 (0.29-1.60)	0.421	0.59 (0.17-2.11)
	Others	2.32	2.75 (1.17-6.47)	0.123	2.17(0.81-5.81)

Note: *indicates the measured association is statistically significant at $\alpha < 0.05$.

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3.3 Prevalence of Intestinal Schistosomiasis and treatment with Praziquantel

205 Table 6 displayed both the stool test result for intestinal schistosomiasis and treatment with
206 Praziquantel in the district. Two (2) subjects representing 0.22% were infected with intestinal
207 schistosomiasis, while 22.99% were not infected. The infection status of about 76.7% was not
208 available, but 41.29% of the subjects were treated with Praziquantel while 23.66% were
209 untreated. Since there was no data on the treatment status of 35.05% of the respondents, they
210 were considered as those who did not receive treatment. Out of a total of 370 subjects treated
211 with Praziquantel, 29.7% were from Mami-Waterkope, 16.8% from Surveyline and the least
212 with 2.4% from Nyameben. Table 7 represented the bivariate analysis on factors associated with
213 Praziquantel treatments in the Asuogyaman District. There was no observed statistical significant
214 association between age groups, gender, ethnicity, zone and Urogenital schistosomiasis
215 prevalence and treatment with praziquantel ($p = 0.646$), ($p = 0.309$), ($p = 0.243$), ($p = 0.412$) and
216 ($p = 0.75$) respectively. However, the analysis revealed there were highly significant ($p = 0.001$)

217 associations between Praziquantel treatments and the community and occupational status of
 218 subjects.

219 Table 8 presented the multivariate logistic regression analysis of factors associated with
 220 Praziquantel treatment. The age, gender, zone of community, ethnicity, occupations and
 221 urogenital schistosomiasis infection were not statistically significant predictors of Praziquantel
 222 treatment in the adjusted model. Subjects within the age-groups of 13-39 and 40-82 years were
 223 0.23 times and 0.25 times respectively less likely to go for the praziquantel compared to those 12
 224 years and below, holding all the other variables constant (AOR= 0.77, 95% CI: 0.54–1.11) and
 225 (AOR= 0.75, 95% CI: 0.37–1.52) respectively. Females were 0.09 times less likely to go for
 226 praziquantel compared to males, holding other variables constant (AOR= 0.91, 95% CI: 0.67–
 227 1.25). An individual going for praziquantel in the upper Volta Zone was 1.6 times more likely
 228 compared to the Kpong Headpond zone, holding all other variables constant (AOR = 1.6, 95%
 229 CI: 0.93–2.74). There was an increased likelihood of Ewe respondents and other ethnic groups
 230 compared to Akan going for praziquantel both in the adjusted (AOR= 1.02, 95% CI: 0.53-2.02)
 231 and (AOR=1.47, 95% CI: 0.54-3.96) and unadjusted models (COR=1.48, 95% CI: 0.30-2.03) and
 232 (COR = 1.70 95% CI: 0.36-3.37), respectively.

233 Subjects who tested positive for urogenital schistosomiasis were 1.05 times more likely to be
 234 treated with Praziquantel compared to those who tested negative, holding all other variables
 235 constant. In the adjusted analysis, subjects in Ghanakpoe were 6.68 times, Kokontekpedzi 3.13
 236 times, Mangoase 1.47 times, and Nyameben 4.65 times more likely to go for praziquantel
 237 compared to those in the Abume community, holding all confounding variables constant. From
 238 the simple regression, fishers and other occupations produced statistically significant odd ratios
 239 of (COR =2.30, 95% CI: 0.29-1.60) and (COR=1.74, 95% CI: 1.17-6.47) compared to
 240 respondents who were students.

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242 **Table 6:** Stool analysis for Intestinal Schistosomiasis and Praziquantel treatment

		Frequency (f)	Percentage (%)
Stool analysis for <i>S. mansoni</i>	Positive for <i>S. mansoni</i>	2	0.22
	Negative for <i>S. mansoni</i>	206	22.99
	Not applicable	688	76.79
	Total	896	100
Praziquantel treatment	Received treatment	370	41.29
	Did not receive treatment	212	23.66
	Unknown treatment status	314	35.05
	Total	896	100
Subjects from communities with Praziquantel treatment	Abume	58	15.7
	Adjena Dornor	40	10.8
	Ghanakpoe	21	5.7
	Kokontekpedzi	26	7.0
	Mami-Waterkope	110	29.7
	Mangoase	44	11.9
	Nyameben	9	2.4

	Surveyline	62	16.8
	Total	370	100

243 **Table 7:** Bivariate analysis of risk factors with Praziquantel treatment

Variables	Examined (No.)	Treated. No. (%)	Not treated. No. (%)	P-Value
Age group (years)	2-12	432	182 (42.1)	0.646
	13-39	387	160 (41.3)	
	40-82	77	28 (36.4)	
	Total	896	370 (41.29)	
Gender	Male	445	176 (39.5)	0.309
	Female	451	194 (43.0)	
	Total	896	370 (41.29)	
Ethnicity	Akan	57	29 (50.9)	0.243
	Ewe	715	294 (41.1)	
	Others	124	47 (37.9)	
	Total	896	370 (41.29)	
Community	Abume	113	58 (51.3)	0.001*
	Adjena Dornor	106	40 (37.7)	
	Ghanakpoe	139	21 (15.1)	
	Kokontekpedzi	98	26 (26.5)	
	Mami-Waterkope	137	110 (80.3)	
	Mangoase	100	44 (44.0)	
	Nyameben	48	9 (18.8)	
	Surveyline	155	62 (40.0)	
	Total	896	370 (41.29)	
Occupation	Students	613	279 (45.5)	0.001*
	Traders	77	23 (29.9)	
	Farmers	25	12 (48.0)	
	Fishermen	45	12 (26.7)	
	Others	136	44 (32.0)	
	Total	896	370 (41.29)	
Zone	Kpong Headpond	635	268 (42.2)	0.412
	Upper Volta	261	102 (39.1)	
	Total	896	370 (41.29)	
Urogenital schistosomiasis prevalence	Positive	93	30 (32.3)	0.075
	Negative	803	340 (42.3)	
	Total	896	370(41.29)	

Note: *indicates the measured association is statistically significant at $\alpha < 0.05$.

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Table 8: Multivariate logistic regression analysis of factors associated with Praziquantel treatment

Variables	P-value	COR (95% CI)	P-value	AOR (95% CI)
Age group (years):				
2-12	Reference	1		
13-39	0.820	1.03 (1.05-2.66)	0.166	0.77 (0.54-1.11)
40-82	0.344	1.2 (0.64-3.34)	0.423	0.75 (0.37-1.52)
Gender:				
Male	Reference	1		
Female	0.292	0.866 (0.82-1.94)	0.560	0.91 (0.67-1.25)
Zone:				
Kpong Headpond	Reference	1		
Upper Volta	0.388	1.14 (0.70-1.83)	0.089	1.60 (0.93-2.74)
Community:				
Abume	Reference	1		
Adjena Dornor	0.044*	1.74 (0.46-2.20)	0.807	0.88 (0.32-2.41)
Ghanakpoe	0.001*	5.93 (0.85-4.58)	0.001*	6.68 (3.51-12.53)
Kokontekpedzi	0.001*	2.92 (0.45-2.22)	0.002*	3.13 (1.52-6.44)
Mami-Waterkope	0.286	0.26 (1.92-24.26)	0.001*	0.29 (0.16-0.52)
Mangoase	0.001*	1.34 (1.39-17.64)	0.024*	1.47 (0.77-2.82)
Nyameben	0.001*	4.57 (0.07-0.34)	0.001*	4.65 (1.98-10.91)
Surveyline	0.066	1.58 (0.88-4.55)	-	1
Ethnicity:				
Akan	Reference	1		
Ewe	0.153	1.48 (0.30 -2.03)	0.960	1.02 (5.13-2.02)
Others	0.102	1.70 (0.36- 3.37)	0.450	1.47 (0.54-3.96)
Occupation:				
Students		1		
Traders	0.100	1.96 (0.50-2.37)	0.934	0.70 (0.22-2.25)
Farmers	0.810	0.90 (0.27-3.19)	0.903	0.37 (0.076-1.85)
Fishermen	0.020*	2.30 (0.29-1.60)	0.387	0.59 (0.17-2.11)
Others	0.010*	1.74 (1.17-6.47)	0.563	2.17 (0.81-5.81)
Urogenital schistosomiasis prevalence:				
Negative	Reference	1		
Positive	0.060	1.54	0.870	1.05 (0.62-1.75)

252 Note: *indicates the measured association is statistically significant at $\alpha < 0.05$.

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4. DISCUSSIONS

257 Despite the relatively low prevalence (10.4%) of urinal Schistosomiasis observed in the study
258 site, it was noted that the incidence rate varies within communities where the Nyameben
259 community produced a high incidence rate of 38 per 1000 of the population. A general
260 observation of the summary of the estimated annual prevalence rates for these communities since
261 2002 showed that there has been a decline of infection even though, for some of the years, there
262 was a sudden spike in the prevalence. Mangoase, Nyameben, Adjena Dornor, Abume had
263 prevalences of more than 50 % in 2002, with a dramatic reduction to about 10 %, except in
264 Nyameben.

265 The national prevalence of Schistosomiasis in Ghana as at 2010 was 70.9 %, which was
266 slightly lower than the 1986 and 2003 estimates of 72.5 % [22]. A study done in the Zenu
267 community of Ghana by Tetteh-Quarcoop *et al.* (2013) recorded a prevalence of 30.7% [23] an
268 indication of reduced prevalence over time. In Ethiopia, a study done among school children in
269 the Gambella Regional State had a prevalence of 35.9 % [24]. A similar study done in Lusaka,
270 Zambia, also among school-age population recorded a prevalence of 20.72 %, which is much
271 lower than what was observed in this study. A 17.8 % prevalence rate was reported among the
272 Hausa community in Kano State, Nigeria, with no significant difference in the prevalence of
273 urogenital Schistosomiasis (8.3%) and intestinal Schistosomiasis of 8.9 % [11].

274 In this study (see Table 4), individuals below 12 years old had a higher prevalence of
275 schistosomiasis, with 55 infections out of 432 giving 12.7% which was higher than those of 13-
276 39 years with 8.0% (31 out of 381) and 42-82 years with 9.1% (7 out of 77). Respondents below
277 12 years old were likely to be school children, so this prevalence rate met the WHO
278 classification for an endemic area [18]. A 27.4 % urinary Schistosomiasis prevalence rate was
279 reported among respondents between the ages of 11 and 12 years, and 39.1% for 13–14 years old
280 [25]. Agnew-Blais *et al.* (2010) reported a statistically significant associated risk factor among
281 adolescents (13–17 years old) and pre-adolescents (9–12 years old) (AOR =3.26, 95%, CI: 2.15–
282 4.93) and (AOR= 3.33, 95% CI: 2.04–4.79) respectively [26]. Age as exposure to
283 Schistosomiasis infection in this study was not a significant predictor. However, respondents
284 below 18 years old were reported to be a statistically significant predictor of infection [11]. The
285 subjects from Mangoase and Mami-Waterkope communities were 7.14 and 6.36 times,
286 respectively, more likely to be exposed to the disease compared to their counterparts in Abume,
287 adjusting for all the other variables.

288 Out of 896 respondents, males had a higher prevalence of 11.5% (51 out of 445) over females
289 9.3% (42 out of 451) (see Table 4). This outcome was contrary to a similar study conducted by
290 Kabuyaya *et al.* (2017) among school-going children in the Ndumo area in South Africa, which
291 had a prevalence of 60.8 % among females [27]. However, the finding in this study corroborated
292 other studies among school children in Mozambique that males were more at risk [28]. Fulford *et*
293 *al.* (1996) observed that in some communities, females had contracted the disease far more than
294 males across age groups, while in other villages, both genders had almost identical patterns of
295 infection [29]. It is likely that due to gender-role differences, exposure to *Schistosoma*
296 *haematobium* differed slightly between males and females. In some Moslem communities,
297 females are not allowed to swim or bathe in open water sources and also do not participate in
298 fishing and irrigation activities [30]. Moreover, males were more likely to be knowledgeable of
299 the existence of an open water source in their area compared to females, thereby leading to a
300 higher prevalence among the males [31].

301 Concerning occupation, there was higher prevalence among fishermen 15.5% (7 out of 45)
302 than farmers 12% (3 out of 25) and students 11.5% (69 out of 613) (see Table 4). Augusto *et al.*
303 (2009) reported that farmers had a higher prevalence of infection than non-farmers, while
304 housewives had more cases than Government employees and casual workers [28]. The result of
305 this study also supported that of Salwa *et al.* (2016) that individuals with secondary and tertiary
306 education had a high prevalence of 19.9% among those in education and that unemployed
307 individuals also had a higher prevalence of 21.7 % more than the employed [11].

308 The Kpong Headpond zone communities had a higher prevalence rate of urinary
309 schistosomiasis than communities within the Upper Volta Zone. Out of the positive cases, 68
310 (73.1% of 93) were from within the Kpong Headpond zone while 25 (26.9% of 93) were from
311 within Volta zones. Kumbu *et al.* (2016) explored the prevalence of *Schistosoma mansoni*
312 infection in Kisanthu Health zone in the Congo Democratic Republic and reported a high
313 prevalence of schistosomiasis among children in Kipasa compared to other health areas [32].
314 Children in Kipasa are known to make close contact with Lassa and Kiela rivers which shelter
315 snail, intermediate hosts of *Schistosoma* species in the area. The high prevalence in the Kpong
316 Headpond Zone may be due to some of the characteristics studied that might have tipped the
317 balance heavily toward the Kpong zone in terms of the prevalence. The high prevalence in this
318 zone may be significant because the Nyameben community with the highest prevalence of
319 urinary schistosomiasis is situated within it. There was a statistically significant difference
320 between the prevalence of the participatory communities in the study, with Nyameben having a
321 higher prevalence and probably posing a higher risk than the other communities. It may not be
322 surprising because Nyameben is within the Kpong Headpond zone, which had more urinary
323 Schistosomiasis cases. Differences in prevalence among the communities corroborated the
324 findings by Satayathum *et al.* (2006) in Kenya that place of residence was consistently a
325 significant predictor for infection and re-infection. They observed that those at risk had no pipe-
326 borne water and sanitary facilities as well as being in an area with persistently high snail and
327 human infection rates [33]. Toilet facilities were provided in certain areas, but some residents in
328 the study communities still practised open defecation, and in the water, which increases the risk
329 of infection and re-infection. The availability of water and distances of homes from water
330 sources may have played a role in this study, like in those of Pennance *et al.* (2016) and Clennon
331 *et al.* (2004) [34:35].

332 Communities like Mangoase and Ghanakpoe with some settlements away from the water
333 might have accounted for their low prevalence. Mogeni *et al.* (2020) reported that some villages
334 with access to pipe-borne water had overall shorter and fewer water-contact activities than the
335 residents in other villages that had only borehole, wells, and surface water as their main sources
336 of water supply. And that those with piped water were the same ones that had the lowest risk of
337 infection or re-infection [36].

338 Respondents of the Ewe ethnicity had a higher prevalence of urinary schistosomiasis 10.9%
339 (78 out of 715) than those in the Akan ethnic groups with 8.8% (5 out of 57) and the others 8.1%
340 (10 out of 124). These may be attributable to the fact the Ewes comprised 79.8% or 715 out of
341 the total 896 respondents. A study by Sama *et al.* (2007) within the South West Province of
342 Cameroon, noted ethnicity was a significant predictor for schistosomiasis infection with a p-
343 value lesser than 0.05 [37]. Pinot De Moira *et al.* (2010) elaborated in their finding that the
344 influence of ethnicity on infection had been linked to cercarial exposure as opposed to biological
345 differences in susceptibility to infection [38]. In this study, a lower level of schistosomiasis
346 infection was observed in females than males among the Ewes, but there was no clear difference

347 in gender prevalence among the Akan ethnic group. It was reported by Chaula *et al.* (2014) that
348 the influence of gender on the re-infection of schistosomiasis appeared to differ depending on the
349 ethnic groups in Tanzania [39]. This observation could likely be attributed to the occupational
350 distributions from these communities as they registered a lot of school-going children.
351 Respondents from the other ethnic groups in this study were observed to be 57.74 times more
352 likely to be contracting urinary schistosomiasis compared to the Akans, holding all other
353 variables constant.

354 The treatment status of a significant number of respondents 314 (35.05 %) was not available
355 while 212 (23.66 %) had no clear reason for not taking Praziquantel. The remaining 370 received
356 Praziquantel on-the-spot during the testing and evaluation exercise in 2015 and 2016. A study
357 done by Mogeni *et al.* (2020) shows that the treatment of schistosomiasis with praziquantel helps
358 to boost one's natural immunity against the disease, thereby serving as a significant predictor to
359 reduced re-infection [36]. In a study to assess the impact of mass drug administration in Bahi,
360 Tanzania, by Chaula *et al.* (2014), it was observed that there was an increase in uptake of MDA
361 praziquantel from 39.5% in 2011 to 43.6% in 2012, leading to a decrease in the prevalence of *S.*
362 *haematobium* by 50 % from 2011 to 2012 [39]. This finding was synonymous with the
363 observation in this study where urogenital schistosomiasis prevalence was very high in a
364 community like Nyameben with low MDA praziquantel uptake of about 1% and approximately
365 19 % (using the total number of participants who received Praziquantel (370) and the total
366 number of participants (896) in the study, as denominators respectively) and prevalence was low
367 (2%) in communities where the uptake was comparatively higher as seen in the case of Mami-
368 Waterkope. Using the same yardstick, the community recorded an uptake rate of 12.2 % and 80
369 % higher than the rest of the communities. This rate conformed with and surpassed the WHO
370 target coverage of 75 % at the community level. The average uptake or coverage per the eight (8)
371 communities representing the Asuogyaman district stood at 41 %, which is relatively lower than
372 the WHO target coverage of 75 % at the community level. In a study done in the Koome Islands,
373 Central Uganda, Tuhebwe *et al.* (2015) observed that uptake of MDA was more likely if the
374 respondent was knowledgeable about schistosomiasis transmission and prevention, and reported
375 a sub-optimal uptake of schistosomiasis of 44.7 % [40].
376

377 5. CONCLUSION

378 The prevalence rate of schistosomiasis in eight (8) selected communities in the Asuogyaman
379 District of the Eastern Region of Ghana was very high. Urinary Schistosomiasis was more
380 prevalent in some "hotspot" communities like Nyameben, compared to the rest of the
381 communities, and it was more in males than females by 10 %. The study also revealed that there
382 are more cases in the Kpong Headpond Zone as compared to the Upper Volta zone. The
383 prevalence rate of urinary schistosomiasis by the occupation status of the subjects also revealed
384 the rate was much higher among students compared to those in other occupations. The risk
385 factors that were statistically associated with urinary schistosomiasis were the communities of
386 residence of positive cases (Mangoase, Nyameben, and Mami-Waterkope) and ethnic groups
387 other than Akan and Ewe. The Mami-Waterkope with high uptake of Praziquantel had low
388 prevalence while Nyameben with low uptake had a high prevalence of urinary schistosomiasis.

389 The Ministry of Health, Regional, and District Health Directorates should integrate
390 Praziquantel administration into their health-care delivery programmes, as well as intensify
391 public education on the modes of disease transmission among residents of riverine communities

392 to sustain community-wide treatment. Despite the advantages of MDA, the effect is often short-
393 lived with the possibility of reinfection. It is, therefore, the total adherence to personal hygiene
394 and the strict avoidance of getting in contact with infected water bodies that will reduce the
395 infection rate. Hence the need to intensify public education on the mode of transmission of the
396 disease within the riverine communities.

397 Findings from this work will contribute knowledge to science and help inform
398 stakeholders/policymakers on the prevalence of the disease within the participatory communities
399 which could guide further strategies to eradicate the disease. Future research work should
400 consider exploring the qualitative approach to help unearth the prevailing factors influencing the
401 low uptake of the prescribed treatment among residents.

402

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