

Influence of sublethal temperatures on some spore-forming and vegetative foodborne bacteria and impact on hygienic quality of the “foléré” (*Hibiscus sabdariffa*) beverage

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ABSTRACT

Aims: “foléré” beverage is a refreshing locally made drink much appreciated by the populations of the hottest parts of Cameroon. This paper aims at investigating microbial contamination of “foléré” beverage and highlights impact of the sublethal temperatures on the hygienic quality the beverage.

Study design: Design used for describing physicochemical and microbial profile is a random sampling and for impact of sublethal temperature on hygienic quality, we used food matrix simulations.

Place and Duration of Study: Samples: Local markets, between August 2018 and June 2019.

Methodology: The sample pH and soluble solids were recorded using portables devices. Microbial analysis focused on total aerobic mesophilic bacteria, *Escherichia coli*, and spore-forming bacteria were determined according to accredited culture methods. Acidic foléré beverage produced by an artisanal processing was sterilized and inoculated by *Bacillus cereus* T spores and *Escherichia coli* ATCC 25922 cells thermally stressed by pre-incubation at 10°C, 45°C, 50°C or 60°C for 45 min, 90 min and 180 min. The recovery method was used to determine acid pH resistance of both bacteria before and after sublethal thermal processing.

Results: “foléré” beverage is of poor hygienic quality according to standards, despite its very low pH (2.01). Beverages at pH 2.01 and inoculated by each one of referenced bacteria indicated that the samples which contained thermally stressed bacteria were worse hygienic quality than the same ones which contaminated with unstressed bacteria. Some of recovery percentages of bacteria thermally stressed were significantly higher ($P = .05$) than those of same bacteria thermally unstressed after acid treatments. That phenomenon was called thermal-induced bacterial acid resistance.

Conclusion: it appeared that some sublethal cold and heat shock treatments (10°C/45 min, 45°C/45 min, 50°C/90min and 180 min) could negatively affect food quality. So, the control of emergence and evolution of stress-resistant bacteria in food could help improve food safety.

Keywords: Handicraft beverages; sublethal temperatures; cross protection, quality, foléré

1. INTRODUCTION

Beverages are food-grade liquids mainly processed from animal or plant resources which play a predominant role in the diet of African people. Depending on the processing steps, beverages are classified as either alcoholic or non-alcoholic. Amongst the non-alcoholic beverages produced in Cameroon, “foléré” also named “oyoro” is one of the most popular refreshing homemade drinks, highly consumed in this country [1]. The “foléré” beverage is an aqueous nectar from dried calyces of roselle (*Hibiscus sabdariffa* L), a plant from the family of *Malvaceae*. It is an annual bushy branched herb found in tropical and semi-tropical regions of the world mainly in West Africa and the East Indies [2].

48 This plant can grow up to 3.5 metres high, and presents a cylindrical stem, tap root system and a
49 green to red coloured leaves [3]. Therefore, two botanical varieties are recognised, the calyces of the
50 red variety which are mostly used in making drink as “foléré” and soup, while the calyces of the green
51 one are used to cook soup, stew, and sauces [4]. In most Cameroonian cities, the sales and
52 consumption of the “foléré” beverage are important due to the high cost of other non-alcoholic
53 manufactured drinks. The non-alcoholic nature of this handicraft beverage makes it to be readily
54 consumed by both Muslims and Christian alike as a substitute for alcoholic ones. “Foléré” is most
55 especially served in plastic bottles or polyethylene films once it is cool or in glasses for home-
56 brewed ones. The beverage is the source of income for the producers and it is usually sold in the
57 motor parks, school premises, market places and even during social gatherings.
58 “Foléré” beverage is sometimes considered by most consumers as being medicinal. According to the
59 population, frequent consumption of this beverage helps to increase blood rate, prevent and cure
60 many diseases. Indeed, several studies have shown that roselle (*H. sabdariffa*) possesses some
61 positive effects on human health such as prevention and management of anaemia, liver and
62 cardiovascular diseases, malaria, high blood pressure, inflammatory skin disorders, most notably
63 eczema [5-7] and remarkable antimicrobial activity against some pathogens [8,9]. Despite these
64 beneficial effects of roselle to humans, *H. sabdariffa* base-beverages remain nevertheless highly
65 contaminated, and a source of foodborne pathogens and food spoilage bacteria [10,11].
66 Consequently, the beverage of this kind has a short shelf-life (just one or two days at most) and
67 potentially a source of illness. Some researchers have reported that the consumption of beverages
68 related to “foléré” drink contaminated by microorganisms caused enteric fever, gastrointestinal tract
69 diseases, diarrhoea, bacillary dysentery, and food poisoning [10]. Several studies conducted so far in
70 similar drinks to “foléré” beverage like “zobo” drink have shown the presence of many bacteria and
71 fungi [10]. Amongst these bacteria, we have spore-forming bacteria such as *Bacillus cereus* and
72 vegetative cells such as *E. coli* which represent one of the major cause of foodborne poisoning and
73 health concern in many African countries. Moreover, due to their ubiquitous characters and
74 resistances, bacterial spores as those of *B. cereus*, can easily contaminate, persist and spoil food.
75 Despite the acidic character (very sour taste) of these handicraft base-beverages, the poor hygienic
76 nature result from the cross-contamination of used water, raw and packaging materials and the rich
77 phytonutrients and minerals [1,12]. Indeed, acidic environment is often quite effective in controlling
78 microbial growth and largely used to prevent contamination in food [13] but these acid taste beverages
79 are very prone to contamination and sometimes a good room for proliferation of microorganism.
80 Environmental stresses (heating, chilling, acidity, storage) are known to induce response within the
81 bacterial cell. According to the general principle of stress adaptation of Hill et al. [14], bacteria that are
82 withstand to a sublethal stress often become more resistant to the subsequent applications of the
83 same stress (homologous resistance) or to other unrelated stresses (cross-protection). Amongst
84 these, we have the sublethal temperatures that can expose spoilage bacteria and pathogens to similar
85 conditions of cold shock or heat shock. These temperatures which occurred during processing,
86 storage or cooling are able to increase heat resistance and/or acid resistance which results in greater
87 survival of *E. coli* in some commercial manufactured food products [15,16]. The same observations
88 have been done with bacterial spores in experimental conditions but these observations have not yet
89 been extended in food [17-19]. So far, no study has yet reported about the role of sublethal
90 temperatures on the ability of spore-forming and vegetative foodborne pathogens to persist in some
91 locally made African soft and refreshing acid taste drinks as “foléré” beverage. At the time that the
92 adaptation to environmental stresses have received recent attention because of its implications in the
93 food safety, the purpose of this work was to evaluate the effect of sublethal temperatures that may be
94 encountered in food processing, storage and chilling environments on *B. cereus* spores and *E. coli*
95 cells into the locally made “foléré” beverage in order to check the key role of that specific sublethal
96 stress on the hygienic quality of this valuable refreshing drink. Furthermore, microbiological and
97 physicochemical properties of the beverage samples collected in the study field were also explored.

98 2. MATERIAL AND METHODS

99 2.1 Collection of beverage samples and plant material

100 A Hundred and ninety-five samples were randomly collected from sellers of popular markets in far
101 north region of Cameroon. Sampling lasted for ten months, with each market sampled four times on
102 different dates. The samples were collected using capped sterile bottles and transferred to the
103 Microbiology Laboratory for analysis. Dried calyces of roselle (*H. sabdariffa*) used for production of the
104 test beverage samples requisite for simulations of the behaviour of bacteria on acid pH drinks
105 after sublethal thermal treatments were purchased from local markets and taken to the laboratory in
106 sterile cellophane. Dried calyces were subsequently verified, and the test beverage samples were
107 prepared by maintaining the appropriate hygienic standards.

108 2.2 Physicochemical analysis

109 Soluble solids content (°Brix) and pH of "foléré" were measured by a standardized portable
110 refractometer (RHW-25ATC) calibrated at 20 °C and a pH-meter (EQUIP-TRONIC EQ-610)
111 respectively [20]. The pH meter has been pre-calibrated using commercial test solutions
112 (PALINTEST®). The total sugar content was determined according to the refractometric method as
113 describe by AOAC [21] converting the refractive index at 20°C from a reference table. The total
114 titratable acidity (expressed as percentage of malic acid) was evaluated by the alkali-potentiometric
115 method using a 0.1 N sodium hydroxide solution [21]. All measurements were performed three times
116 for each sample.

117 2.3 Microbiological analysis

118 The "foléré" beverage samples were serially diluted in sterile distilled physiological water (NaCl 8.5%)
119 and appropriate dilutions were plated on nutrient agar supplemented with 0,5% cycloheximide, potato
120 dextrose agar (PDA) added with 0.05% chloramphenicol and adjusted at pH 5.2, bubble lactose bile
121 with brilliant green (BLBVB-Difco), eosin methylene blue (EMB) agar + Kovac's reagent, and
122 bromocresol purple glucose agar, for respectively counts of total aerobic bacteria, total fungi, Coliform,
123 *E. coli* and spore-forming bacteria after 10 minutes preheating at 100°C [22]. The nutrient agar, PDA,
124 eosin methylene blue agar and glucose agar plates were incubated respectively at 30°C for 48h, 25°C
125 for 72h, 37°C for 24h, 44°C for 48h, 35°C and 55°C for 48h.

126 2.4 Artisanal processing of "foléré" beverage

127 The "foléré" beverage was prepared using the results of the survey carried out on sixty-five producers
128 distributed in the main town of the country. Dried calyces of *H. sabdariffa* were manually cleaned by
129 handpicking stones and other unwanted debris. They were then thoroughly washed separately using
130 sterile deionized water. Fifty (50) grams of already cleaned calyces of *H. sabdariffa* was added to 500
131 ml hot boiling distilled water and was left to stand for 15-45 min to extract the nectar. The hot, red-
132 coloured aqueous nectar was filtered using a sieve or cotton wool into a plastic bowl and tightly
133 covered. After cooling, 30 g of grounded sugar was added to the red filtrate obtained as described
134 above and homogenized to make a complete "foléré" beverage [23].

135 2.5 Microorganism and spore production

136 Two bacterial genera were used to the testing effect of sublethal temperatures on acidic conditions of
137 "foléré" beverage: *E.coli* O157: H7 obtained from ATCC reference strains collection and *B. cereus* T
138 originating from the collection of the Microbiology Laboratory, Institute of Food Research of Reading,
139 UK. For spore production, an active culture 100°C preheated for 10 min was introduced in the freshly
140 prepared thioglycolate broth during 24 h at 35°C, and sporulation was carried out in the fortified
141 nutrient agar as previously described [22]. After the spore crop was washed twice and re-suspended in
142 sterile distilled water. The spore suspensions were stored at 4°C for 3 months to ensure their stability
143 before use.

144 2.6 Sublethal thermal treatments

145 Using the method describe by Bayoï et al. [22], the thermal treatments are performed at 10°C, 45°C,
146 and 50°C for *E.coli* vegetative cells, and at 10°C, 45°C, 50°C and 60°C for *B. cereus* spores
147 suspension, using a cooling system (SUPERSER) and a water bath equipped with a stirring and

148 circulation system (MEMMERT). For each temperature, submission time was 45, 90 and 180 min. A
149 volume of 10 ml of cells suspension ($3,2 \times 10^9$ cells/ml) was filled in a pyrex tube covered with a cap
150 and then introduced into the cooling system or a water bath previously set.

151 2.7 Simulation of behaviour of microorganisms in acid “foléré” beverage

152 To perform this simulation, the adapted method described earlier by Bayoï et al. [22] was used. Firstly,
153 fifty microliters of thermally unstressed bacteria ($3,2 \times 10^9$ cells/ml) of each bacteria was used to
154 contaminate 4.65 ml of pasteurized “foléré” beverage stabilized at the mean pH 2.01 of sampled drink
155 (pH < 4.5). Then, homogenize acid mixture preparation was neutralized with 0.3 ml of 0.1N NaOH
156 solution after 45, 90 and 180 min of incubation at laboratory temperature. Secondly, fifty microliters of
157 thermally stressed bacteria (10, 45, 50 and 60°C) was then used to contaminate another group of 4.65
158 ml of pasteurized “foléré” samples, and the set was put at the same conditions as above. One hundred
159 microliters of appropriate decimal dilution of each contaminated preparation were spread on Eosin
160 Methylene Blue (EMB) agar + Kovac’s reagent, and bromocresol purple glucose agar respectively for
161 *E.coli* cells and *B.cereus* heat-activated spores. The plates were incubated for 24 h at the optimal
162 growth temperature of each species. Each experiment was performed three times and the seeding is
163 done in triplicate. The number of colony-forming units (cfu) were counted and expressed in terms of
164 recovery percentage using the formula below:

$$165 \text{Recovery percentage (\%)} = (\text{number of cfu from contaminated acidic samples} / \text{number of cfu from} \\ 166 \text{contaminated control sample}) \times 100$$

167 2.8 Statistical analysis

168 The results of physicochemical parameters, microbial counts and acid pH resistance by recovery
169 percentage were expressed in terms of mean \pm standard deviation. The comparison of means was
170 made using ANOVA (analysis of variance) one-way with the STATGRAPHICS software Centurion
171 version 16.1 for Windows. When analysis of variance revealed a significant effect ($P = .05$), the data
172 means were compared by Tukey’s multiple HSD comparison test.

173 3. RESULTS

174 3.1 Physicochemical parameters of “foléré” beverage

175 Table 1 shows the physicochemical profile of the “foléré” samples. We noticed a mean pH value of
176 2.01, this gives the samples analyzed, like beverages with good quality relative to pH and according to
177 CODEX-STAN 243. According to the same table, the drink samples showed an average total acidity
178 value from 1.34 % which can be considered as too low. All the samples recorded different soluble
179 solids content whose mean value was 8.27 °B and the sugar content average was 143.7 g/l.

180 **Table 1. Physicochemical profile of “foléré” beverage samples sold in the local markets**

pH	Total Titratable Acidity (%)	Soluble Solids (°B)	Total Sugar (g/l)
2.01 \pm 0.14*	1.34 \pm 0.07	8.27 \pm 0.15	147.3 \pm 7.2

181 *: This mean value was used to stabilize the pH value of the laboratory produced beverages samples. Values are
182 presented as mean \pm standard deviation

183 3.2 Microbiology of “foléré” beverage

184 Table 2 shows the microbiological profile of “foléré” beverage samples sold in the local markets of the
185 far-north region, Cameroon. The results revealed average counts of 4.2×10^6 cfu/ml and 5.1×10^5 cfu/ml
186 of aerobic plate count (APC) and total fungi (yeast and moulds) respectively. This shows high levels of
187 contamination which are beyond the permissible limits for liquids ready for consumption, based on the
188 APC (10^5 cfu/ml) and fungi (10^4 cfu/ml) from Food Quality Check Programme Microbiological
189 Recommendations [24]. The total coliforms, thermo-tolerant coliforms and *E. coli* counts showed
190 respectively mean values of 1.53×10^4 cfu/ml, 1.3×10^4 cfu/ml and 7.2×10^3 cfu/ml above the acceptability
191 limits. Total aerobic spore-forming bacteria counts are very beyond the permissive limits ($< 10^3$ cfu/ml)
192 with respective values of 2×10^5 and 3.7×10^6 cfu/ml for thermophilic and mesophilic bacteria.

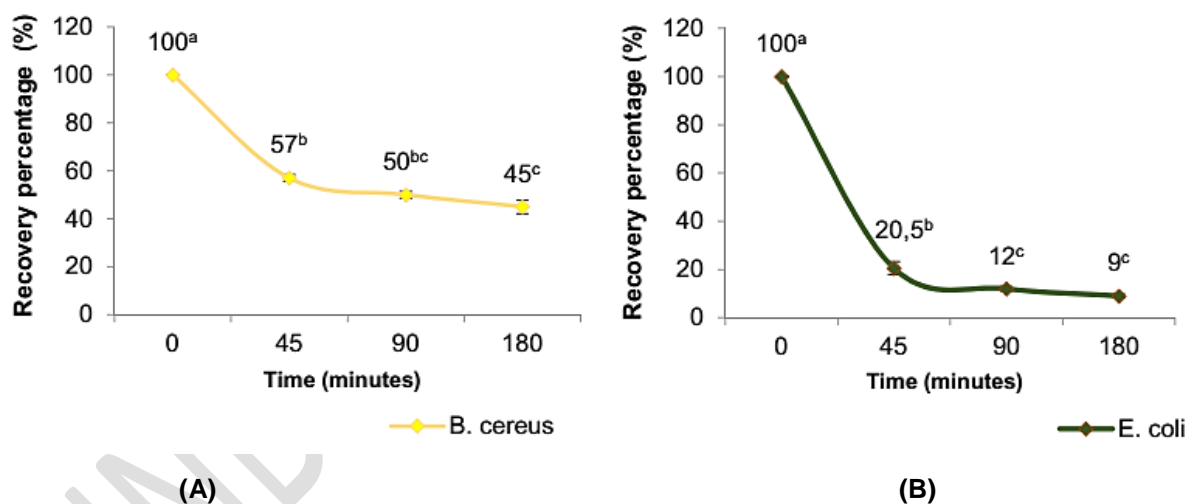
193 **Table 2. Microbiological profile of “foléré” beverage samples sold in the local markets**

Flora	Load (cfu/ml)	Norms
Total aerobic plate count	$(4.2 \pm 0.7) 10^5$	$< 10^5$
Total fungi	$(5.1 \pm 0.6) 10^5$	$< 10^4$
Total Coliforms	$(1.53 \pm 0.02) 10^4$	0
Thermo-tolerant Coliforms	$(1.3 \pm 0.2) 10^4$	0
<i>E. coli</i>	$(7.2 \pm 1.3) 10^3$	0
Aerobic mesophilic spore-forming bacteria	$(3.7 \pm 0.08) 10^6$	$< 10^3$
Aerobic thermophilic spore-forming bacteria	$(2.0 \pm 0.1) 10^5$	$< 10^3$

194 *Values are presented as mean ± standard deviation*

195 **3.3 Behaviour of microorganism in acid “foléré” beverage before and after sublethal**
 196 **treatment**

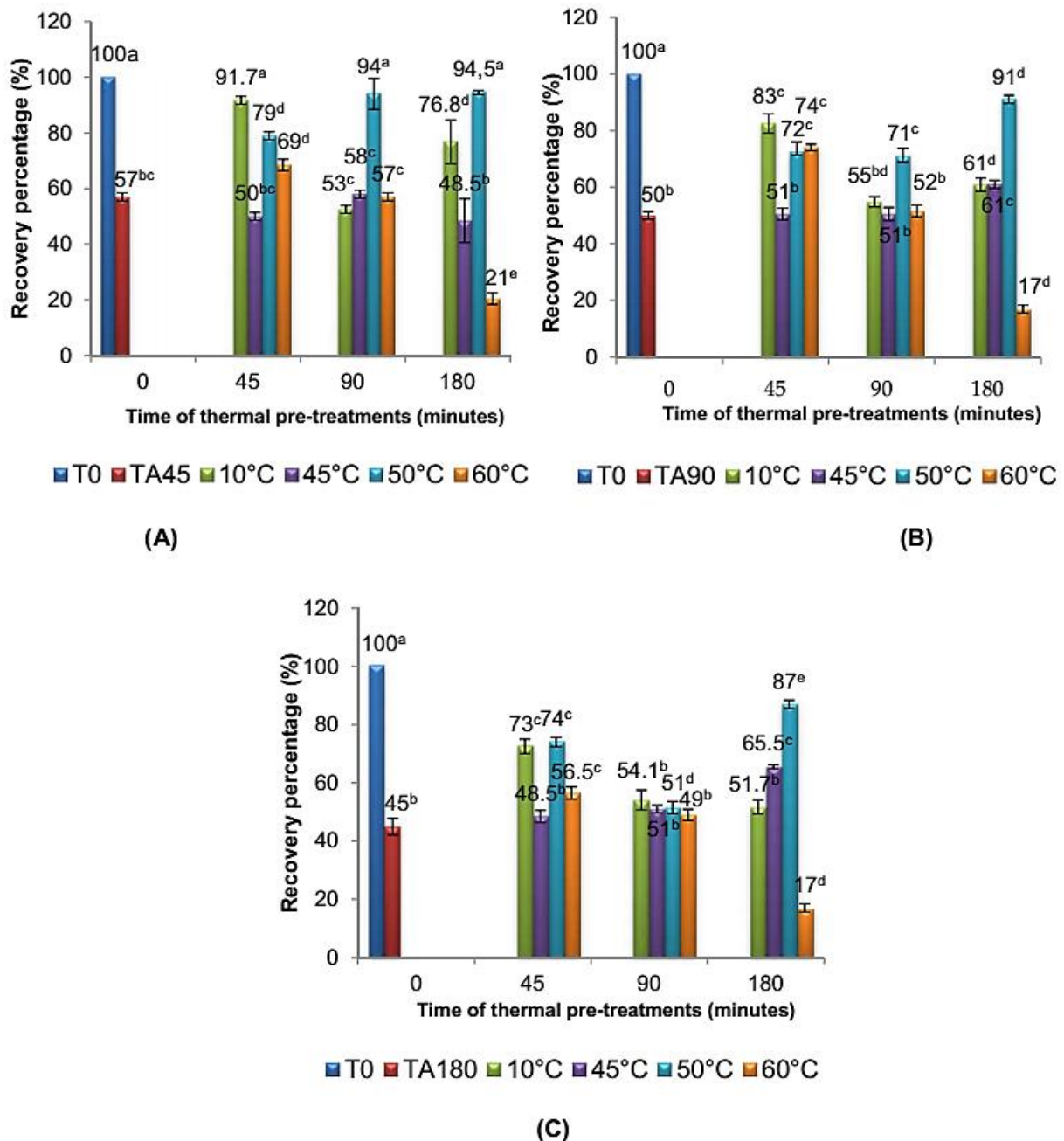
197 Figure 1 showed the effect of “foléré” beverage pH 2.01 on thermally unstressed *B. cereus* spores and
 198 *E.coli* cells. We found that “foléré” beverage at pH 2.01 is significantly effective ($P = .05$) both on
 199 spore-forming bacteria (*B. cereus*) and vegetative bacteria (*E. coli*), and this from 45 minutes of
 200 treatment with the acidic beverage. At that time, we obtained with reference to control the reduction of
 201 recovery percentage to 57% and 20.5% respectively for unstressed *B.cereus* spores and *E. coli* cells.
 202 The decreasing of recovery continued to 45% and 9% at 180 minutes with the same unstressed
 203 bacteria. These results clearly showed that the acidic beverage pH 2.01 is more significantly effective
 204 ($P = .05$) on *E. coli* cells compared to *B. cereus* spores. Indeed, spore-forming bacteria are more
 205 resistant to physical and chemical agents than vegetative cells.



206
 207 (A) (B)
 208 **Fig. 1. Effect of acidic “foléré” beverage at pH 2.01 on thermally unstressed *B. cereus* spores**
 209 **(A) and *E. coli* cells (B).** Mean values preceded by at least one common letter (a, b, or c) are not significantly
 210 different ($P = .05$) according to ANOVA analysis and Tukey’s multiple HSD comparison test. Errors bars below
 211 different means values represent standard deviation.

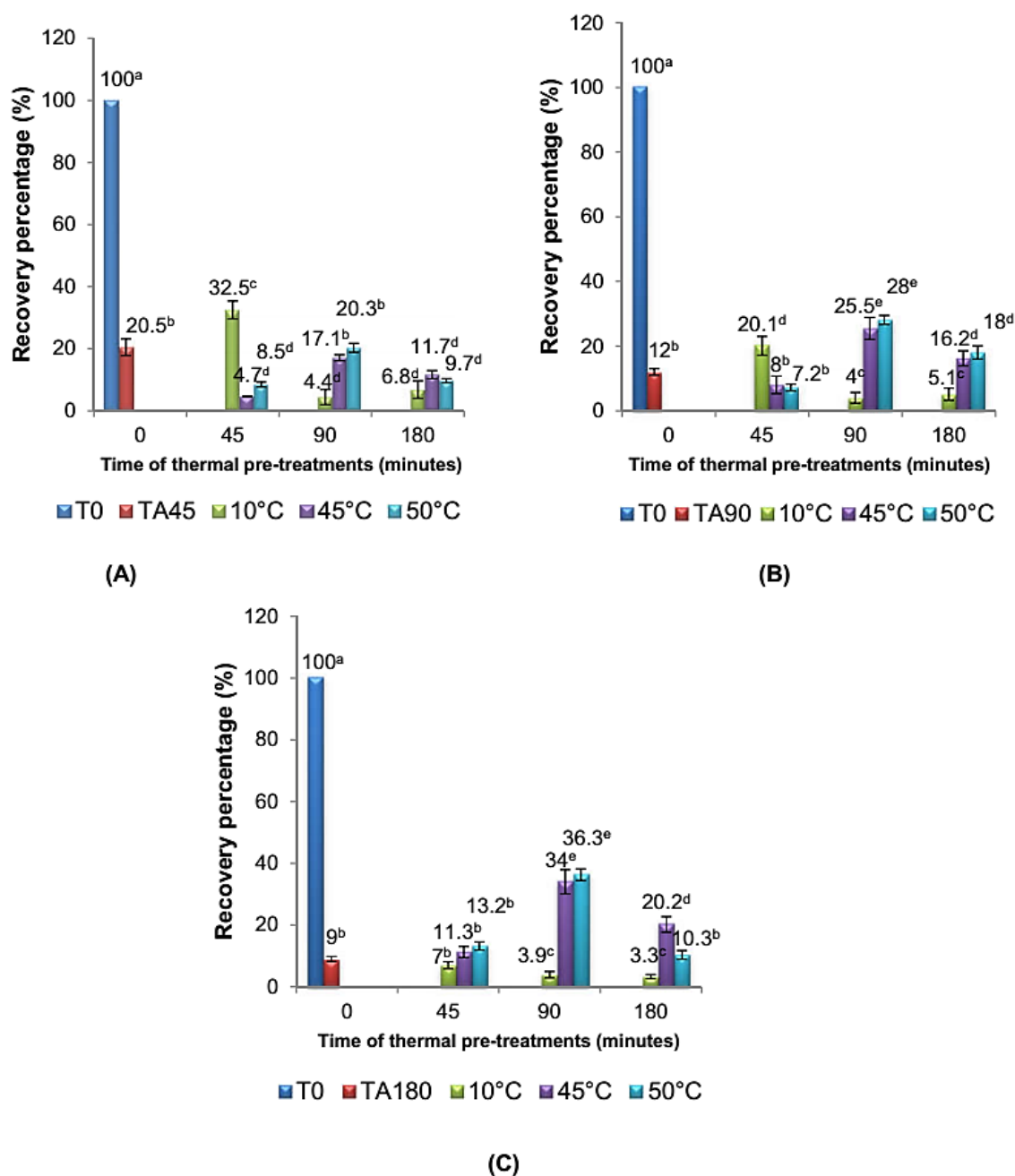
212 The histograms of figure 2 show recovery of colonies from thermally unstressed (TA45, TA90 or
 213 TA180) and stressed (10°C, 45°C, 50°C, and 60°C) *B. cereus* spores introduced and left into “foléré”
 214 beverage pH 2.01 during 45 min, 90 min and 180 min. We found that the recovery percentages
 215 obtained from *B. cereus* spores thermally stressed at 10°C for 45 min (91.7%, 83%, 73%) and 180 min
 216 (76.8%, 61%), 45°C for 180 min (61%, 65.5%), 50°C for 45 min (79%, 72%, 74%), 90 min (91%, 71%)
 217 and 180 min (94.8%, 91%, 87%), 60°C for 45 min (69%, 74%, 56.5%), before their introduction into
 218 the pasteurized “foléré” drink were significantly higher ($P = .05$) than the recovery percentages of
 219 colonies from spores thermally unstressed and subjected to the action of the same acidic beverage for
 220 45 min (57%), 90 min (50%) and 180 min (45%). The histograms of figure 3 present recovery of
 221 colonies from thermally unstressed (TA45, TA90 or TA180) and stressed (10°C, 45°C and 50°C) *E.*

222 *coli* cells put into pasteurized acidic “foléré” beverage for 45, 90 and 180 minutes at pH 2.01. We
 223 observed that recovery percentages of colonies obtained from thermally stressed *E. coli* cells at 10°C
 224 for 45 min (32.5%, 20.1%), 45°C for 90 min (25.5%, 34%) and 180 min (16.2%, 20.2%) and 50°C for
 225 90 min (28.1%, 36.3%) prior bring to the pasteurized acidic beverages samples were significantly
 226 higher ($P = .05$) than recovery percentages of colonies obtained from thermally unstressed *E. coli*
 227 subjected to the action of the same acid beverage pH 2.01 during 45 min (20.5%), 90 min (12%) and
 228 180 min (9%). We also noticed that recovery percentages of two bacteria species automatically
 229 decreased when the sublethal thermal pre-incubation at 10°C were performed at least for 90 min.
 230 Which means that low temperatures are more effective on raising of recovery percentages of bacteria
 231 in acid conditions for the short-time pre-incubations.



232
 233 **Fig. 2. Recovery of colonies from thermally unstressed (TA45, TA90 or TA180) and stressed**
 234 **(10°C, 45°C, 50°C, and 60°C) *B. cereus* spores introduced in “foléré” beverage pH 2.01 for 45**
 235 **minutes (A); 90 minutes (B); and 180 minutes (C). T0: Control; TA45, TA90, TA 180: acidic**
 236 **beverage contaminated with unstressed bacteria for 45, 90 and 180 min. Error bars below different**

237 mean values represent standard deviation. Mean values not followed by at least one same letter (a, b, c, d or e)
 238 differ at 5% level of significance according to the ANOVA analysis and Tukey's multiple HSD comparison test.



239
 240 **Fig. 3. Recovery of colonies from thermally unstressed (TA45, TA90 or TA180) and stressed**
 241 **(10°C and 45°C) *E. coli* cells introduced in Foléré beverage at pH 2.01 for 45 minutes (A); 90**
 242 **minutes (B) and 180 minutes (C). T0: Control; TA45, TA90, TA 180: acidic samples at pH 2.01**
 243 **contaminated with unstressed bacteria for 45, 90 and 180 min respectively. Error bars below**
 244 **different mean values represent standard deviation. Mean values not followed by at least one same letter (a, b, c,**
 245 **d or e) differ at 5% level of significance according to the ANOVA analysis and Tukey's multiple HSD comparison**
 246 **test.**

247 **4. DISCUSSION**

248 The average pH value of 2.01 of our beverage samples is somewhat similar to that obtained by
 249 Agassounon et al. [20] in Benin on a similar juice. Indeed, these authors revealed that the pH of the
 250 samples of similar beverage submitted for analysis ranged from 2.41 ± 1.1 to 4.08 ± 0.15 . The same
 251 findings were observed with other similar local drinks [7,10]. The low pH value of the beverages was

252 due to the acidic nature of dried roselle calyces used in the production of the beverage [7,25]. This
253 plant is characterized as highly acidic plant rich in organic acids like oxalic, tartaric, malic and succinic
254 acids [26]. The low values of pH can be correlated to the low total acidity values of the beverages
255 samples. With similar drinks, Bolade et al. [25] obtained total acidity values ranging between 1.5-2.3%
256 which are very close to total acidity mean value of "foléré" beverage (1.34%). The variation of total
257 soluble solids and sugar content can be explained by the quantity of sugar added to reduce the sour
258 taste of the roselle calyces nectar. The addition of the sucrose sugar depended on the vendor's
259 preference as there is no yet stated and controlled recipe for the production of the "foléré" beverage
260 [7].

261 The high level of yeast and moulds can be explained by their ability to grow in an acidic environment
262 and the rich nutrient composition milieu like roselle drink [27] and high water activity in this beverage.
263 The origin of fungi can be associated with *Hibiscus* calyces. Adebayo and Samuel [28] showed that
264 *Aspergillus*, *Fusarium*, *Penicillium* and *Rhizopus* were the main fungal genera associated with dried
265 *Hibiscus sabdariffa* calyces. Indeed, in the open market, *Hibiscus sabdariffa* calyces are displayed in
266 large bowls and polyethylene bags for prospective consumers, and in the process, exposed to
267 microbial contamination [12]. We noticed remarkable loads of Coliforms and *E. coli* in our "foléré"
268 beverage samples beyond the permissible limits which probably confirm a highly contamination of
269 beverage. These microorganisms are faecal indicators, and their presence in the "foléré" beverage
270 indicates the presence of faecal or sewage contaminants introduced into the food by the use of
271 contaminated water or contamination from the unsanitary environment and equipment or via human
272 handler or operators [29]. Their presence also provides evidence of the very poor hygienic quality of
273 this homemade beverage. The sampled "foléré" beverage indicated a quite important aerobic spore-
274 forming bacteria which can be from the *Bacillus* genus [11,12]. Agbobatinkpo et al. [30] showed that
275 six species of the *Bacillus* genus amongst which *Bacillus cereus* predominated in *Hibiscus sabdariffa*.
276 Lücking et al. [31] suggested that the contamination by spore-forming bacteria could have come from
277 raw materials. Consequently, it appeared that poor quality of dried calyces used is targeted to explain
278 the presence of spore-forming in sampled "foléré" beverage. Their presence can also be explained
279 both by the extraordinary resistance to environmental stress (acidity, heat, chemical disinfectant) and
280 the ubiquitous nature of these biological contaminants [32]. Omemu et al. [33] suggested that the
281 presence of bacteria in homemade non-alcoholic beverages produced with a boiling method is
282 indicative of post-production contamination during the addition of sugar and other additives.
283 Contamination of the "foléré" beverage can occur during cooling of the hot extract, addition of flavours
284 and sweeteners, or dispensing of the nectar into nylons and bottles wrapping. Utensils and water
285 used during the post-heating stages can also serve as a source of contamination [10]. Maiworé et al.
286 [1] have identified water used during the processing as the major source of contamination of locally
287 made beverages.

288 The efficiency of "foléré" beverage pasteurized on unstressed bacteria is linked to the very low pH
289 (2.01) of the beverage and could be explained either by acidification of the protoplast. Lambert and
290 Stratford [34] suggested that at acid pH, the organic acids of "foléré" beverage are in an undissociated
291 form which allows them to easily cross the cell membranes. Once inside the cell, these acids will
292 dissociate and induce proton release, which will result to a decrease of the internal pH of the cell that
293 can induce a targeted inhibition of keys metabolic enzymes, the complexation of bivalent cations
294 cofactors, the inhibition of proton pump H⁺/ATPase and cationic permeases. All these events will
295 probably be aimed at slowing down or completely stopping metabolism in non-spore-forming bacteria
296 like *E. coli* cells and reinforcing metabolic inertia and dormancy in spore-forming bacteria such as
297 spores of *B. cereus*.

298 The increasing of the recovery percentages observed after some sublethal thermal pre-treatments of
299 spores of *B. cereus* and vegetative cells of *E. coli* may imply an enhancement in resistance of both
300 foodborne bacteria to the acid pH food environments. Many authors [19,22,35] suggested similar
301 findings, but in non-food environments, corroborating a "thermal-induced resistance" phenomenon. In
302 the spore-forming bacteria, this likely raising of the acid pH resistance, translated by a rise of recovery
303 percentages after sublethal thermal pre-treatment could be explained by structural modifications of the
304 spore-forming bacteria molecules, mainly those of the different tunics, and the inner membrane as
305 proteins and lipids. These molecules would undergo conformational changes in the presence of
306 sublethal cold, milder, and warmer temperatures, which could lead to the reduction of spore
307 permeability with respect to chemicals in general and acids in particular [22]. In the vegetative cells of

308 *E. coli*, this probable increasing of the acid pH resistance could be linked with the heat shock proteins
309 synthesis. Wang and Doyle [35] have clearly shown that the induction of acid resistance by thermal
310 stress involves the synthesis of new proteins. According to these authors, two proteins of 15 KDa and
311 22 KDa were synthesized at the outer membrane during the sublethal heat stress. The sequences of
312 these proteins revealed that the first 10 amino acids of the NH₂-terminal portion of 22 KDa protein
313 were Met-Ser-Lys-Ile-Asn-Thr-Lys-Ile-Lys-Pro while the NH₂-terminal portion of 15 KDa protein
314 corresponded to Met-Ile-Thr-Gly-Ile-Gln-Ile-Thr-Lys-Ala. Indeed, these two proteins are subunits of an
315 alkyl hydroperoxide reductase probably involved in the transport of protons out of the cell [35].
316 Moreover, it showed that one of the responses of vegetative cells to sublethal cold temperature was
317 the synthesis of 7 kDa cold shock proteins (CSPs). At least 15 different cold shock proteins were
318 induced in *E. coli* [13]. These proteins are involved in a variety of essential functions such as
319 recombination in *E. coli* and may be implied on activation of acid resistance protein system which
320 neutralizes the protons entering in the cell and contributes to increasing of internal pH [36]. The
321 "thermal-induced resistance" phenomenon observed both in foodborne spore-forming and vegetative
322 bacteria used in this study after the sublethal thermal pre-treatment could be called, "thermal-induced
323 bacterial acid resistance" phenomenon.

324 5. CONCLUSION

325 This work showed that the physicochemical parameters of "foléré" beverage are very interesting like
326 the very acidic pH (2.01). However, we observed high contamination of "foléré" beverage beyond the
327 acceptable limits. This can be a public health hazard, as these microorganisms can be responsible for
328 some diseases, ranging from foodborne illness to food poisoning. Although the contamination of this
329 local beverage is probably a post-production event, it appears that sublethal temperatures may play a
330 major role in the emergence of a mechanism that would allow bacteria to withstand acidic conditions.
331 This mechanism known as "thermal-induced bacterial acid-resistance" may contribute to the spoilage
332 of acidic beverages. We found that "thermal-induced bacterial acid-resistance" phenomenon varies
333 according to the intensity and time of sublethal thermal stress, the nature and biophysical form of the
334 bacteria, but it was more important when spore-forming bacteria were pre-incubated at 10°C for 45
335 min, 50°C for 180 min and vegetative bacteria were thermally stressed at 45°C for 45 min and 50°C
336 for 90 min prior acid treatment at pH 2.01. Despite the progress of knowledge on the emergence of
337 this phenomenon, it appears necessary in further studies to extend the demonstration of that one in
338 other locally made beverages as alcoholics ones which are potentially recoverable at a semi-industrial
339 scale.

340 COMPETING INTERESTS

341 "The authors declare no conflict of interest."

342 AUTHORS' CONTRIBUTIONS

343 Author BJR designed the study, performed the statistical analysis, wrote the protocol, and wrote the
344 first draft of the manuscript. Authors DDR and Author EEF managed the analyses and interpretation of
345 data from the study. Authors DDR and EFX managed the literature searches, read and corrected the
346 first draft of the article. All authors read and approved the final manuscript.

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