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3 **Heterotopic gastric mucosa in the gallbladder**
4 **simulating a tumor: A case report**
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8 **Abstract:**

9 Heterotopia is defined as an ectopic localization of normal tissue; the heterotopia of the
10 gastric mucosa can be observed all along the digestive tract. The localization in the
11 gallbladder is exceptional. The diagnosis is histological, it may present some complications
12 including ulceration and the risk of cancerization.

13 We report the case of heterotopia of the gastric mucosa in the gallbladder while presenting
14 the clinical, radiological and therapeutic features of this exceptional lesion.

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16 **Keywords:** heterotopic gastric mucosa, gallbladder, Surgery, Histology
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19 **Introduction:**

20 Heterotopic or ectopic tissue is a congenital anomaly, which is defined as the presence of
21 the tissue outside its normal location, without neural, vascular, or anatomic connection with
22 the main body of an organ in which it normally exists. Pancreatic and gastric heterotopia are
23 the two predominantly occurring heterotopic tissues in the gastrointestinal tract.[1]

24 Heterotopic gastric tissue can be found in the entire gastrointestinal tract. Rarely, it can be
25 found in the gallbladder. [2]
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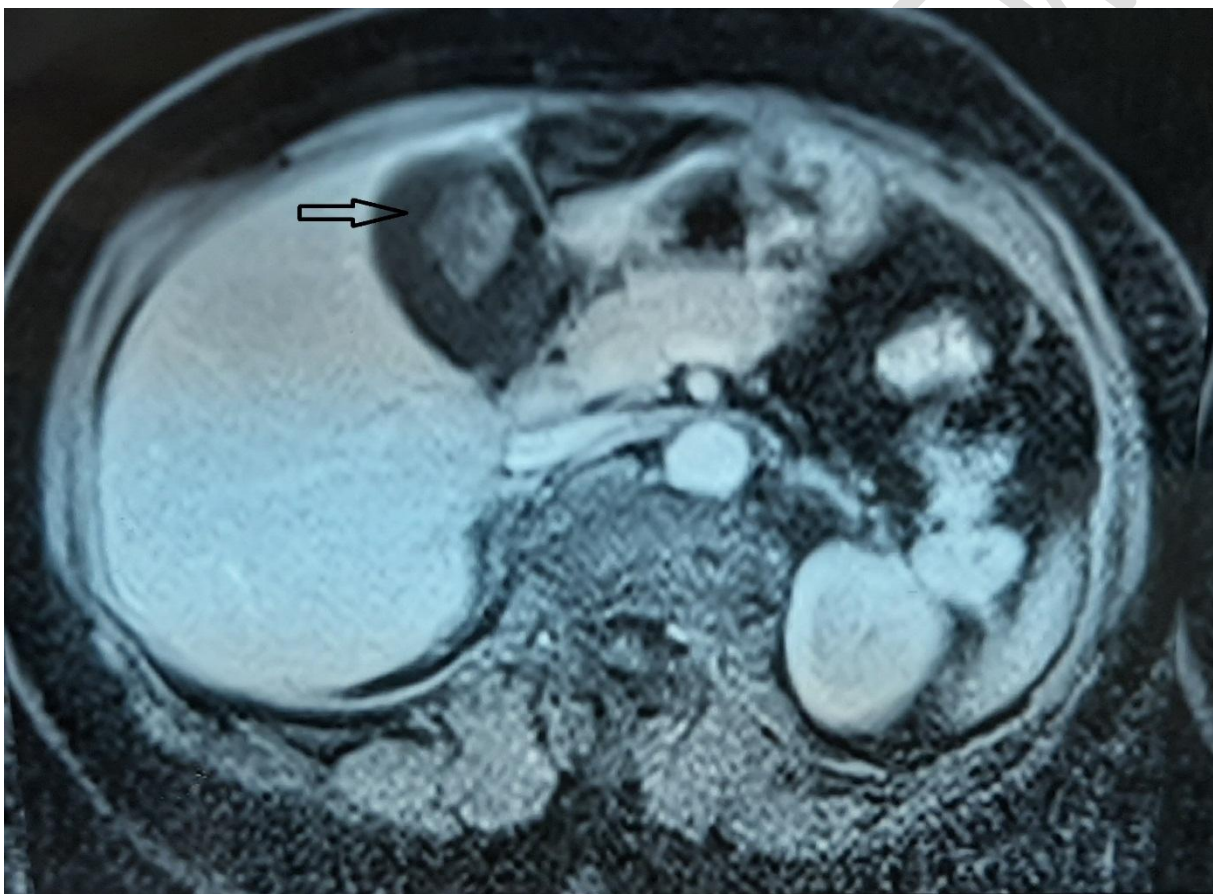
29 **Case report:**

30 We report the case of a 68-year-old female patient, followed for HTA on Amlodipine and
31 dyslipidemia on simvastatin, who for the last 1 year has had right hypochondrial pain

32 radiating to the right shoulder, without clinical cholestasis syndrome or other associated
33 signs, the whole evolving in a context of apyrexia and conservation of the general state.

34 The clinical examination found sensitivity in the right hypochondrium. The abdominal
35 ultrasound had objectified a gallbladder including sludge, with presence of a hyperechogen
36 mass, homogeneous irregular contours, vascularized Doppler at the fundus of the
37 gallbladder. The laboratory data showed elevated Gama GT level at 276UI / L. A biliary MRI
38 revealed at the fundus of the gallbladder, a biliary lesion process, connecting to the anterior
39 wall in intermediate signal T1, hypersignal T2, enhancing heterogeneously after Gadolinium
40 injection, measuring 21x21x13mm, integrity of vesicular wall, liver and perivesicular fat
41 related to an endo vesicular tumor process, without dissemination to the liver parenchyma.

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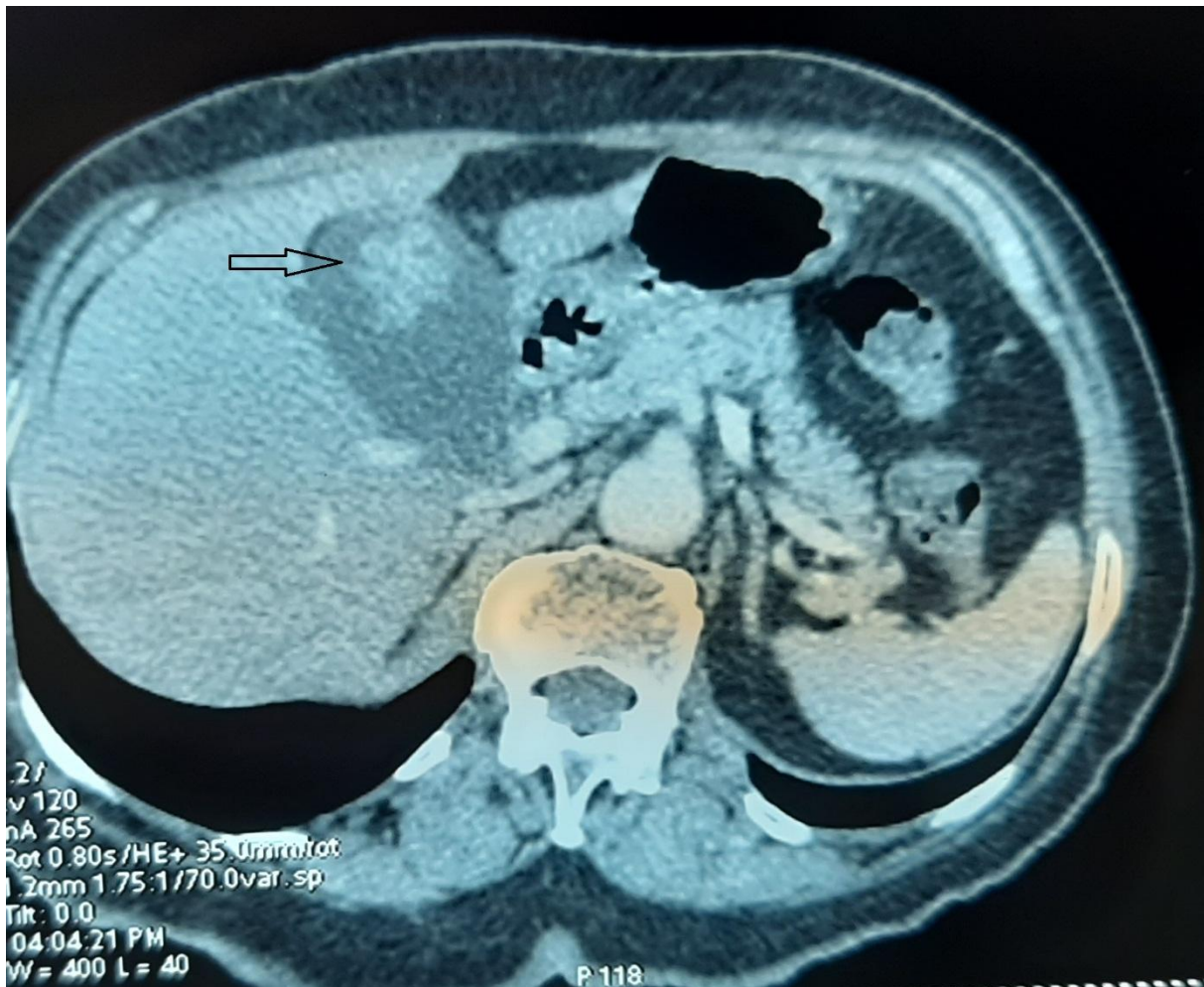
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44 **Figure 1:** biliary MRI image in axial section: budding lesion process at the fundus of the gallbladder

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46 Abdominal CT showed a distended gallbladder with an endoluminal budding formation,
47 irregular contours apiece to the thickened fundus wall, measuring 20.5x19.5x10.5mm, no
48 dilatation of VBH or VBEH. Aspect of a tumoral process of the gallbladder.

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51 **Figure 2:** Abdominal CT scan in axial section after contrast injection showing at the fundus of the
 52 gallbladder an endoluminal formation.

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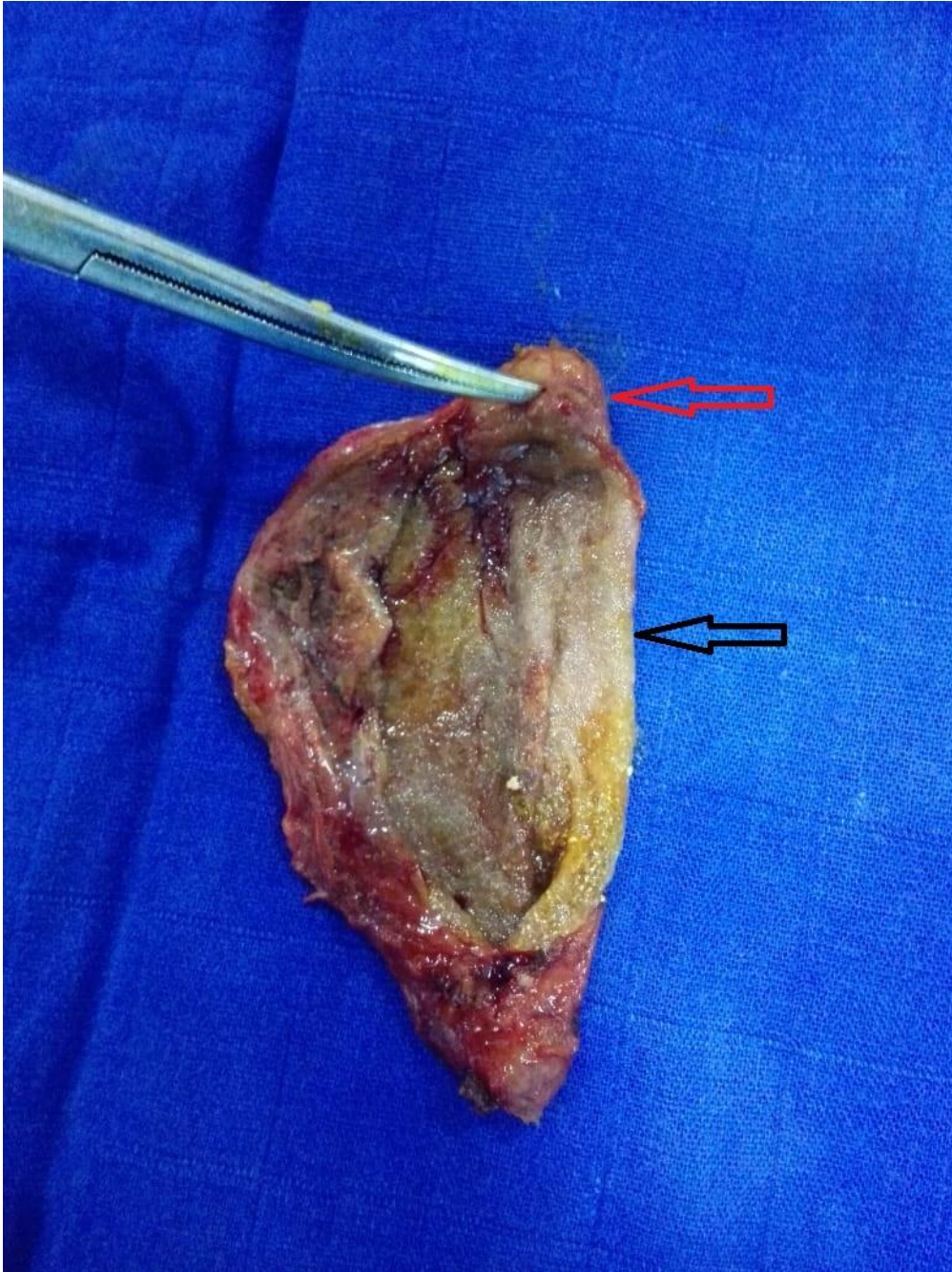
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55 The tumor markers carbohydrate antigenic determinant 19-9 (CA 19-9) and
 56 carcinoembryonic antigen (ACE) were normal.

57 The intervention consisted of a cholecystectomy with right costal laparotomy, the
 58 anatomopathological study of the part, which had Macroscopically shown that the wall of
 59 the vesicular fundus including a polypoid formation remaining at 5cm from the neck, this
 60 wall is the seat thickening. Microscopically, the polypoid formation described above is a
 61 vesicular mucosa raised by a gastric mucosa of pyloric type gland, bordered by regular cells,
 62 with basal nucleus, and with fine chromatin, without mitosis analyzable, the axis polyp is
 63 fibro-vascular

64 The vesicular coating elsewhere is regular, without signs of dysplasia, with lesions of chronic
 65 cholecystitis.

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Figure 3: the gallbladder with gastric mucosa (red arrow) and mucous membrane of the gallbladder (black arrow)

71 **Discussion:**

72 Heterotopia, from the Greek “heteros” (different) and topos (“location” or “localization”) is
73 defined as the occurrence of normal tissue in abnormal location, the heterotopia of the
74 gastric mucosa can be observed all along the digestive tract [3, 4], from the tongue [5,6] to
75 the rectum [7, 8] and the anus [9]. The localization in the gallbladder is exceptional. The first
76 case of HGM in the gallbladder was reported in Hungary in 1934 [10]. In Japan, 19 cases have
77 been reported to the present, since the first case reported by Tomita in 1977 [11]; 45 cases
78 in Europe by Xeropotamos [12] and Vallera [13]

79 Two pathophysiological hypotheses have been put forward to explain the heterotopia of the
80 gastric mucosa: metaplasia and ectopic differentiation. Ectopic differentiation is of
81 embryonic origin and may involve the epithelium of the digestive tract as well as hepatic and
82 pancreatic parenchyma; all structures emanating from the primitive intestine. Given the
83 common origin of these tissues developed from the primitive intestine, which is lined with
84 pluripotent cells capable of differentiating into several lineages, it is likely that heterotopia
85 of the gastric mucosa results from an ectopic localization. congenital tissue and that
86 pluripotent cells differentiate from an abnormal location. Metaplasia is defined as an
87 acquired change from one tissue to another; it is usually induced by chronic
88 inflammation.[14]

89 Previously, a male predominance was described in the literature. [15]

90 Gastric heterotopia in the gall bladder may be asymptomatic or in the form of pain in the
91 right hypochondrium radiating to the right shoulder, as in our patient's case. [16-17]

92 Previously, findings regarding serological parameters have been rarely described in the
93 literature. [18]

94 Imaging modalities are of special importance in gallbladder diagnostics. The most common
95 and most accessible modality is ultrasound. In ultrasound, heterotopic gastric mucosa
96 depicts itself as a polypoid mass either broad based or sessile. Another form can be shown
97 as a focal wall thickening. Sometimes, it can present as a cystic lesion in the event of
98 secreting gastric mucus without a possibility of draining. The solid mass is usually
99 hyperechoic, less commonly isoechoic, ranging in size from 0.5 to 3 cm.

100 Regarding CT-findings, lesions were slightly hyperdens. There is paucity of MRI data
101 regarding heterotopic gastric mucosa. [19]

102 Histopathological diagnosis of gastric heterotopia is based on the presence of fundic or
103 pyloric mucosa replete with parietal and chief cells. The heterotopic gastric tissue is mostly
104 situated in the neck of the gallbladder or cystic duct [20]

105 Some potentially important complications must also be considered when we deal with
106 heterotopic gastric mucosa in the gallbladder, including ulceration of the gallbladder and
107 possible malignant changes. Although a few cases of mucosal ulceration have been reported
108 in the English-language literature [21-22], no cases of mucosal ulceration have been
109 reported in Japan. This low frequency of mucosal ulceration has been attributed to the
110 ability of the alkaline contents of the bile to neutralize acidic contents. Many Authors [23]
111 suggested that heterotopic gastric mucosa may have the potential for carcinogenesis, as a
112 polyp, but so far no cases of malignant changes have been reported.

113 Heterotopia of the gastric mucosa is a differential diagnosis of polyps of the gall bladder,
114 especially in the elderly. A cholecystectomy must be performed in principle in front of any
115 symptomatic polyp of the gallbladder regardless of its size and in case of asymptomatic
116 polyp with a diameter greater than or equal to one centimeter [14].

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118

119 **Conclusion**

120 Heterotopia of the gastric mucosa in the gallbladder is a rare pathology, may be
121 asymptomatic or in the form of hepatic colic, the diagnosis is histological.

122 The surgeon must think of this differential diagnosis in the presence of any vesicular polyp.

123 This exceptional lesion can lead to certain complications, including ulceration and the risk of
124 cancer.

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