

1 **ISOLATION AND CHARACTERIZATION OF AN AMIDE, (2S)2-HYDROXY-N-((3R,4R)-**
2 **1,3,4-TRIHYDROXYTRIDECAN-2-YL)UNDECAMIDE, FROM THE ROOT BARK OF**
3 ***FICUS EXASPERATA* (VAHL)**

4
5 **ABSTRACT**

6 Silica gel (70-230 mesh ASTM) was packed into a column (45 cm × 3 cm) using the dry method. About 7
7 g of extract was mixed with 30 g of silica gel and allowed to dry. It was then loaded onto the column and
8 successively eluted initially with pet ether 100%, followed by 10%, 20%, 40%, 60%, 80% chloroform in
9 pet-ether; followed by 100% chloroform; 20%, 50% ethyl acetate in chloroform; followed by 100% ethyl
10 acetate and then 20% and 50% methanol in ethyl acetate. 25 fractions were collected in 50 ml aliquots
11 and bulked together according to their TLC profiles and R_f.
12 The bulked fraction was further column chromatographed over silica gel (70-230 mesh) using a pipette
13 and isocratically eluting with pet-ether: chloroform: methanol 67:25:8. 30 fractions of 2 ml each were
14 collected. Compound C-3 (200 mg) was obtained from the fractions 1-15 as an off-white amorphous
15 powder. The combination of IR, ¹HNMR, ¹³CNMR, gCOSY, HMBC, HSQC and Mass spectral data on
16 this off-white powder has led to an unambiguous assignment and the compound, an amide, isolated from
17 the bioactive fraction of *F. exasperata* has the chemical name (2S)2-hydroxy-N-((3R,4R)-1,3,4-
18 trihydroxytridecan-2-yl)undecamide. The acclaimed medicinal uses of this plant such as
19 antihypertensive, anti-inflammatory, anti-arthritic, anti-ulcerogenic, anti-microbial and anti-
20 oxidant, among others made it attractive to the authors.

21
22 **INTRODUCTION**

23 Medicinal plants are plants which contain substances that could be used for therapeutic purposes or which
24 are precursors for the synthesis of useful drugs [1].
25 Medicinal plants, since time immemorial have been used in virtually all cultures as a source of medicine.
26 The widespread use of herbal remedies and healthcare preparations, as those described in ancient and holy
27 texts such as Vedas and the Bible, and obtained from commonly used traditional herbs and medicinal
28 plants, has been traced to the occurrence of natural products with medicinal properties. The use of
29 traditional medicine and medicinal plants in most developing countries, as a normative basis for the
30 maintenance of good health, has been widely observed [2]. Furthermore, an increasing reliance on the use
31 of medicinal plants in the industrialized countries has been traced to the extraction and development of
32 several drugs and chemotherapeutics from these plants as well as from traditionally used rural herbal
33 remedies [3]. Moreover, in these societies, herbal remedies have become more popular in the treatment
34 of minor ailments, and also on account of the increasing costs of personal health maintenance. Indeed, the
35 market and public demand has been so great that there is a great risk that many medicinal plants today
36 face either extinction or loss of genetic diversity. Medicinal plant drugs can be placed into two broad
37 categories. Firstly, they are included in complex mixtures containing a wide variety of compounds (e.g.
38 infusions, essential oils, tinctures or extracts), and secondly they are used as pure, chemically defined
39 active principles [4;5]. Medicinal plants typically contain mixtures of different chemical compounds that
40 may act individually, additively or in synergy to improve health. A single plant may, for example, contain
41 bitter substances that stimulate digestion, anti-inflammatory compounds that reduce swelling and pain,
42 phenolic compounds that can act as antioxidants and venotonics, antibacterial and antifungal tannins that
43 act as natural antibiotics, diuretic substances that enhance the elimination of waste products and toxins
44 and alkaloids that enhance mood and give a sense of well-being [6]. Many reasons have been given on
45 why people use medicinal plants as therapy. Many plants are believed to be more effective than the
46 orthodox medicines. There is also the preference of consumers for natural therapies, a greater interest in

47 alternative medicines and a commonly held erroneous belief that herbal products are superior to synthetic
48 products. In some African communities, traditional medicines are used because they are thought to help
49 clean out negative spiritual influences [7]. Furthermore, the dissatisfaction with the results from synthetic
50 drugs and the belief that herbal medicine might be more effective in the treatment of certain diseases
51 where conventional therapies and medicines have proven to be ineffective. More so, many people turn to
52 medicinal plant treatment in some developing nations because professional care (orthodox medicine) is
53 not immediately available, too inconvenient, costly, or time consuming [8]. In rural areas, there are
54 additional cultural factors that encourage the use of botanicals, such as the concept of an interplay
55 between the environment and culture, a “man-earth” relationship [9]. The improvements in the quality,
56 efficacy, and safety of herbal medicines with development of science and technology have also been
57 largely responsible for the increase use of medicinal plants. Some patients also believed that their
58 physicians have not properly identified the problem: hence they feel that herbal remedies might be
59 another option [10].

60 The genus *Ficus* consists of woody trees, shrubs, vines, epiphytes, and hemiepiphytes [11]. They are
61 collectively known as fig trees or figs. They are native throughout the tropics with few species extending
62 into the semi-warm temperate zones. It is a deciduous tree with smooth gray bark and very rough
63 (Scabrous) leaves. It is known by the common names “sand paper tree, “Ewe ipin” in Yoruba, ”esasa
64 mkuyu” in Swahili, “Papier de verre” in French, and in Ghana it is called “onyankyeren” (Akans), [12].

65 *Ficus exasperata* is a tree or shrub which can grow to about 20 m tall. The leaves alternate and have a
66 scabrous upper surface. The lamina is ovate to elliptic or obovate. The apex is shortly acuminate and
67 sometimes acute or obtuse. The base is cuneate or occasionally subcordate and the margin dentate to sub
68 entire. The fruits occur in pairs or solitary in the leaf axils, just below the leaves. The unripe fruit is green
69 in colour, and about 8–15 mm in diameter. The fruits are orange in colour when ripe [13]. The bark is
70 smooth, grayish cream with brown streaks and exudes a gummy sap.

71 **MATERIALS AND METHODS**

72 **Materials**

73 The solvents used for extraction, column chromatography and Thin Layer Chromatography analysis were
74 of analytical grade and included methanol, ethyl acetate, chloroform, and pet-ether. The organic solvents
75 and anisaldehyde were purchased from ROVET Scientific Limited, Osogbo.

76 **Collection and authentication of plant samples**

77 The roots of *Ficus exasperata* were collected in a plantation in Ondo, Ondo State, Nigeria. The samples
78 were identified at the Department of Crop, Soil and Pest Management, Federal University of Technology,
79 Akure where voucher specimen has been deposited in the herbarium (CSPH2614).

81 **Processing of plant materials**

82 The root bark of *F. exasperata* was sun dried for 48 hours followed by oven drying at 40 °C for further 48
83 hours. The material, thus dried, was coarsely milled and packed into brown paper bags and kept in the
84 laboratory until required for use.

85 **Extraction of plant materials**

86 Preliminary extraction of 500 g of the coarsely powdered root bark of *F. exasperata* was done by soxhlet
87 extraction using chloroform for 72 hours and concentrated to give the extract, CFE (yield value = 0.5%
88 W/W). The extract was used for both thin layer and column chromatography before characterization.

89 **Column chromatographic fractionation**

90 Silica gel (70-230 mesh ASTM) was packed into a column (45 cm × 3 cm) using the dry method. About 7
91 g of extract was mixed with 30 g of silica gel and allowed to dry. It was then loaded onto the column and
92 successively eluted initially with pet ether 100%, followed by 10%, 20%, 40%, 60%, 80% chloroform in
93 pet-ether; followed by 100% chloroform; 20%, 50% ethyl acetate in chloroform; followed by 100% ethyl
94 acetate and then 20% and 50% methanol in ethyl acetate. 25 fractions were collected in 50 ml aliquots
95 and bulked together according to their TLC profiles and R_f .

96 The bulked fraction was further column chromatographed over silica gel (70-230 mesh) using a pipette
97 and isocratically eluting with pet-ether: chloroform: methanol 67:25:8. 30 fractions of 2 ml each were
98 collected. Compound C-3 (200 mg) was obtained from the fractions 1-15 as an off-white amorphous
99 powder.

100 **RESULTS AND DISCUSSION**

101 **Identification of compound C-3**

102 **NMR Interpretation of C-3.**

103 C-3 was obtained as an off white amorphous powder. the ^{13}C -NMR spectrum ((figure) exhibited 24
104 carbon resonances including two methyl, seventeen methylene, four methines, and one carbonyl carbon.
105 the ^1H -NMR spectrum (Fig.1) showed six methyl protons, thirty four methylene protons and four
106 methine protons. the four hydroxyl groups present are in rapid exchange with the deuterium from the
107 deuterated methanol used and peaks between 4.5 and 5.0. 3.0 and 3.5 in the proton NMR are solvent
108 peaks (deuterated methanol). the amide group presence is supported by carbon shifts seen between 170
109 and 180 which are typical of carbonyl carbons present in amides. This is more visible in the HMBC
110 which shows coupling between carbon and protons separated by two or more bonds. From HSQC, all the
111 methine protons appear relatively downfield (between 3.5 and 5.8), this shows that they are attached to
112 carbons attached to electronegative elements like O and N. All methylene protons are seen between 1.0
113 and 2.5 with 32 of them (1.0 to 2.0) of them not directly attached to an electronegative element. Only two
114 of the methylene protons are directly attached to an electronegative element which is one of the OHs, this
115 is the most downfield of the methylenes. from COSY, the methyl protons are directly attached to the most
116 upfield four methylene protons. three methane protons (between 5 and 6) are directly attached to OH
117 based on the very close chemical shifts of the methyl and methylene protons, the structure of the molecule
118 can be resolved as a symmetrical molecule with two almost identical parts separated by a moiety with
119 electron withdrawing atoms like the amide group.

120

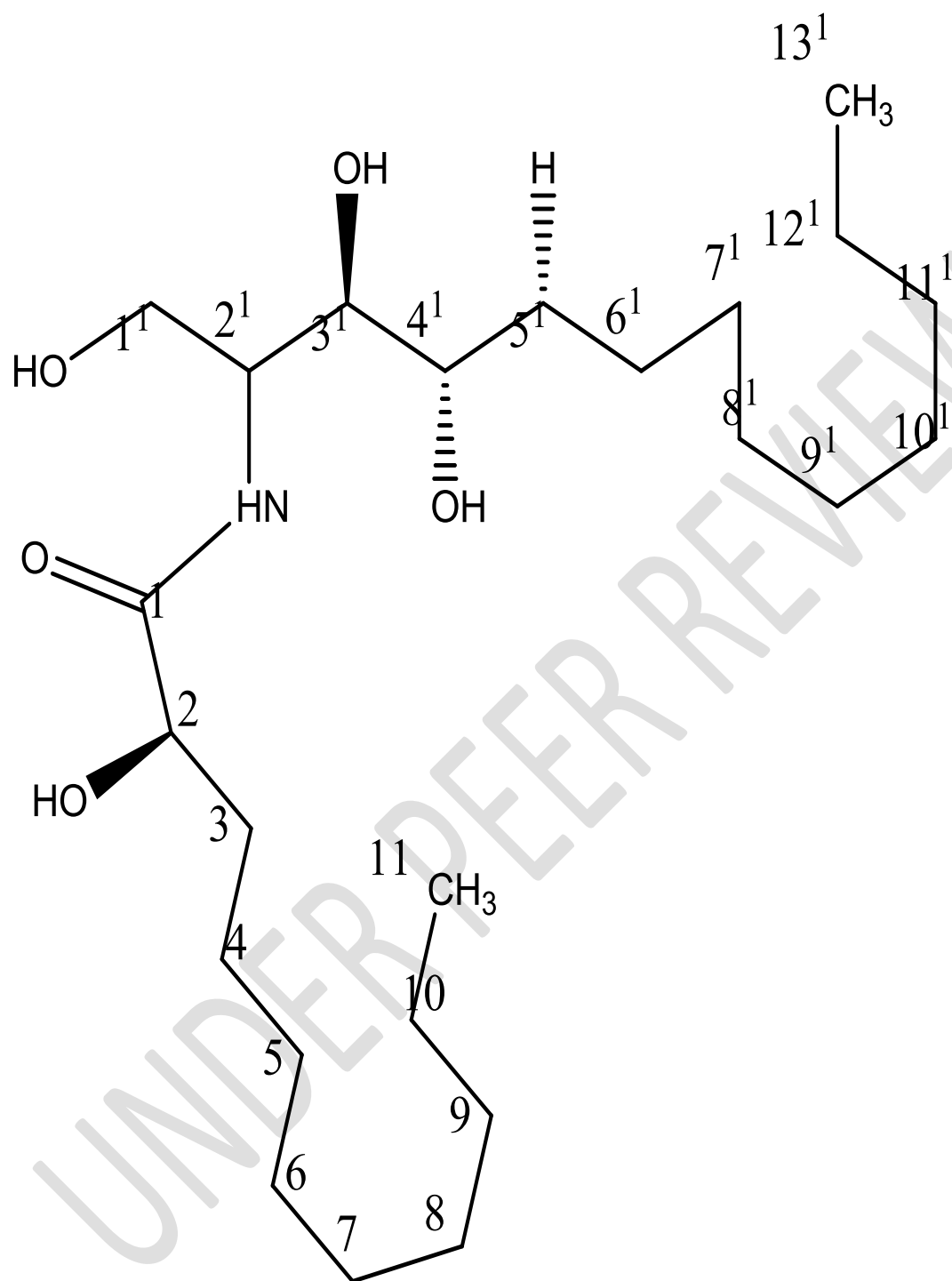
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123 **Table 1: IR absorption data of compound C-3 from *F. exasperata***

124	Wave number cm ⁻¹	Inference
125	1375	Amide
126	1452	C-H bending
127	1631.292	Amide N-H bending
128	1710.808	Amide C=O stretch
129	2851.434	C-H stretch
130	2919.88	C-H stretch
131	3400.123	OH stretch, H bonded
132	3512.402	Amide NH stretch
133		

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134

135 **Figure 1: Chemical structure of compound C-3 (2S)-2-hydroxy-N-((3R,4R)-1,3,4-**
 136 **trihydroxytridecan-2-yl)undecamide**

137

138 **Table 2: ^{13}C and ^1H -NMR chemical shifts (ppm) for the new compound C-3**

139	Position	Type	δ H	^{13}C	Position	Type	δ H	^{13}C
140	C-1	C=O	-	177	C-2 ¹	CH	3.75;	57.3
141							8.03(NH)	
142	C-2	CH	4.16;	73.1	C-3 ¹	CH	3.91;	75.6
143			2.80(OH)				3.58(OH)	
144	C-3	CH ₂	1.72	35.9	C-4 ¹	CH	3.29;	71.4
145							3.58(OH)	
146	C-4	CH ₂	1.25	27.5	C-5 ¹	CH ₂	1.44; 1.44	33
147								
148	C-5	CH ₂	1.25	29.2	C-6 ¹	CH ₂	1.25	25.7
149								
150	C-6	CH ₂	1.29	29.6	C-7 ¹	CH ₂	1.25	29.9
151								
152	C-7	CH ₂	1.26	29.6	C-8 ¹	CH ₂	1.29	29.6
153								
154	C-8	CH ₂	1.29	29.3	C-9 ¹	CH ₂	1.26	29.6
155								
156	C-9	CH ₂	1.29	31.9	C-10 ¹	CH ₂	1.29	29.3
157								
158	C-10	CH ₂	1.31	22.7	C-11 ¹	CH ₂	1.29	31.9
159								
160	C-11	CH ₃	0.88	14.1	C-12 ¹	CH ₂	1.31	22.7
161	C-1 ¹	CH ₂	3.50; 3.25;	61.4	C-13 ¹	CH ₃	0.88	14.1
162			3.65(OH)					

163 **IR absorption data of compound C-3**

164 As can be seen in Table 1, the functional groups present in isolate C-3 as revealed by the IR absorption
165 data are; methyl, methylene, alcohol, carboxyl and amide.

166 **Mass spectral data of C-3**

167 ESI-MS in sodium matrix gave m/z 455 = $[M+23]$ and $432 \times 2 + 23 = 887$ with actual molecular weight 431
168 and molecular formula $C_{24}H_{49}NO_5$

169 The combination of IR, 1H NMR, ^{13}C NMR, gCOSY, HMBC, HSQC and Mass spectral data has led to an
170 unambiguous assignment and the compound isolated from the bioactive fraction of *F. exasperata* has the
171 above chemical structure (Figure 1).

172 To our knowledge, this is the first report of isolation of this new bioactive amide from *F. exasperata* with
173 the chemical name (2S)2-hydroxy-N-((3R,4R)-1,3,4-trihydroxytridecan-2-yl)undecamide. Table 2 shows
174 the proton and carbon chemical shifts assignment using the drawn structure above (Figure 1).

175 **Conclusion**

176 The acclaimed medicinal uses of this plant led the authors
177 to investigate the active constituents present in this plant.
178 With the isolation of this novel amide, to our knowledge,
179 it may be the compound responsible for the
180 aforementioned medicinal uses. Further work will be done
181 by the authors, in due course, to investigate the bioactivity
182 of this amide and also isolate and characterize other active
183 chemical compounds in the plant that may be
184 synergistically responsible for its medicinal uses.

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